



**National Strategy on Caregiving: California at the Forefront  
November 17, 2022**

15:01:27>> GOOD AFTERNOON AND WELCOME EVERYONE. WE'RE SO HAPPY TO WELCOME YOU TO THE NATIONAL STRATEGY ON CAREGIVING, CALIFORNIA AT THE FOREFRONT.

15:01:37 WE'LL WAIT JUST A SECOND HERE FOR EVERYONE TO JOIN THE WEBINAR, AND THEN WE WILL GET STARTED.

15:01:43 MY NAME IS SARAH STEENHAUSEN. I AM WITH THE DIVISION OF POLICY, RESEARCH, AND EQUITY AT THE DEPARTMENT OF AGING, AND I THINK WHAT WE'LL DO NOW WE'LL GET STARTED WITH A FEW OF OUR HOUSEKEEPING ISSUES.

15:01:57 SO IF YOU WANT TO MOVE TO THE NEXT SLIDE, PLEASE. SO WE JUST SO YOU ALL KNOW EVERYBODY'S GONNA BE MUTED ALL OF OUR PARTICIPANTS DURING THE PRESENTATIONS.

15:02:08 WE ARE GOING TO HAVE A. Q. AND A PORTION AT THE END OF OUR PANEL SO WE ENCOURAGE YOU TO USE YOUR RAIS.

15:02:15 HAND ICON DURING THE Q. A. OR BEFORE. IF YOU HAVE QUESTIONS THROUGHOUT, AND THEN, IF YOU ALSO WANT TO SPEAK WHEN YOU RAISE YOUR HAND WITH THE HAND, ICON, OUR MODERATOR OF THAT PANEL DISCUSSION SEAN TELL BUSH WILL BE ABLE TO CALL ON YOU FOR THAT WE WITH THIS WE DO HAVE CLOSED CAPTIONING AND

15:02:36 SPANISH INTERPRETATION AVAILABLE FOR THIS WEBINAR, AND YOU CAN ACCESS THAT BY CLICKING THE ICONS AT THE BOTTOM OF YOUR SCREEN, FINALLY WANTED TO NOTE TO YOU THAT THE PRESENTATION AND RECORDING OF THIS WILL BE ARCHIVED AND YOU CAN SEE THE LINK ON THE SCREEN FOR CDA'S YOUTUBE CHANNEL WHICH IS

15:02:55 ALSO AVAILABLE BY LINKING ON THROUGH OUR WEBSITE. SO YOU CAN ALWAYS ACCESS THESE AND A NUMBER OF OUR OTHER PROGRAMS THROUGH OUR YOUR YOUTUBE.

15:03:04 CHANNEL. SO I'M REALLY HAPPY TO WELCOME YOU ALL HERE.

15:03:07 AND AT THIS POINT I WANT TO TURN IT TO OUR DIRECTOR, SUSAN DE MORRIS, WHO WILL GET US STARTED. THANK YOU.

15:03:14 THANK YOU VERY MUCH, SARAH, AND WELCOME TO EVERYONE WHO'S JOINING US TODAY.

15:03:21 ON THIS WEBINAR, AND ESPECIALLY WELCOME TO ALL OF OUR PANELISTS.

15:03:26 I WANNA THANK EVERYBODY WHO IS TAKING THE TIME TODAY WHETHER YOU'RE TAKING THE TIME TO LISTEN OR TO BRING UP QUESTIONS AND SUGGESTIONS, OR TO CONTRIBUTE YOUR EXPERTISE.

15:03:38 I'M FEELING IT IS NOVEMBER, AND I'M FEELING A ESPECIALLY GRATEFUL TO OUR COMMUNITY.

15:03:45 OUR CAREGIVING COMMUNITY IN OUR STATE, SO EVERYONE WHO'S WITH US TODAY ON THIS WEBINAR.

15:03:52 I'M ALSO FEELING VERY GRATEFUL TO BE A CALIFORNIAN TO HAVE THE LEADERSHIP THAT WE HAVE IN OUR STATE WITH GOOD GOVERNOR NEWSOM, WHO THIS MONTH WAS RE-ELECTED FOR 4 MORE YEARS AND TO HAVE OUR FEDERAL PARTNER FROM THE ADMINISTRATION ON COMMITTEE LIVING FOR COMMUNITY LIVING JOINING US TO

15:04:08 FAYE GORDON. TODAY I STARTED OUT MY DAY AT 7. AM.

15:04:14 ON A ZOOM CALL WITH MY 3 SISTERS. TODAY IS THE SIXTH YEAR ANNIVERSARY OF WHEN MY MOM PASSED.

15:04:22 SHE LIVED WITH DEMENTIA, AND WE SHARED CAREGIVING RESPONSIBILITIES.

15:04:27 NICE SISTERS AND I, AND IT WAS A VERY SPECIAL WAY TO START THIS DAY, AND I KNEW THIS.

15:04:34 THIS WEBINAR WAS COMING UP, AND I CAN JUST WANT TO SHARE THAT MY EXPERIENCE IS PERSONAL, TOO, AND I'M DEEPLY COMMITTED AS DIRECTOR OF THE DEPARTMENT OF AGING WORKING IN PARTNERSHIP WITH OTHER DEPARTMENTS OTHER AGENCIES, AND OF COURSE OUR GOVERNOR'S OFFICE TO IMPROVE THE LIFE FOR FAMILY

15:04:53 CAREGIVERS IN OUR STATE. SO IT IS NOW MY PLEASURE TO TURN THE PROGRAM OVER TO KIM MCCOY WADE, WHO SERVES AS SENIOR ADVISOR TO GOVERNOR NEWSOM ON AGING DISABILITY AND ALZHEIMER'S KIM WELCOME AND THANK YOU FOR BEING HERE WITH US TODAY

15:05:13 THANK YOU SO MUCH, SUSAN. IT IS AN HONOR TO FOLLOW YOU.

15:05:17 I WAS THINKING ABOUT WHERE I WILL BE IN ONE WEEK, WHICH IS AROUND A TABLE WITH MULTIPLE GENERATIONS LITERALLY ABOUT THIS TIME IS WHEN WE SIT DOWN TO SHARE THE THANKSGIVING MEAL AND SOME OF THESE TOPICS THAT WE'RE GONNA TALK ABOUT TODAY ARE ABSOLUTELY ON THE MENU FOR NEXT WEEK SO THIS IS VERY

15:05:34 TIMELY I HAVE THE TERRIFIC HONOR AND PRIVILEGE OF JUST PASSING ALONG THE GREETINGS FROM THE GOVERNOR AND THE FIRST PARTNER, SO I WILL QUICKLY DO THAT, AND THEN I CAN'T WAIT TO HEAR THE REST OF THE TERRIFIC PROGRAM SO THE GOVERNOR ON THE FIRST DAY, OF NOVEMBER DID ISSUE A LETTER

15:05:50 TO CELEBRATE THAT THIS IS FAMILY CAREGIVERS, MONTH AND ALZHEIMER'S DISEASE AWARENESS MONTH.

15:05:55 AND HE CALLED OUT HOW IMPORTANT IT IS TO RECOGNIZE AND HONOR CALIFORNIANS CARING FOR THEIR PARENTS, THEIR SPOUSES, THEIR ADULT CHILDREN, AND OTHER LOVED ONES.

15:06:05 WE HAVE MORE THAN 4 MILLION FAMILY CAREGIVERS WHO EACH PLAY A VITAL ROLE IN OUR FAMILIES AND OUR COMMUNITIES AND OUR ECONOMY, AND THE GOVERNOR NOTES THAT WOMEN PROVIDE THE MATURE OF UNPAID CARE THAT MAKES IT POSSIBLE FOR OLDER AND DISABLED FAMILY MEMBERS TO LIVE IN THE HOMES AND COMMUNITIES OF

15:06:21 OUR CHOICE. SO WITH THAT WE WANT TO HAND IT OVER TO THE FIRST PARTNER WHO HAS A VIDEO THAT IF YOU DIDN'T SEE IT ON INSTAGRAM OVER IN THE WEEK WE'RE GOING TO SHARE IT WITH YOU HERE AND JUST AGAIN ECHOING OUR WARM WELCOME AND BEST WISHES FOR A WONDERFUL WEBINAR

15:06:38 WONDERFUL HOLLYWOOD AND FAMILY CAREGIVERS MONTH. THANK YOU.

15:06:56 EVERY NOVEMBER, WE

15:06:59 EVERY NOVEMBER WE HONOR AND CELEBRATE CAREGIVERS ACROSS THE COUNTRY AND IN OUR OWN LIVES, BECAUSE CARE WORK IS THE BACKBONE OF OUR SOCIETY, AND FUNDAMENTAL TO OUR HUMANITY.

15:07:12 AND IT IS THROUGH THROUGH CARE WORK THAT OUR ECONOMIES AND INSTITUTIONS CAN THRIVE, YEAH, CARE. WORK IS OFTEN RENDERED INVISIBLE, LEADING TO CAREGIVERS BEING UNDERVALUED AND UNDER CAREGIVERS DESERVE OUR RESPECTS RECOGNITION AND SUPPORT IN FACT THINK HIS INVISIBLE CARE WORK THAT WOMEN MOSTLY SHOULDER

15:07:31 INSPIRED ME TO CREATE MY LATEST DOCUMENTARY FAIR PLAY, WHICH EXPLORES GENDER INEQUITIES AROUND CARE, WORKING THE HOME AND OUR SOCIETY AT LARGE SO DO ALL THE AMAZING CAREGIVERS OUT THERE THANK YOU FOR EVERYTHING YOU DO THE PHYSICAL COGNITIVE AND EMOTIONAL LABOR THAT YOU EXPEND FOR THE BENEFIT OF OTHERS.

15:07:50 IS BEYOND INSPIRING. AND THAT'S NOT FORGET. IT'S OUR HUMANITY.

15:07:54 SO PLEASE TAKE CARE OF YOURSELVES. YOU ARE ESSENTIAL TO OUR COMMUNITY'S WELL-BEING.

15:07:59 WE APPRECIATE YOU MORE THAN YOU COULD EVER KNOW. NOW WE SAY

15:08:08 THANK YOU, KIM, FOR SHARING THAT, AND FOR JOINING US TO KICK THIS WEBINAR OFF.

15:08:14 YOU ARE OUR PARTNER IN ALL THINGS GOOD. SO THANK YOU, AND BEST WISHES FOR YOU.

15:08:21 KIM, FOR YOUR YOUR THANKSGIVING HOLIDAY NEXT WEEK.

15:08:23 IT IS NOW MY PLEASURE TO INTRODUCE TO YOU A WOMAN I HAD THE PRIVILEGE OF MEETING ABOUT 2 WEEKS AGO ASSEMBLY MEMBER NESARIAN HOSTED, AN EVENT IN HIS DISTRICT AT JEWISH FAMILY SERVICES OF LOS ANGELES HE DID THAT IN PARTNERSHIP WITH

15:08:40 ALZHEIMER'S LOS ANGELES, AND BROUGHT THE COMMUNITY TOGETHER, AND I REALLY ENJOYED TALKING WITH ALAYNA TILLMAN.

15:08:49 AND HEARING HER OWN EXPERIENCE AS A FAMILY CAREGIVER, AND SHE WAS GRACIOUS ENOUGH TO AGREE TO JOIN US TODAY AND TO HELP HELP LEAD US OFF BY PROVIDING US SOME INSIGHTS INTO HER EXPERIENCE.

15:09:02 SO, ALAYNA, WELCOME TO YOU.

15:09:06 THANK YOU. AND THANK YOU FOR INVITING ME. YOU KNOW.

15:09:10 I WANT TO SAY IS, I DIDN'T EVEN THINK ABOUT IT UNTIL YOU ALL STARTED THAT OUR CAREGIVING JOURNEY STARTED WITH THE HOLIDAYS YEARS AGO.

15:09:19 MY PARENTS CAME TO VISIT, AND WE NEVER IMAGINE HOW OUR LIVES WOULD CHANGE.

15:09:26 MY DAD HAD A STROKE BEFORE THEY COULD RETURN HOME, AND IT WAS EVIDENT THEY HAD TO REMAIN HERE.

15:09:32 AND THAT STARTED US ON A 12 YEAR LONG JOURNEY OF CAREGIVING.

15:09:37 HE HAD 3 MORE STROKES BEFORE HE PASSED AWAY, AND WHEN HE DID PASS MY MOTHER WAS 93 YEARS OLD AT THE TIME AT DEMENTIA.

15:09:47 WE REALIZE SHE COULD NOT GO HOME ALONE. SO SHE LIVED WITH US 2 YEARS LATER, HER SISTER, WHO ALSO HAD ME, CAME AND JOINED US, AND SO WE CARED FOR THOSE 2 AT THE SAME TIME AND THEY HAVE BOTH SINCE PASSED AND BUT WE WERE BLESSED IN THE FACT THAT HERE IN CALIFORNIA WE HAVE THE CAREGIVER RESOURCE

15:10:11 CENTERS, AND WITHOUT THAT CENTER I DON'T KNOW WHAT WE OR OTHERS WOULD HAVE DONE BECAUSE THEY'RE A GODSEND.

15:10:18 AND I WAS CAREGIVING FAMILIES. WE NEED A LOT OF EMOTIONAL SUPPORT.

15:10:21 WE NEED A LOT OF EDUCATION, AND EVEN BY FINANCIAL SUPPORT AND OR RESOURCES TO DIRECT US, AND THERE NEEDS TO BE THE MORE OUTREACH, NOT JUST HERE, BUT IN ALL THE STATES THAT HAS GOT TO BE MORE OUTREACH TO THE BLACK AND BROWN COMMUNITIES IMMIGRANT COMMUNITIES AND RURAL KEY CAUSE THEY ARE THEY TEND

15:10:46 TO KEEP YOUR LOVED ONES AT HOME, BUT ARE THE LAST TO SEEK RESOURCES.

15:10:51 LOT OF TIMES BECAUSE THEY'RE NOT AWARE THAT THEY'RE THERE OR JUST THAT WAY.

15:10:56 THEY'VE BEEN BROUGHT UP. YOU JUST DON'T ASK YOU.

15:10:59 DO IT AT HOME, AND THAT'S WHAT YOU DO. THAT'S WHERE YOUR FAMILY MEMBERS RESIDE, AND SO I'M HOPING THAT WHEN I HAVE TO SAY AND THE OTHERS ON THIS CALL WELL, THEY BRING THE HOPES THAT THERE WILL BE MORE FUNDS MADE TO BEGIN PARTNERING NOW WITH FAITH-BASED

15:11:17 ORGANIZATIONS AND COMMUNITY BASED ORGANIZATIONS, ESPECIALLY SINCE WE HAVE CAL AIM HERE BECAUSE THEY THESE PLACES ARE GONNA PLAN A MAJOR ROLE AND CONNECTING FAMILIES TO ALL OF THE RESOURCES THAT THEY NEED.

15:11:31 AND I JUST YOU KNOW I'M SO GLAD THAT I AM HERE IN CALIFORNIA, BECAUSE IN TALKING TO PEOPLE AROUND THE COUNTRY THEY DON'T HAVE WHAT WE EVEN HAVE AT ALL, AND OFTENTIMES THEY'RE WONDERING CAN THEY JOIN US. IN SOME WAY SO THANK YOU AGAIN FOR LETTING ME TELL MY STORY

15:11:50 THANK YOU, ALAYNA, AND THANKS FOR BEING HERE, AND I KNOW THIS ISN'T THE LAST WE'VE HEARD FROM YOU.

15:11:56 YOU'RE A WONDERFUL ADVOCATE, AND WE APPRECIATE ALL THE WORK THAT YOU DO LOCALLY IN YOUR COMMUNITY TO RAISE THESE ISSUES WITH IMPORTANT ELECTED OFFICIALS AND CITY COUNTY AND STATE AND FEDERAL GOVERNMENT.

15:12:09 SO THANK YOU. THANK YOU SO MUCH. SPEAKING OF IMPORTANT AL OFFICIALS, I'M PLEASED NOW TO INTRODUCE ALL OF YOU TO FAY GORDON FAY IS THE REGIONAL ADMINISTRATOR FOR REGION 9 FOR THE ADMINISTRATION FOR COMMUNITY LIVING SAY, REPRESENTATIVE THE BIDEN ADMINISTRATION AND THE US.

15:12:31 HEALTH AND HUMAN SERVICES AGENCY. HERE ON THE WEST COAST. SHE'S BASED IN SAN FRANCISCO, AND SHE REPRESENTS US ON THE NATIONAL STAGE, AND SHE'S GOING TO NOW SHARE WITH ALL OF US WE'RE SO EXCITED TO HEAR.

15:12:45 ABOUT THE NATIONAL STRATEGY FOR FAMILY CAREGIVING, FAY, WELCOME

15:12:51 GREAT. THANK YOU SO MUCH, AND I JUST WANTED TO SAY, THANK YOU, ALAYNA, FOR SHARING YOUR STORY, AND FOR THE DECADES OF CAREGIVING FOR YOUR PARENTS AND YOUR AUNTS, AND THE PIECES THAT YOU BROUGHT UP ABOUT THE NEED FOR OUTREACH AND SUPPORT AND CONNECTING WITH FAITH BASED ORGANIZATIONS

15:13:10 THOSE THINGS HAVE BEEN ECHOED MANY, MANY, TIMES AND I THINK, ARE REFLECTED IN THIS STRATEGY.

15:13:15 SO I'M EXCITED TO SHARE ABOUT THE STRATEGY. BUT ALSO WANNA HEAR MORE FEEDBACK, AND SO REALLY LOOKING FOR TO THE DISCUSSION FROM THE PANELISTS.

15:13:23 SO THANK YOU FOR RAISING THOSE ISSUES, ALAYNA, AND YES, THANK YOU SO MUCH.

15:13:29 TO THE CALIFORNIA DEPARTMENT OF AGING FOR HAVING ME TODAY. THIS IS MY FAVORITE TOPIC, SO I'M REALLY REALLY HAPPY TO BE HERE.

15:13:37 I'M GONNA START MY PRESENTATION. SO IF WE CAN GO TO THE THE TITLE SLIDE.

15:13:42 THANK YOU. WHAT I MENTIONED TO GREG LINK, WHO IS THE DIRECTOR OF THE OFFICE OF SUPPORTIVE SERVICES AND CAREGIVER PROGRAMS THAT ACCELERATION HE WAS, SO EXCITED. HE SAID.

15:13:52 YOU KNOW, CALIFORNIA'S BEEN LEADING ONE OF THE FIRST STATES TO DEVELOP A CARE

15:13:57 CAREGIVING STRATEGY. HE WAS THRILLED THAT CDA WAS FOCUSING ON THIS WEBINAR, SO JUST WANTED TO SHARE THE ENTHUSIASM FROM ACL THAT CALIFORNIA.

15:14:05 IS PRIORITIZING THIS, AND CONTINUING THE DISCUSSION AND STRATEGY BUILDING ON SUPPORTING FAMILY CAREGIVERS, AS DO SINCE THAT, I'M THE REGIONAL ADMINISTRATOR FOR ACL IN REGION 9 AND REGION 9 INCLUDES CALIFORNIA ARIZONA NEVADA HAWAII ONE CMI

15:14:24 AND AMERICAN SAMOA, AND I'VE BEEN IN THIS POSITION FOR ABOUT 2 YEARS, AND MY ROLE IS REALLY TO HEAR FROM THE STATES WHAT IS HAPPENING AND HOW WHAT SERVICES ARE NEEDED

AND WHAT IMPROVEMENTS ARE NEEDED, AND WHAT ACL CAN DO TO SUPPORT THE AGING NETWORK AND THE DISABILITY NETWORK AND THEN TO SHARE INFORMATION FROM

15:14:43 THE FEDERAL ADMINISTRATION FOR COMMUNITY LIVING TO THE STATES. SO THAT'S AN I'M HOPING TO TO DO A SENT THAT WE IS ON ROLE TODAY PRIOR TO THIS ROLE I WORKED IN THE AGING NETWORK WITH JUSTICE AND AGING AND JUST REALLY REALLY HAPPY TO SEE CALIFORNIA'S CONTINUED FOCUS ON SUPPORTING

15:14:59 CAREGIVERS. SO I WANNA TALK ABOUT THE NATIONAL FAMILY CAREGIVING, STRATEGY, AND ON THE NEXT SLIDE, IF THERE'S ANYTHING THAT ANYONE TAKES AWAY FROM THIS PRESENTATION TODAY, I HOPE IT IS THE ACL UNDERSTANDS THE SUPPORTING FAMILY CAREGIVERS, IS GOING TO REQUIRE A COORDINATED, ALL HANDS ON

15:15:20 DECK, APPROACH AND THE RELEASE OF THE NATIONAL FAMILY CAREGIVER, STRATEGY IS REALLY A STEP IN THAT COORDINATION, AND COMING TOGETHER FOR SUPPORT.

15:15:29 WE KNOW THAT CAREGIVING IMPACTS EVERYONE ACROSS THE LIFESPAN JUST GONNA PAUSE FOR ONE.

15:15:38 I'M NOT NOT SEEING THE INTERPRETER, AND I JUST WANNA MAKE SURE.

15:15:40 OKAY. GREAT. THANK THANK YOU. THAT'S GREAT. OKAY. SO WE KNOW THAT CAREGIVING IMPACTS EVERYONE ACROSS THE LIFESPAN.

15:15:50 IT IMPACTS CHILDREN WHO ARE BEING RAISED BY GRANDCHILDREN IT IMPACTS ADULTS CARING FOR THEIR OWN PARENTS WHO ARE GETTING OLDER OR PARENTS WHO ARE CARING FOR THEIR ADULT CHILDREN WITH DISABILITIES SO THIS IS AN ISSUE IMPACTING AS SOMEONE SAID EARLIER 4 MILLION CALIFORNIANS, 53 MILLION PEOPLE ACROSS THE COUNTRY A

15:16:05 WIDE RANGE OF DIVERSE NEEDS AND BACKGROUNDS AND REALLY COORDINATING SUPPORTS AND SERVICES IS KEY TO CREATING THAT FOUNDATION OF SUPPORT.

15:16:18 SO ON THE NEXT SLIDE A LITTLE BIT OF BACKGROUND AS TO WHY WE, AT THE FEDERAL LEVEL ARE TALKING ABOUT THIS, THEN ABLE TO FOCUS ON THIS AND REALLY IT'S BECAUSE OF A LOT SO IN 2018 CONGRESS PASSED THE IN IN THE LAB THE RACE ACT BECAME THE LAW AND THAT WAS THE RESULT.

15:16:38 OF YEARS, OF ADVOCACY, OF CAREGIVERS, AND THE DISABILITY COMMUNITY, AND THE AGING COMMUNITY REALLY PUSHING, SAYING, WE NEED SOME SORT OF FEDERAL GUIDE AND STRATEGY AND ANSWER TO SUPPORTING CAREGIVERS AND IN THE PAST FEW YEARS THERE'S BEEN AN INCREDIBLE EFFORT FROM CAREGIVERS AND AND

15:16:57 STAKEHOLDER ORGANIZATIONS TO DEVELOP THAT GUIDE.

15:17:00 SO THERE ARE 3 COMPONENTS IN THE LAW. THE FIRST IS THE FAMILY CAREGIVING AND ADVISORY COUNCIL, AND WE MAY HAVE PARTICIPANTS FROM THAT COUNCIL.

15:17:08 ON THIS CALL TODAY IT'S A WONDERFUL REPRESENTATION OF LEADERS IN CAREGIVING.

15:17:11 THEY DEVELOPED A REPORT TO CONGRESS. AND NOW TODAY WE HAVE THE STRATEGY THAT CAME OUT OF THESE YEARS OF EFFORT.

15:17:19 SO ON THE NEXT SLIDE, AND I WANT TO EMPHASIZE THAT WITH THIS ALL HANDS ON DECK COORDINATED, COORDINATED, APPROACH REALLY WANT TO EMPHASIZE HOW CRITICAL PARTNERSHIPS HAVE BEEN THROUGHOUT THIS EFFORTS THE JOHN AID HARTFORD FOUNDATION HAS BEEN LEADING AND REALLY TRYING TO SUPPORT

15:17:40 ACL'S EFFORTS TO SUPPORT CAREGIVERS.

15:17:42 THEY COLLABORATED WITH ACL TO DEVELOP THE CONCEPT FOR THE RAISED RESOURCE INTO SOME NATION CENTERS AT THE NATIONAL ACADEMY FOR STATE AND HEALTH POLICY.

15:17:51 THE NATIONAL ACADEMY, FOR STATE, AND HO! FOR SEE HOW POLICY PARTNERED WITH 3 AMAZING ORGANIZATIONS.

15:17:57 THE NATIONAL, ALLIANCE FOR CAREGIVING US. BOSTON AND COMMUNITY CATALYSTS.

15:18:02 AND SO I JUST HOPE TO EMPHASIZE THAT THE DISSEMINATION CENTER IS LED BY ORGANIZATIONS THAT ARE WORKING CLOSELY WITH CAREGIVERS.

15:18:09 AND THIS HAS REALLY BEEN A GOVERNMENT STAKEHOLDER FOUNDATION LOCAL LEADER, STATE EFFORT TO PRODUCE THE DIFFERENT COMPONENTS OF THIS STRATEGY ON THE NEXT SLIDE, AND ADDITION TO ALL THESE CRITICAL PARTNERSHIPS I ALSO WANT TO EMPHASIZE HOW IMPORTANT PUBLIC ENGAGEMENT IS THROUGHOUT THIS PROCESS THIS STRATEGY IS REALLY THE RESULT, OF

15:18:34 TRULY THOUSANDS OF CONTRIBUTIONS OVER THE PAST 3 YEARS, FROM RESPONSES TO THE INITIAL REQUEST FOR INFORMATION IN 2019, TO MANY DIFFERENT FOCUS GROUPS, TO LISTENING SESSIONS, AND THE ADVISORY COUNCIL MEETINGS AND GUIDANCE FROM STAKEHOLDER ORGANIZATIONS WE KNOW THAT WITH SOMETHING AS SIGNIFICANT AS CAREGIVING THAT

15:18:57 IMPACTS SO MANY LIVES THAT IT'S CRITICAL TO GAIN PERSPECTIVE FROM A VARIETY OF ENTITIES WHO SUPPORT AND WORK WITH CAREGIVERS SO THAT INCLUDES EMPLOYERS, PROVIDERS, EIGHT-BASED ORGANIZATIONS AND AND WE REALLY HOPE THAT THE STRATEGY HERE REFLECTS THE CONTRIBUTIONS OF THAT VERY BROAD

15:19:16 BASE. SO ON THE NEXT SLIDE, HERE WE ARE. IT'S 2022 AND IN SEPTEMBER OF THIS YEAR THE ADMINISTRATION FOR COMMUNITY LIVING RELEASED THE NATIONAL STRATEGY TO SUPPORT FAMILY CAREGIVERS, THE SECRETARY OF HEALTH, AND HUMAN SERVICES HEAVIER VESSELA FROM CALIFORNIA ACTUALLY IT RELEASED THIS

15:19:38 STRATEGY. IT WAS VERY EXCITING, BUT I WANT TO REALLY EMPHASIZE THE SIGNIFICANCE OF THIS AS YOU SEE ON THIS SLIDE.

15:19:45 IT SAYS AND SO NOW THERE'S BEEN NO NATIONAL APPROACH TO RECOGNIZE AND SUPPORT FAMILY CAREGIVERS SO IT'S 2022.

15:19:55 THERE'S 53 MILLION PEOPLE WHO IDENTIFY AS A FAMILY CAREGIVER, AND IT HAS TAKEN YEARS AND YEARS OF EFFORT AND ADVOCACY AND BUILDING COMMUNITY AND OUTREACH AND EDUCATION TO GET TO THIS POINT AND I WORK, IN THE FEDERAL GOVERNMENT.

15:20:11 NOW, BUT, AS I MENTIONED EARLIER I'VE BEEN ON THE OTHER SIDE BEFORE AS A AS A STAKEHOLDER, AND I I KNOW WHAT IT'S LIKE TO SEE SO MANY DOCUMENTS COME OUT FROM

DIFFERENT AGENCIES AND RFIS THEY CAN COMMENT PERIODS AND REPORTS AND IT CAN REALLY BE EASY TO

15:20:26 SEE A DOCUMENT LIKE THIS STRATEGY AND THINK OF IT AS JUST ONE OF ANOTHER FLURRY OF INFORMATION.

15:20:32 SO I'M JUST REALLY WANTING TO PAUSE AND COMMUNICATE.

15:20:36 HOW SIGNIFICANT IT IS THAT AS THE RESULT OF THOUSANDS OF PEOPLE WORKING AND PUSHING, THAT THERE IS NOW THESE SHARED GOALS THESE 5 SHIRTS, GOALS, AND ONE SINGLE VISION FOR HOLISTIC SUPPORT TO SUPPORT FAMILY CAREGIVERS I KNOW THERE'S PROBABLY PEOPLE ON THIS WEBINAR WHO'VE PUSHED THERE UP THE YEARS AND

15:20:57 WORKED WITH DIFFERENT CAREGIVING ORGANIZATIONS. TO MAKE THIS HAPPEN.

15:21:00 AND WANNA REALLY EMPHASIZE JUST GRATITUDE, AND AND HOW SIGNIFICANT IT IS TO HAVE.

15:21:05 THE THE STRATEGY IN PLACE. SO A FEW KEY COMPONENTS ON THE NEXT SLIDE BEFORE I GO INTO DETAILS ON THE STRATEGY.

15:21:14 3, ONE, OUT. THE STRATEGY THROUGHOUT THIS WORK THERE'S BEEN 5 PRIORITY AREAS FOR ACTION, AND THIS IS REALLY THE PRIORITY AREAS THAT THE RAISE AND GRANDPARENT ADVISORY COUNCIL EMPHASIZED THEY SAID WHATEVER HAPPENS YOU NEED TO BE SURE THAT THERE'S AN EMPHASIS ON AWARENESS ON OUR

15:21:31 OUTREACH AWARENESS AND OUTREACH THAT THERE'S ENGAGEMENT OF FAMILY CAREGIVERS AS PARTNERS IN HEALTHCARE AND LONG TERM SERVICES AND SUPPORTS THE THE SERVICES AND SUPPORT SUPPORT EXIST SUPPORT FAMILY CAREGIVERS THAT WE REALLY EMPHASIZE THE FINANCIAL AND WORKPLACE SECURITY SO THAT EMPLOYERS

15:21:49 ARE BROUGHT ON, AND EMPLOYERS UNDERSTAND THE SIGNIFICANCE OF CAREGIVING.

15:21:55 AND THEN, WHATEVER HAPPENS, SHOULD REALLY BE GROUNDED IN RESEARCH AND DATA AND EVIDENCE.

15:22:00 AND FORM PRACTICES, AND I KNOW WE'RE GOING TO HEAR MORE ABOUT RESEARCH FROM DR.

15:22:04 YOUNG AND JUST A FEW MINUTES, THOUGH I WILL WRAP UP, BECAUSE I'M EAGER TO HEAR ABOUT THAT AS WELL SO THESE WERE SOME OF THE REALLY GUIDING PRIORITY AREAS FOR THE STRATEGY IN IN THE NEXT DOCUMENT A FEW OF THE COMPONENTS IN THE STRATEGY IT'S A LITTLE BIT TRICKY BECAUSE THERE'S A

15:22:23 LOT OF DIFFERENT MOVING PIECES. BUT THE FIRST COMPONENT UP AT THE TOP IS THE MAIN NARRATIVE.

15:22:29 AND IT REALLY SETS THE BACKGROUND AND RATIONALE FOR ALL OF THE RECOMMENDATIONS.

15:22:33 THE PIECE. I WANT TO EMPHASIZE HERE IS ACTUALLY AT THE BOTTOM, WHICH IS THE 150 ACTIONS THAT STATES AND COMMUNITIES AND OTHERS CAN TAKE.

15:22:43 SO IF YOU GO TO THIS DOCUMENT YOU WILL SEE ACTIONS NOT JUST. YOU KNOW.

15:22:46 GENERAL RECOMMENDATIONS OR PHILOSOPHERS OR IDEAS. BUT REALLY, WHAT CAN WHAT CAN WE BE DOING?

15:22:53 AT A STATE LEVEL, TO PROVIDE THAT DIRECT SUPPORT FOR PAYLAND CAREGIVERS I ALSO WANT TO EMPHASIZE JUST ABOVE IT WHAT'S VERY SIGNIFICANT IS THERE'S 350 IN ACTION 350 ACTIONS SORRY I GET SO EXCITED I SPEAK TOO QUICKLY AWESOME THERE'S 350

15:23:10 ACTIONS, THAT FEDERAL AGENCIES CAN TAKE IN THE NEAR TURN TO IMPLEMENT THIS STRATEGY.

15:23:17 SO WE'RE REALLY PUTTING EMPHASIS ON WHAT'S STATES CAN DO.

15:23:21 COMMUNITIES CAN DO, BUT ALSO SHOWING HERE ARE THE DIFFERENT AGENCIES AT THE FEDERAL LEVEL.

15:23:26 THAT IMPACT FAMILY CAREGIVERS? WHAT ARE THEIR SPECIFIC ACTIONS THAT THEY CAN TAKE TO IMPLEMENT THE STRATEGY, AND THOSE ARE DETAILED.

15:23:32 THROUGHOUT THROUGHOUT THE DOCUMENT. I WON'T OPEN UP THE DOCUMENT OR GO INTO IT.

15:23:38 I'M HAPPY TO PUT A LINK TO IT IN THE CHAT BOX LATER, BUT I WILL ON THE NEXT SLIDE.

15:23:41 I JUST WANTED TO SHOW ONE JUST EXAMPLE, SO I WAS LOOKING THROUGH THE THE PIECE OF 150 ACTIONS FOR STATES AND COMMUNITIES, AND WHAT STRUCK ME THROUGH OUT.

15:23:52 WAS, HOW FORWARD, THINKING AND INNOVATIVE CALIFORNIA HAS BEEN IN THEIR CAREGIVING, AND I JUST I REALLY WANNA EMPHASIZE HOW CRITICAL THE MASTER PLAN ON AGING IS FOR CALIFORNIA, BECAUSE, AS YOU LOOK AT THESE ACTIONS IF YOU GO TO THE PORT THERE'S SO MUCH THAT'S ALREADY.

15:24:12 IN GOAL, FOR IN THE MASTER PLAN, ON AGING, SO GO FOR IS THE ONE ON CAREGIVING THAT WORKS FOR AND FRIENDS, AND IF YOU LOOK THROUGH THAT, A LOT OF IT IS VERY PARALLEL TO WHAT THESE DIRECT ACTIONS ARE SO FOR EXAMPLE, IT SAYS SEE AGENCY IS CAN DEVELOP AND IMPLEMENT PLANS TO SUPPORT FAMILY

15:24:30 CAREGIVERS INSTEAD OF CALIFORNIA, IS ALREADY SO FORWARD THINKING ON THAT, AND I JUST REALLY WON SO TO EMPHASIZE ALL THE EFFORTS THAT CD.

15:24:39 HAS DONE OVER YEARS TO REALLY SET THE GROUNDWORK FOR OTHER STATES TO MODEL IN THEIR CAREGIVING WORK ON THE NEXT SLIDE I WANT TO EMPHASIZE A 4 OF THE THEMES, AND CONSIDERATIONS THAT THE ADVISORY COUNCIL IS REALLY PUSHED THROUGHOUT THE STRATEGY BECAUSE I THINK IT'S REALLY IMPORTANT TO NOTE

15:24:58 THAT THIS IS THE GUIDANCE AND DIRECTION THAT THE FEDERAL AGENCIES HAVE.

15:25:03 SO THEY MADE IT VERY CLEAR THAT WEB, WHATEVER HAPPENS, THE PERSON IN THE FAMILY MUST GET THE SENTENCE OF ALL INTERACTIONS.

15:25:11 SO WHATEVER DECISIONS ARE MADE AND STARTED JUST CAN FORCE IT HAS TO BE CENTERED ON THAT INDIVIDUAL, AND WHAT IS OCCURRING TO THEM.

15:25:16 SO TRULY PERSON-CENTERED FROM THE BEGINNING. IN ADDITION, ALL OF THESE STRATEGIES, ALL OF THESE STRATEGIES MUST ADDRESS TRAUMA AND THEIR IMPACT ON FAMILIES, AND I KNOW FOR MANY OF US WHO'VE BEEN WORKING IN THE AGING AND DISABILITY NETWORK FOR A WHILE WE'VE KNOWN THE IMPORTANCE OF

15:25:37 TRAUMA, INFORMED INTERACTIONS AND WORK WITH OUR CLIENTS, BUT WE HAVEN'T NOT NECESSARILY SEEN THAT INFANTS EMPHASIS IN GUIDANCE, SORT OF AT THE AT THESE NATIONAL LEVELS.

15:25:48 SO IT'S IT'S REALLY IMPORTANT TO SEE HERE HOW HOW MUCH THE RECOGNITION OF TRAUMA IMPACTS FAMILIES.

15:25:55 SIMILARLY, EVERY ACTION IN EVERY DECISION THAT'S MADE MUST ADVANCE RACIAL EQUITY AND SUPPORT FOR FAMILY CAREGIVERS AND UNDERSERVED COMMUNITY.

15:26:05 THIS IS A HUGE COMPONENT OF HHS'S EQUITY MISSION AND IT PARALLELS EXACTLY WHAT'S IN HERE AND PRIORITIZED WITHIN THE NATIONAL STRATEGY AND THEN FINALLY THERE'S A RECOGNITION ABOUT HOW ALL OF THESE DECISIONS FOR FAMILY CARE CAREGIVERS IMPACT.

15:26:22 THE DIRECT CARE WORKFORCE SO AGAIN. THIS IS THIS IS VERY FOCUSED ON FAMILY CAREGIVERS, BUT A CLEAR UNDERSTANDING OF THE NEED TO STRENGTHEN AND IMPROVE THE VERY CRITICAL DIRECT CARE.

15:26:35 WORKFORCE, SO MOVING ON TO THE NEXT SLIDE AND JUST ABOUT TO WRAP UP.

15:26:40 BUT THERE'S REALLY A CALL TO ACTION WITHIN THIS STRATEGY.

15:26:45 WE KNOW THAT FAMILY CAREGIVING IS COMPLEX IT'S ANXIETY PRODUCING AND EMPOWERING IT'S MEANINGFUL AND EXHAUSTING.

15:26:55 IT'S LONELY AND HOPEFUL, AND YOU KNOW THERE'S THERE'S A LOT THERE, AND WE KNOW THAT ON AN INDIVIDUAL LEVEL SO THE STRATEGY IS REALLY LOOKING AT.

15:27:03 HOW DO WE ELEVATE THE CONVERSATION ON CAREGIVING?

15:27:05 HOW DO WE REFRAME THE NARRATIVE? HOW DO WE DERIVE CHANGE IN INNOVATION BE A TOOL FOR ADVOCACY AND SHAPE RESEARCH?

15:27:12 SO IT'S TRYING TO THINK LONG TERM ABOUT WHAT YOU CAREGIVERS NEED.

15:27:17 I WILL PUT IN THE CHAT BOX IN A MOMENT WHEN I WRAP UP MY PRESENTATION, A LINK TO COMMENT ON THE STRATEGY AND THE LINK TO THE STRATEGY.

15:27:27 THE COMMENT PERIOD CLOSES IN 13 DAYS, SO I ENCOURAGE EVERYONE TO REVIEW IT, AND FOR ANYONE WHO IS HERE WHO HELPS SHAPE THE STRATEGY AND WORKED ON THOSE ADVISORY

COUNCILS OR WORKS TO PASS THAT WORKS TO IMPLEMENT THE RAISE ACT I JUST WANT TO EMPHASIZE MY MY GRATITUDE AND I HOPE

15:27:43 THAT THIS CAN BE A REALLY HELPFUL TOOL FOR THE STATES AND FOR CAREGIVERS ON THE LAST SLIDE.

15:27:50 I HAVE MY CONTACT, INFORMATION. I'LL LOOK AT SOME OF THE QUESTIONS IN THE CHAT BOX, BUT PLEASE FEEL FREE TO REACH OUT TO ME INDIVIDUALLY.

15:27:57 I'M TRYING TO GET TO KNOW AS MANY DIFFERENT ORGANIZATIONS IN CALIFORNIA AS POSSIBLE, AND WANNA BE A RESOURCE AND JUST REALLY WANNA BE AVAILABLE TO YOU.

15:28:06 SO THANK YOU, SUSAN AND KIM AND SARAH FOR PRIORITIZING, NAMELY, CAREGIVING AND INVITING ACL TO BE A PART OF THIS DISCUSSION TODAY.

14:59:11 CONGRATULATIONS.

15:28:17 OH, WE WE SO APPRECIATE YOU JOINING US FAY.

15:28:22 THANK YOU VERY MUCH, AND THANK YOU. YOU KNOW ACL HAS DONE A FANTASTIC JOB OF MAKING THIS MATERIAL AVAILABLE TO US, BUT TO HAVE YOU WALK US THROUGH IT AS A STATE REALLY REALLY HELPS YOU KNOW FOR US TO FOCUS ON IT.

15:28:37 HERE THIS AFTERNOON, AND TO HEAR FROM SOME OF THE LEADERS IN OUR STATE WHO WILL FOLLOW ON THE PANEL.

15:28:41 SO WE REALLY APPRECIATE YOU TAKING THE TIME TO DO THAT, AND AND WE DO.

15:28:45 IF YOU'RE YOU KNOW IF YOUR ONE GOAL WAS WAS TO CONVEY THAT KAREN ARE RECOGNIZED AND UNDERSTOOD.

15:28:53 I FELT THAT WAY. SO THANK YOU. THANK YOU VERY MUCH, AND THANKS FOR SHARING YOUR CONTACT, TOO.

15:28:58 I'M SURE OTHERS WILL FOLLOW UP WITH YOU AND AND INVITE YOU TO EVENTS THROUGHOUT CALIFORNIA.

15:29:05 I NOW HAVE THE PLEASURE OF INTRODUCING DR. HEATHER.

15:29:10 YOUNG HEATHER YOUNG IS AFFILIATED WITH THE BETTY IRENE MOORE SCHOOL OF NURSING AT UC.

15:29:15 DAVIS, WITH THE CAREGIVER RESOURCE CENTERS.

15:29:20 SHE'LL BE PRESENTING DATA THAT SHE DID AS AN EVALUATOR FOR THE CAREGIVER RESOURCE CENTERS AND FAMILY CAREGIVER ALLIANCE, AND SHE IS A KEY MEMBER OF THE MASTER PLAN FOR AGING STAKEHOLDER ADVISORY COMMITTEE AND CONTAINERS TO WORK CLOSELY ON THE

15:29:37 IMPLEMENTATION OF CALIFORNIA'S MASTER PLAN FOR AGING. IT'S WONDERFUL TO HAVE YOU HERE TODAY. DR.

15:29:42 YOUNG, AND LET'S LET'S HEAR ABOUT THE THE DATA EVALUATION

15:29:48 THANK YOU SO MUCH SOON. I'M SO HONORED TO BE HERE AND TO JOIN.

15:29:52 THIS ESTEEMED PANEL OF SPEAKERS. I WANT TO THANK KIM, SUSAN AND SARAH FOR YOUR LEADERSHIP.

15:29:58 IT'S SUCH AN EXCITING TIME TO BE IN CALIFORNIA AND SEE THE CHANGES THAT WE'RE ALL ADVANCING TOGETHER AND FAY, THANKS FOR SHARING YOUR EXCITING NEWS ABOUT THE NATIONAL STRATEGY.

15:30:08 I LOOK FORWARD TO REFLECTING ON OUR PROGRESS IN THE PARTICULAR AREA OF THE CRC'S.

15:30:13 THE CAROL, CALIFORNIA RESOURCE CENTERS, CAREGIVERS, RESOURCE CENTERS IN RELATION TO THAT STRATEGY, AND ALAYNA THANK YOU, FOR INTRODUCING THE CALIFORNIA CAREGIVER RESOURCE CENTERS.

15:30:23 YOU WERE RECIPIENTS OF THEIR CARE AND SUPPORT, AND I'M GOING TO GIVE YOU AN UPDATE TODAY HOT OFF THE PRESS OF OUR ANNUAL EVALUATION.

15:30:31 OF THE CALIFORNIA CAREGIVER RESOURCE CENTERS THE RELEVANT FINDINGS, AND RELATED TO THIS CONVERSATION.

15:30:38 NEXT SLIDE PLEASE I'M PART OF THIS THE GROUP NEXT SLIDE, PLEASE, AND PART OF AN EVALUATION TEAM AT UC.

15:30:47 DAVIS IN THE FAMILY CAREGIVING INSTITUTE THAT IS CO-LED WITH DR.

15:30:50 JANICE BELL, AND WE'RE REALLY HONORED TO BE PARTNERS WITH ALL THE CALIFORNIA CAREGIVER RESOURCE CENTERS IN CONDUCTING THE EVALUATION NEXT SLIDE, PLEASE AND I WANT TO GIVE YOU A LITTLE BIT OF BACKGROUND ABOUT THE CALIFORNIA I CAREGIVER RESOURCE.

15:31:05 CENTERS. THEY WERE FIRST ESTABLISHED IN 1,994, AND IT WAS THE FIRST IN THE NATION STATEWIDE NETWORK OF CAREGIVER RESOURCE CENTERS THEIR COMMUNITY-BASED NONPROFIT AGENCIES THAT COVER THE ENTIRE STATE AND LIKE MANY THINGS THEY COME AND GO IN THE SENSE OF

15:31:22 FUNDING THAT'S AVAILABLE IN A 2,009.

15:31:25 THEY WOULD DEFUND IT SIGNIFICANTLY DURING THE RECESSION.

15:31:28 BUT RECENTLY IN 2,018. THE THE FUNDING LOOKED BETTER AND WE WERE SO PLEASED THAT THERE WAS A 10 MILLION DOLLAR A YEAR AUGMENTATION IN THE YEARS 2,019.

15:31:38 TO 2,022, AND NOW IT'S IT'S A PERMANENT AUGMENTATION TO EXPAND THE THE SERVICES AND SUPPORTS, AND FOR EVALUATION.

15:31:48 AS WELL. NEXT SLIDE, PLEASE, AND IMPORTANT BACKBONE OF THE SCALING AND EXPANDING SERVICES WAS COMING INTO THE DIGITAL WORLD, AND THE FAMILY CAREGIVING ALLIANCE CAREGIVER, ALLIANCE LED BY KATHY KELLY HAS WORKED FOR MANY YEARS THINKING ABOUT HOW DO MAKE CAREGIVER SOURCES RESOURCE MORE AVAILABLE ACROSS

15:32:07 THE LIFESTYLE ACROSS THE DIVERSITY OF ALL OF OUR CAREGIVERS IN THE STATE, AND TO ALSO THINK ABOUT HOW TECHNOLOGY COULD HELP.

15:32:14 AND SO THEY DESIGNED CARENAV, WHICH IS AN ONLINE PLATFORM THAT PROVIDES A UNIFORM ASSESSMENT, ENABLING US FOR THE FIRST TIME TO COLLECT STATEWIDE DATA ON THE CAREGIVERS, WHO ARE SERVED BY THE CALIFORNIA CAREGIVER RESOURCE CENTERS IT ALSO IS VERY MUCH CLIENT FACING IT

15:32:32 PROVIDES A DASHBOARD FOR CLIENTS THAT SHOWS THEM ABOUT THEIR THE ASSESSMENT INFORMATION THAT THEY PROVIDE AND PROVIDES TAILORED RESOURCES TO THEM.

15:32:41 FOR EDUCATION, FOR REFERRALS, FOR SERVICE, AUTHORIZATION. IT ALSO ENABLES SECURE COMMUNICATIONS THAT ARE THAT ARE HIPAA COMPLIANT, AND ALSO ENABLES THE SITES THEMSELVES TO TRACK AND REPORT THE SERVICES THAT THEY'RE DELIVERING AND WE CAN ACTUALLY USE THIS DATA NOW TO GUIDE OUR STRATEGY AND TO

15:32:59 GUIDE OUR PROGRAM DEVELOPMENT. NEXT SLIDE, PLEASE. I WANT TO SHARE A LITTLE BIT ABOUT WHAT'S IN THIS ASSESSMENT, BECAUSE ONE OF THE NATIONAL RECOMMENDATIONS IN THE STRATEGY IS ABOUT HAVING STANDARDIZED ASSESSMENT THAT'S EVIDENCE-BASED AND CARENAV PROVIDES THIS IT HAS MANY DOMAINS INCLUDING INFORMATION ABOUT DIRECT

15:33:17 CARE WHAT'S GOING ON FOR THE THE KEYIVER AND THE PERSON WHO'S RECEIVING CARE.

15:33:22 IT ALSO INCLUDES INFORMATION ABOUT PLANNING FOR CARE AND THE KINDS OF RESOURCES NECESSARY TO SUPPORT, AND THEN IMPORTANTLY CAREGIVER HEALTH, THEIR HEALTH, AND THEIR AND THEIR SYMPTOMS, THEIR PHYSICAL AND MENTAL HEALTH, AND HOW THEY'RE DOING IN THE EXPERIENCE NEXT SLIDE PLEASE OUR WORK IS GUIDED BY THIS MODEL THAT WAS DEVELOPED WITHIN THE HOME

15:33:42 ALONE WORK AND KATHY, KELLY AND I WERE BOTH CO-INVESTIGATORS ON THE STUDY WITH ARP COLLEAGUES, AND WE REALLY ARE INTERESTED IN LOOKING AT WHO ARE THE CAREGIVERS WHAT ARE THEIR NEEDS WHAT ARE THEY DOING HOW DO THEY FEEL ABOUT WHAT THE CURE THAT THEY'RE

15:33:58 PROVIDING? WHAT RESOURCES DO THEY HAVE TO PROVIDE COMPLEX CARE? AND HOW DOES THIS AFFECT THEIR QUALITY OF LIFE AND THEIR HEALTH, AND WELL-BEING?

15:34:06 SO THIS MIGHT GUIDES OUR THINKING AND OUR ANALYSIS. NEXT SLIDE, PLEASE, WE USE MULTIPLE SOURCES OF INFORMATION FROM THE KERNAAB DATABASE.

15:34:17 A TREMENDOUS AMOUNT OF QUANTITATIVE DATA. WE ALL COLLECT REPORTS THAT THE SITES DEVELOP ON WHAT THEY'RE DOING AND THEIR OUTREACH.

15:34:24 WE CAN COMPARE THE DATA TO NATIONAL AND STATE DATA SETS.

15:34:27 AND THEN WE TALK TO PEOPLE WHICH I THINK IS REALLY IMPORTANT.

15:34:30 WE HAVE FOCUS GROUPS WITH CLIENTS WITH STAFF WITH LEADERS, AND WE INTERVIEW AND GET REALLY DETAILED INFORMATION FROM EVERYONE.

15:34:39 NEXT SLIDE, PLEASE. THIS IS A PICTURE OF CALIFORNIA, AND THE AND THE AREAS THAT THE DIFFERENT CRCS SERVE, AND YOU CAN SEE.

15:34:46 SOME ARE SERVING A VAST GEOGRAPHY, AND THIS IS A SUMMARY FOR LAST YEAR, JUST A SNAPSHOT OF WHAT THEY'VE BEEN UP TO.

15:34:53 THEY COMPLETED OVER 6,000 INTAKE SCREENINGS AND OVER 4,000 NEW IN-DEPTH ASSESSMENTS OF CAREGIVERS.

15:35:00 THEY SERVED ALMOST 15,000 CAREGIVERS WITH CLINICAL SERVICES, AND ABOUT A THIRD OF THESE RENEWED THIS YEAR THEY PROVIDE OVER A 130,000 FAMILY CONSULTATIONS, THEY COUNSELED IN ONE-ON-ONE COUNSELING 441 CAREGIVERS, OVER 2,000 RECEIVED

15:35:18 RESPITE, 165 RECEIVED LEGAL AND FINANCIAL ASSISTANCE, AND THEY THEY ENGAGED IN 9,000 ALMOST 10,000 OUTREACH ACTIVITIES AND OVER A 1,000 EDUCATIONAL ACTIVITIES, EXCITED.

15:35:32 I'M VERY EXCITED TO SAY THAT THERE'S A STATEWIDE EDUCATION PLATFORM NOW, AND OUT OF THOUGH IT'S ABOUT A THIRD WERE DELIVERED IN A LANGUAGES OTHER THAN ENGLISH NEXT SLIDE.

15:35:43 PLEASE I WANT TO GIVE YOU A LITTLE BIT OF A FEEL.

15:35:45 FOR WHO ARE THE CAREGIVERS OF CALIFORNIA, AND THIS SLIDE IS A LITTLE BUSY BUT I'LL SUMMARIZE FOR YOU THAT CAREGIVING IS HAPPENING ACROSS THE LIFESPAN ACROSS GENDER IDENTITY AND ACROSS RACIAL ETHNIC GROUPS, THE PREDOMINANT NUMBER MOST PEOPLE WHO ARE SERVED BY THE

15:36:02 CRCS ARE IN THE AGE RANGE OF 45 TO 84, AND THE BLUE BARS OF THE CAREGIVERS, THE YELLOW BARS OF THE PEOPLE RECEIVING CARE.

15:36:11 AND YOU CAN SEE ON THIS ON THIS GRAPH THAT ACTUALLY THE PEOPLE RECEIVING CARE TEND TO BE OLDER, MAJORITY BEING OVER 65 BY GENDER, WE'RE ABOUT 3 QUARTERS WOMAN FEMALE IDENTIFIED AS FEMALE IN IN THIS POPULATION AND THE RACE ETHNICITY IS QUITE DIVERSE IT IT'S SOMEWHAT REFLECTS

15:36:31 THE CALIFORNIA POPULATION. IT'S UNDER REPRESENTING LATINO CAREGIVERS. A LITTLE BIT.

15:36:35 IT'S 38% IN CALIFORNIA, AND 29% IN THIS DATABASE AND OVER ZIP. WE'RE OVER REPRESENTING WHITE CAREGIVERS, 53 VERSUS 35 IN THE IN THE CALIFORNIA, POPULATION BUT WE ARE WE'RE SERVING AS AN AMERICAN, PACIFIC ISLANDERS, BLACK AFRICAN AMERICAN COMMUNITIES AS

15:36:54 WELL AS AMERICAN, INDIAN AND ALASKAN NATIVE COMMUNITIES, SO A TREMENDOUS AMOUNT OF INFORMATION ACROSS AGE, SPAN AND AS WELL AS ACROSS RACIAL ETHNIC GROUPS NEXT SLIDE, PLEASE OF THE CAREGIVERS WE SERVE ABOUT A QUARTER WE'RE FULL-TIME AND 12% WORK WORK, WORK, PART-TIME BUT ALMOST

15:37:13 20% ARE BELOW THE FEDERAL POVERTY LEVEL. THE MAJORITY OF PEOPLE IN THE CAREGIVER GROUP ARE OUR CHILDREN, ADULT CHILDREN OF PEOPLE THAT THERE'S PROVIDING AND ABOUT A THIRD OR SPOUSES OR PARTNERS NEXT SLIDE PLEASE THERE ARE 2 IMPORTANT POINTS ABOUT THE CAREGIVERS SERVED BY THE CRCS IN

15:37:33 CALIFORNIA. ONE IS THAT THEIR CAREGIVERS ARE DEALING WITH COMPLEXITY OF CARE.

15:37:38 THE OTHER IS TIME INTENSELY, AND I'LL SHARE SOME MORE ABOUT THAT.

15:37:42 ON THE NEXT SLIDE, BUT AS FAR AS COMPLEXITY GOES, PEOPLE ARE DEALING WITH INCREDIBLY DEMANDING HEALTH CONDITIONS.

15:37:50 BY FAR THE MOST COMMON CARE, RECIPIENT, PRIMARY DIAGNOSIS.

15:37:53 WHO AMONG THE CAREGIVERS IS ALZHEIMER'S DISEASE, AND RELATED DEMENTIA'S, FOLLOWED BY STROKE.

15:38:00 BUT 40% OF ALL THESE CAREGIVERS ARE HELPING PEOPLE WHO HAVE MORE THAN 4 CHRONIC CONDITIONS.

15:38:06 SO EVEN THE PEOPLE WHO ARE LIVING WITH DEMENTIA ARE ALSO LIVING WITH OTHER VERY COMPLEX CHRONIC CONDITIONS.

15:38:12 AS WELL. I THINK IT WAS REALLY IMPORTANT TO NOTE THAT ALMOST OVER 90% HAVE SOME MEMORY LOSS AND ALMOST HALF CAN NEVER BE LEFT ALONE.

15:38:21 SO THESE ARE PEOPLE WHO ARE REQUIRING A LOT OF INTENSE CARE AND SUPPORT.

15:38:26 WHEN WE ASKED ABOUT MEDICAL NURSING TASKS, WE FIND THAT ALMOST ALL OF DEALING WITH MEDICATIONS BUT ALMOST HALF ARE DEALING WITH MEDICAL EQUIPMENT METERS AND MONITORS OR MANAGING PAIN, SO THE PEOPLE WHO ARE SERVED BY THE CRCS, ARE DEFINITELY COMPLEX AND NEEDING A TREMENDOUS AMOUNT

15:38:44 OF SUPPORT. NEXT SLIDE, PLEASE. I ALSO WANT TO MAKE THE POINT THAT CAREGIVERS ARE ENGAGED IN LONG-TERM AND INTENSE CARE.

15:38:53 THEY'RE PROVIDING MANY, MANY HOURS AS A PRIMARY CAREGIVER, AND OFTEN THEY'RE DOING THIS AS THE SOLE PERSON, PROVIDING CARE ALMOST 3 QUARTERS ARE PROVIDING MORE THAN A FULL TIME JOB 40 H A WEEK AND OVER HALF WE'VE BEEN DOING THIS FOR MORE THAN 2 YEARS SO IT'S A

15:39:09 LONG TERM COMMITMENT WITH A TREMENDOUS AMOUNT OF TIME.

15:39:12 WE COMPARED THIS. WE LOOKED AT AN ARP LEVEL OF CARE INDICATOR THAT INCLUDES BOTH.

15:39:19 HOW LONG, HOW MANY HOURS A WEEK PEOPLE ARE PROVIDING CARE A LOT WITH THE SUPPORTS FOR ACTIVITIES OF DAILY LIVING AND OUT OF THE CAREGIVER IS SERVED BY THE CRC'S OVER 90% ARE AT THE HIGHEST INTENSITY OF SUPPORTING THEIR THE PEOPLE IN THEIR FAMILY OR THEIR FRIENDSHIP NETWORK THE

15:39:37 NEXT SLIDE PLEASE. WHAT WE'RE FINDING TO IS THAT THIS IS HAVING AN IMPACT ON CAREGIVER HEALTH THAT THE CAREGIVERS WHO WERE SERVED BY THE CRC'S ABOUT A THIRD REPORT BEING IN FAIR OR POOR HELP THEMSELVES ABOUT A THIRD OR EXPERIENCING HEALTH DECLINES THAT THEIR CARE IS THAT THEIR HELP IS ACTUALLY WORSE THAN IT

15:39:57 WAS 6 MONTHS AGO, AND ABOUT 20% OF THE POPULATION OF CAREGIVERS HAVE SYMPTOMS OF DEPRESSION AND LONELINESS, AND ALMOST TWO-THIRDS ARE EXPERIENCING STRAIN.

15:40:09 SO THIS IS A GROUP OF PEOPLE WHO ARE PAYING THE PRICE OF BEING CAREGIVERS AS THEY'RE SUPPORTING PEOPLE WHO ARE COMPLEX IMPORTANTLY, ONLY ABOUT A THIRD ARE SATISFIED WITH THE SUPPORT THEY GET FROM FAMILY AND FRIENDS, AND AS WE SAW IN AN EARLIER SLIDE.

15:40:24 MOST OF THEM ARE GOING IT ALONE. THEY DON'T HAVE THAT KIND OF SUPPORT AND ALMOST HALF ARE SATISFIED WITH THEIR SPIRITUAL SUPPORT.

15:40:31 NEXT SLIDE, PLEASE. ONE OF THE QUESTIONS WE'VE ASKED AS A TEAM IS, HOW DOES THIS COMPARE TO THE REST OF THE WORLD?

15:40:38 BECAUSE THERE ARE OTHER STATE. THERE ARE OTHER SURVEYS OUT THERE ON CAREGIVERS, AND HOW CAREGIVERS ARE DOING, AND SO WE, COMPARED THE CALIFORNIA INFORMATION FROM THE CRC'S TO BOTH THE STATE DATABASE WHICH IS THE CALIFORNIA HEALTH, INTERVIEW SURVEY AND A.

15:40:53 NATIONAL SURVEY OF CAREGIVERS, CALLED CAREGIVING IN THE US.

15:40:57 AND BOTH OF THESE ARE POPULATION-BASED SURVEYS.

15:41:01 AND SO THEY'RE TYPICALLY PEOPLE GET PHONED. AND THEY'RE ASKED THESE QUESTIONS AND WHAT YOU KNOW SORT OF BRINGS UP THE ISSUE OF WHO ANSWERS THE PHONE AND WHO IS TOO BUSY TO ANSWER THE PHONE?

15:41:10 BECAUSE, AS YOU SEE THE INFORMATION, I'LL SHARE IN THE NEXT COUPLE OF SLIDES, YOU'LL FIND THAT THE CAREGIVERS THAT THE CRCS ARE SERVING ARE MUCH HIGHER THAN INTENSITY AND NEEDING GREATER SUPPORT THAN WE GET TO HEAR ABOUT IN THE POPULATION-BASED SURVEYS THE

15:41:26 DIFFERENCES DEMOGRAPHICALLY ARE NOT TOO LARGE, EXCEPT THAT IN CALIFORNIA, WITH THE CRC.

15:41:31 POPULATION TEND TO BE A LITTLE BIT MORE FEMALE, MORE RACIALLY AND ETHNICALLY DIVERSE AND WORKING A LITTLE BIT LESS.

15:41:38 AND THAT'S PARTLY BECAUSE THEY'RE PROVIDING MORE HOURS OF CARE.

15:41:42 THE NEXT SLIDE, PLEASE, AS YOU CAN SEE HERE THAT 72%, ALMOST 3 QUARTERS OF THE PEOPLE IN THE SEAC SAMPLE ARE PROVIDING MORE THAN 40 H A WEEK WHERE IN THE IN THE STATE DATABASE ONLY 9% OF PROVIDING THAT LEVEL OF CARE AND IN THE NATIONAL DATABASE ABOUT A

15:42:02 THIRD. WE'RE ALSO SEEING THAT MORE PEOPLE IN THIS POPULATION OF THE CRC'S ARE EITHER SPOUSES OR PARTNERS, OR CHILDREN OF THE PERSON RECEIVING CARE, WHEREAS IN THE NATIONAL AND THE STATE SURVEYS THEY TEND TO BE OTHER RELATIVES VERY IMPORTANTLY AND THIS IS SOMETHING THAT'S DEAR TO THE HEARTS OF MANY

15:42:19 OF THE PEOPLE OF THE PANELISTS TODAY IS THAT THE CARE RECIPIENT DIAGNOSIS, THE PERCENT OF PEOPLE WHO ARE LIVING WITH DEMENTIA ALZHEIMER'S DISEASE OR RELATED DEMENTIA IS OVER 68% IN CALIFORNIA CRC POPULATION COMPARED TO JUST OVER 5% IN THE STATE OF

15:42:36 NATIONAL DATABASES, AND I RAISE THIS BECAUSE WHEN YOU THINK ABOUT POLICY AND YOU LOOK AT THE DATA THAT'S NECESSARY TO MAKE GOOD POLICY, YOU HAVE TO ASK WHERE TO LOOK

FOR THE INFORMATION SO THAT YOU'RE NOT MISSING IMPORTANT INFORMATION IN IN TERMS OF SHAPING THAT POLICY I THINK THE MOST STUNNING FINDING IN THIS

15:42:53 COMPARISON, THOUGH, IS THE LEVEL OF HIGH INTENSITY, AND OVER 90% OF OUR CAREGIVERS IN THE CRC SYSTEM ARE PROVIDING HIGH INTENSITY CARE, AND IN THE NATIONAL GROUP IT'S AT 41 NEXT SLIDE PLEASE.

15:43:07 AND, AS YOU MIGHT EXPECT, THIS HAS HAD EFFECTS ON CAREGIVER HEALTH IN WAYS THAT ARE REALLY PROFOUND.

15:43:13 THE CRC. CAREGIVERS HAVE A HIGHER RATE OF EXPRESSING LESS WELL.

15:43:18 HEALTH, AND ALSO THAT THEY'RE HOW THEY'RE HOW THEIR HEALTH IS WORSENING OVER TIME, AND ARE DISTINCTLY MORE LONELY THAN IN THE STATE LEVEL STATE

15:43:32 WE ALSO NEXT SLIDE, PLEASE WE ALSO ASKED ABOUT SATISFACTION WITH SERVICES, BECAUSE AS ELENA SAID THIS, THE CRCS PROVIDE A LIFELINE FOR CAREGIVERS, AND WE FIND THAT IT'S VERY HIGHLY VALUED BY CAREGIVERS THE CAREGIVERS, WHO ARE ENGAGED ARE VERY SATISFIED AND WOULD

15:43:48 RECOMMEND THE CARE. THOSE WHO ARE EXPRESSED LESS SATISFACTION ARE THOSE WHO ARE NOT COVERED FOR CERTAIN BENEFITS WHO MIGHT BE EXCLUDED BECAUSE OF INCOME, ELIGIBILITY, OR OTHER TYPES OF ISSUES, AND THOSE ARE THERE IS WISH THAT THEY COULD HAVE MORE AS WELL THE BENEFITS THAT THE CAREGIVERS IDENTIFY FOR US.

15:44:06 IS, IS THROUGH THE SERVICES THEY FEEL MORE CONFIDENT. THEY'RE BETTER ABLE TO MANAGE CARE.

15:44:12 THEY'RE MORE KNOWLEDGEABLE, AND THEY'RE ABLE TO TAKE GET A BETTER CARE OF THEMSELVES NEXT SLIDE, PLEASE.

15:44:18 DIVERSITY, EQUITY, INCLUSION, IS A REALLY IMPORTANT EMPHASIS IN CALIFORNIA, AND THE CRCS ARE DEEPLY COMMITTED.

15:44:25 THEY THEY SHARED WITH US A NUMBER OF DIFFERENT AREAS THAT THEY'RE FOCUSING ON AS THEY ADDRESS THESE IMPORTANT ISSUES OF EQUITY WORKING ON PROVIDING CULTURALLY AND LINGUISTICALLY CONGRUENT SUPPORTS AND THIS IS THROUGH BR BILINGUAL STAFF SHARING STAFF AND TRANSLATING MATERIALS USING THE DATA TO

15:44:41 ACTUALLY GUIDE AFTER EACH PRIORITIES, AND, AS I MENTIONED EARLIER, SHARING A STATEWIDE CALENDAR OF EDUCATIONAL EVENTS THAT ALLOWS MORE SHARING OF DIVERSE LANGUAGES AS WELL BUILDING COMMUNITY PARTNERSHIPS SEVERAL PEOPLE HAVE MENTIONED FAITH COMMUNITY PARTNERSHIPS THAT'S ONE AND THERE ARE MANY OTHER KINDS OF COMMUNITY

15:44:59 PARTNERSHIPS AND THEY'VE TAILORED MESSAGES AND SERVICES.

15:45:03 AND THIS IS AN ONGOING JOURNEY. SO I WANT TO SUM UP HOW I SEE CALIFORNIA BEING AS AT THE FOREFRONT, AND THEN ALSO WHAT WE COULD DO TO CONTINUE TO IMPROVE NEXT.

15:45:13 SLIDE. PLEASE. SO CALIFORNIA REALLY IS SERVING PEOPLE WHO ARE PROVIDING COMPLEX, INTENSE, AND TIME-CONSUMING CARE.

15:45:20 THESE PEOPLE ARE ALL OFTEN THE PRIMARY CAREGIVER WITH L.

15:45:22 LITTLE ADDITIONAL SUPPORT, AND THEY ARE PAYING THE PRICE WITH THEIR OWN METAL AND PHYSICAL HEALTH.

15:45:29 CALIFORNIA HAS A CLIENT BASE, AND WE CRC'S THAT IS MULTICULTURAL AND DIVERSE, AND ACROSS, THE LIFESPAN AND WE'RE ALSO ABLE TO SEE HOW THE CRC'S TAILOR THEIR SUPPORTS AND SERVICES TO THE KIND OF GEOGRAPHY AND THE COMMUNITIES THEY SERVE AND

15:45:43 THAT'S A REAL STRENGTH THAT IN THE REGIONS WE CAN ACTUALLY REFLECT WHAT'S NEEDED.

15:45:51 PEOPLE ARE VERY SATISFIED. I'M SO EXCITED OF IT, AND NOT JUST BECAUSE I'M A DATA NERD.

15:45:53 BUT HAVING CARENAV IS AN INCREDIBLE ASSET TO THE STATE OF CALIFORNIA.

15:45:57 IT'S A POWERFUL DATABASE THAT WE CAN USE NOT ONLY TO UNDERSTAND WHO WHO WE'RE SERVING AND WHAT WE COULD DO BETTER.

15:46:03 BUT TO ACTUALLY EXPLORE SOME OF THE REALLY IMPORTANT QUESTIONS ABOUT FAMILY CAREGIVERS OVER TIME, AND HOW WE CAN DESIGN APPROACHES THAT WOULD HAVE THE HIGHEST IMPACT, NEXT SLIDE.

15:46:15 PLEASE, SO IN TERMS OF THE ALIGNMENT WITH THE NATIONAL STRATEGY, I THINK WE'RE VERY MUCH ON THE PATH ALREADY.

15:46:22 AND WE CAN AMPLIFY, AND WE CAN ACCELERATE WHAT WE'RE DOING.

15:46:24 WE ALREADY HAVE A STANDARDIZED ASSESSMENT WITH A SINGLE POINT OF ENTRY THAT STANDARDIZED ASSESSMENT INCLUDES SEVERAL VALIDATED THINGS THAT WILL HELP US TO REALLY LOOK AT THE EVIDENCE BASE. IN THE WORK.

15:46:35 THAT WE'RE DOING THE ONLINE PLATFORM FACILITATES TREMENDOUS ACCESS, AND WE ARE.

15:46:42 WE'RE ACTUALLY ACTIVELY EVALUATING THIS DATA AND WORKING VERY CLOSELY TOGETHER TO UNDERSTAND THE IMPACT OF THE INFORMATION I WANT TO CLOSE WITH THE OPPORTUNITIES THAT I THINK ARE IMPORTANT TO ADVANCE FURTHER AND THAT'S THE NEXT SLIDE THANK YOU.

15:46:56 TO ACHIEVE EQUITY, INCLUSION IN OUR DIVERSE CALIFORNIA POPULATION.

15:47:00 WE DO NEED REGIONAL AND STATE LEVEL STRATEGIES AND ADDITIONAL INVESTMENTS TO.

15:47:04 WE HAVE TO CLOSE THE DIGITAL DIVIDE FOR ALL CAREGIVERS.

15:47:08 AND THIS IS SOME OF THIS IS ACCESS. IT'S IT'S HAVING BROADBAND ACCESS, BUT IT'S ALSO HAVING THE THE NECESSARY TRAINING AND SUPPORTS TO BE ABLE TO ACCESS. TECHNOLOGY.

15:47:17 WE CAN WORK ON OUR STANDARDIZED ASSESSMENT, WHICH IS NOW OFFERED ONLY IN ENGLISH TO MOVE IT INTO A MORE TRAUMA-INFORMED AND CULTURALLY APPROPRIATE ASSESSMENT IN MULTIPLE LANGUAGES, AND THIS IS REALLY IMPORTANT WORK I THINK WE CAN EXPAND SERVICES.

15:47:32 FURTHER RIGHT NOW, AS YOU SAW, WE'RE SERVING IN THE HUNDREDS OF THOUSANDS OF CAREGIVERS.

15:47:38 THERE ARE 5 MILLION ESTIMATED CAREGIVERS IN CALIFORNIA, SO WE'VE GOT A LONG WAY TO GO TO REACH ALL OF THEM.

15:47:43 I THINK WE COULD DO BETTER, AND USING THE KERNAP DATA TO DEVELOP THOSE STRATEGIES THAT WE COULD USE TO EXPAND AND IMPROVE OUR OUTREACH PARTICULARLY TAILORING IT TO SERVE UNDERSERVED POPULATIONS AND THE SYSTEM OF THE CRC'S THE FACT THAT THEY'RE WORKING TOGETHER IS A SYSTEM AND AS A GROUP IS

15:48:00 A VERY POWERFUL AND ASSET, AND I THINK WE CAN GO MUCH FURTHER AND OPTIMIZE ACCESSES AND RESOURCES ACROSS THE STATES, AND THEN THE PART THAT I'M REALLY EXCITED ABOUT IS SHARING THE LESSONS LEARNED AND HEARING FROM YOU SO I'LL POST BY SAYING THANK YOU SO MUCH FOR ALL OF YOU WHO ARE OUT THERE

15:48:16 WHO ARE CAREGIVERS. THANK YOU FOR THE CARE THAT YOU PROVIDE AND THANK YOU TO ALL OF OUR COLLEAGUES AND ALLIES, AND THIS IMPORTANT WORK

15:48:26 THANK YOU SO MUCH. DR. YOUNG, AND YOU KNOW I I I COULDN'T AGREE MORE WITH YOU THAT KARENAB IS A REAL ASSET TO THE STATE OF CALIFORNIA, AND I WANNA COMMEND THE CAREGIVER RESOURCE NETWORK.

15:48:38 FOR THE, FORESIGHT WHEN WE WERE IN GOOD BUDGET TIMES TO TO PUT THINGS IN PLACE.

15:48:44 SO WE NOW HAVE THIS DATA: OUR SECRETARY, SECRETARY, GHALY, WHO HEADS UP THE HEALTH AND HUMAN SERVICES AGENCY, YOU KNOW OUR OUR GUIDING PRINCIPLES ARE PERSON-CENTERED DATA DRIVEN AND EQUITY FOCUSED AND WHAT WHAT YOU JUST LAID OUT IN FRONT OF US YOU KNOW TODAY, IS PERSON CENTERED DATA

15:49:04 DRIVEN, AND EQUITY FOCUS SO WE LOOK FORWARD TO LEARNING MORE FROM THIS DATA TO USING THIS DATA TO ADVOCATE FOR THE CAREGIVER RESOURCE CENTERS AND FOR FAMILY CAREGIVERS AROUND OUR STATE.

15:49:16 SO THANK YOU SO MUCH FOR SHARING WITH US TODAY.

15:49:19 IT'S BEEN JUST A A PLEASURE TO HAVE THE CAREGIVER RESOURCE CENTERS NOW PART OF THE CALIFORNIA DEPARTMENT OF AGING.

15:49:28 WE'RE LEARNING SO MUCH FROM OUR PARTNERS AT THE CRC'S COLLECTIVELY, AS A SYSTEM, AS YOU SAID IT'S SO IMPRESSIVE HOW HOW THE 11 REGIONAL CENTERS WORK TOGETHER AS A SYSTEM AND NETWORK AND ALSO HOW THERE ARE US UNIQUE AND INDIVIDUAL DIFFERENCES BY REGION THAT ARE REALLY TAILORED TO

15:49:48 THE POPULATION. SO THANK YOU FOR THAT OVERVIEW. IT'S NOW BEFORE I TURN IT OVER TO SHAWNTEL BUSH.

15:49:56 WHO'S THE CHIEF OF OUR HEALTH AT HOME, BRANCH?

15:49:58 I WANTED TO ACKNOWLEDGE A NUMBER OF CALIFORNIA DEPARTMENT OF AGING STAFF LEADERS WHO ARE WITH US ON THE CALL TODAY, AND I, I ESPECIALLY WANNA EXTEND MY APPRECIATION AND GRATITUDE TO THE GOVERNOR THE LEGISLATURE AND OUR SECRETARY OF HEALTH AND HUMAN SERVICES DR.

15:50:18 GHALY FOR THE RESOURCES THAT WE HAVE AT THE DEPARTMENT OF AGING.

15:50:21 NOW TO TRULY FOCUS ON CAREGIVING, TO HAVE SUBJECT MATTER, EXPERTISE IN HOUSE AND TO HAVE LEADERSHIP IN OUR DEPARTMENT, AND WITH THE MASTER PLAN FOR AGING FOR THE YEAR TO COME AND FOR MANY MANY YEARS TO COME SO BEFORE I TURN IT OVER TO SHAWNTEL BUSH I WANT TO ACKNOWLEDGE DR.

15:50:43 NAKIA THIERRY WHO IS WITH US TODAY, TANYA BAUTISTA, TERESA, BOOTH, AND VALERIE RODRIGUEZ.

15:50:50 THESE ARE OUR HARD-WORKING, THE TEAM BEHIND ALL THINGS, CAREGIVING WHETHER IT'S THE CAREGIVER RESOURCE CENTERS, OR THE OLDER CALIFORNIANS AND OLDER AMERICANS ACT FUNDING FOR CAREGIVERS.

15:51:03 OR THE ONE TIME FEDERAL DOLLARS THAT WE'VE BEEN FORTUNATE TO RECEIVE IN OUR STATE.

15:51:09 THE ARPA DOLLARS AND THE HCBS SPENDING PLAN DOLLARS.

15:51:28 THANK YOU. DIRECTOR DE MAROIS. GOOD AFTERNOON. EVERYONE. I JUST WANNA THANK YOU FOR JOINING US.

15:51:35 SO, AFTER HEARING FROM FAY GORDON ON THE NATIONAL FAMILY STRATEGY, ON CAREGIVING AND CONSIDERATION FOR STATE AND LOCAL PARTNERS, SUCH AND SUCH A HEARTWARMING AND PERSONAL STORY FROM ALAYNA, TILLMAN THAT MANY OF US CAN RELATE TO OR WILL AT SOME POINT IN OUR LIVES, AND ALSO THE SHARING OF THE

15:51:51 FINDING AND DATA SHARED BY DR. HEATHER YOUNG. THIS JUST SEGUES SO APPROPRIATELY INTO THIS GRAND OPPORTUNITY FOR US TO ENGAGE WITH KEY LEADERS TO REFLECT ON THE INFORMATION PRESENTED TODAY.

15:52:02 FROM OUR SPEAKERS AND TO HEAR MORE ABOUT WHAT OPPORTUNITIES CALIFORNIA HAS TO LEAD AND SERVING OUR CAREGIVING WORKFORCE SO NOW WE'RE GONNA GO AHEAD AND KICK OFF OUR PANEL.

15:52:11 DISCUSSION. PLEASE ALLOW ME THIS OPPORTUNITY TO INTRODUCE OUR PANELISTS TODAY.

15:52:16 WE HAVE WITH US TODAY. DR. DONNA BENTON.

15:52:21 SHE'S THE EXECUTIVE DIRECTOR OF USC. FAMILY CAREGIVER SUPPORT CENTER.

15:52:25 WE ALSO HAD WITH THIS JOE HERBERT COLBURY, THE EXECUTIVE DIRECTOR OF PASSAGES, ADULT RESOURCE CENTER, BARBARA MACLINDEN, WITH PUBLIC POLICY, DIRECTOR OF ALZHEIMER'S GREATER LOS ANGELES AND ALEXANDRA CASTILLO WISE GERBER SHE'S A.

15:52:42 DIRECTOR OF CARE, SUPPORT OF ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND NORTHERN NEVADA.

15:52:47 THANK YOU ALL FOR JOINING US THIS AFTERNOON SO I'M GONNA GO THROUGH A LIST OF QUESTIONS JUST BASED UPON THE INFORMATION THAT WAS SHARED AND PRESENTED WITH US TODAY.

15:52:56 AND MY FIRST QUESTION IS FOR YOU, JOE, AS EXECUTIVE DIRECTOR OF PASSAGES, ADULT CENTER IN CHICO.

15:53:03 YOU PROVIDE CORE SERVICES THROUGH THE AREA AGENCY ON AGING, INCLUDING THE FAMILY CAREGIVER SUPPORT PROGRAM.

15:53:09 FROM YOUR EXPERIENCE. WHAT DO YOU SEE AS THE MOST CRITICAL CAREGIVING OPPORTUNITIES AND NEEDS EMERGING AT THE LOCAL LEVEL, PARTICULARLY FOR THOSE LIVING IN RURAL AREAS IN THE REGIONS YOU SERVE

15:53:26 JOE, I THINK YOU'RE STILL MUTED

15:53:34 THAT'S BETTER. YES.

15:53:33 HOW'S THAT? CAN YOU HEAR ME? GREAT? THANK YOU. I APPRECIATE THAT I WANTED TO JUST THANK FAY GORDON WHEN SHE SHOWED HER SLIDE DECK AND MADE THE COMMENT ABOUT FAMILY IN PERSON CENTERED AND YOU KNOW WE'RE OUT OF TIME RIGHTLY SO WHERE WE'RE WE'RE DEFINITELY.

15:53:55 LOOKING AT PROGRAMS TO BE PERSON-CENTERED, BUT WITH CAREGIVING THAT THE FAMILY MEMBER IS SO IMPORTANT AND SO, HAVING THAT RECOGNITION OF A OF A FAMILY MEMBER SO CENTRAL TO A CAREGIVER IS SO INCREDIBLE FOR ALL OF US TO RECOGNIZE YOU KNOW PARTICULARLY WHEN PEOPLE ARE IN A SITUATION WHERE MAYBE SOMEONE HAS DEMENTIA.

15:54:12 OR AN ADVANCED PHASES OF ALZHEIMER'S, THAT THE FAMILY MEMBER IS CRITICAL TO THAT SERVICE.

15:54:18 SO I AGAIN JUST APPRECIATE THAT THE TERM AND THE USE OF THE WORD FAMILY IN PERSON CENTERED LOOKING AT CAREGIVING PARTICULARLY IN THE RURAL AREAS.

15:54:30 THE AREAS THAT WE HAVE CHALLENGES WITH IS ACCESS TO A VARIETY OF SERVICES SOME OF THE URBAN AREAS WE CAN DEFINITELY GET OUR OUR CAREGIVER SERVICES, BUT IN THE MORE RURAL AREAS WE REALLY LACK AN INFRASTRUCTURE ONE OF THE ONE OF THE GREATEST AREAS OF NEED IS IS MEDICAL

15:54:49 PROVIDERS WE WE MIGHT HAVE DOCTORS AND PA'S AND CLINICS BUT IF YOU'RE IF YOU'RE LOOKING TO GET TO A SPECIALIST LIKE A CAREGIVER COULD BE TRAVELING WITH THE FAMILY MEMBER IN SOME CASES YOU KNOW 3 TO 5 H TO GET TO A SPECIALIST OR HAVING TO

15:55:04 TRAVEL OUT OF STATE, SO JUST ACCESS TO THE SERVICES IS IS THE FIRST MAJOR CHALLENGE THAT WE RUN INTO.

15:55:11 IN ADDITION, TRANSPORTATION. AGAIN, IF YOU HAVE TO TRAVEL OUT OF THE AREA, YOU HAVE TO HAVE A VEHICLE OR HAVE TO HAVE A DRIVER.

15:55:19 BUT EVEN WITHIN THE COMMUNITY I WOULD SAY THAT TRANSPORTATION IS LIMITED AT BEST, AND IF YOU'RE LOOKING FOR MEDICAL TRANSPORTATION WE'RE VERY CHALLENGED IN A MORE POPULATED AREA, IN A COMMUNITY, YOU MAY BE ABLE TO GET A DIALER RIDE BUT IF YOU LIVE 20 OR 30 MILES FROM THE

15:55:39 CLOSEST POPULATION AREA. THERE ARE VERY FEW SERVICES THAT ARE ABLE TO MOVE YOUR DEMANDS AND YOUR NEEDS WORKFORCE HAS BEEN A REAL CHALLENGE FOR US.

15:55:50 PRIOR TO THE PANDEMIC AND THE PANDEMIC ONLY OPENED IT UP FOR US WHERE WE SAW EVEN GREATER CHALLENGES WITH WORKFORCE.

15:55:57 BUT EVEN RIGHT NOW WE CAN PROVIDE RESPITE SERVICES TO ANYONE IN OUR SERVICE AREA.

15:56:02 BUT SOME COMMUNITIES WE HAVE A HARD TIME EVEN FINDING WORKERS TO PROVIDE THAT SERVICE, AND I'D GIVE YOU AN EXAMPLE OF PLUMUS COUNTY.

15:56:11 THEY HAVE ABOUT A 40% OF THE POPULATION IS OVER THE AGE OF 60.

15:56:15 AND SO THAT'S AN EXAMPLE OF A COMMUNITY WHERE IT'S ALREADY IN OLDER COMMUNITY, AND IT DOESN'T HAVE THE WORKFORCE POPULATION TO PROVIDE THE PAID CAREGIVING WORK.

15:56:24 NOW ISOLATION HAS BEEN A PROBLEM BEFORE THE PANDEMIC, THE PANDEMIC REALLY GOT IT TO THE FOREFRONT, AND WE'RE GRATEFUL FOR THAT AND NOW, THERE'S A LOT OF RECOGNITION OF THE CHALLENGES THAT PEOPLE FACE BUT FOR THE RURAL THOSE FRONTIER AREAS.

15:56:42 ISOLATION IS EVEN GREATER. YOU YOU COULD YOU COULD BE AN HOUR AWAY FROM THE CLOSEST POPULATION CENTER.

15:56:49 SO BEING IN CONTACT WITH ANYONE IS, IS A REAL CHALLENGE.

15:56:56 WE DO AN EMPHASIS ON SUPPORT GROUPS. I ENJOY THE PANDEMIC. WE DID A FAIR AMOUNT.

15:57:02 VIA ZOOM BUT WHAT WE FOUND WAS IN SOME OF THE RURAL AREAS.

15:57:05 THEY DON'T HAVE INTERNET ACCESS, OR IF THEY DO HAVE INTERNET, ACCESS, IT'S SLOW AS AN EXAMPLE.

15:57:11 A DIAL UP, AND A ZOOM MEETING TAKES WAY TOO MUCH BROADBAND, AND SO IT IT WASN'T REALLY A GREAT ANSWER FOR US.

15:57:21 IT'S KIND OF LIKE A DOUBLE EDGED SWORD. WE LOVE THE FACT THAT WE HAVE TECHNOLOGY TO REACH PEOPLE IN DISTANT AREAS.

15:57:27 BUT THOSE DISTANCE AREAS ARE NOT ALWAYS PREPARED OR HAVE THE INFRASTRUCTURE TO RESPOND TO THAT TECHNOLOGY SO THAT'S BEEN ONE OF OUR CHALLENGES.

15:57:36 WE ARE SLOWLY GETTING BACK INTO DOING OUR IN-PERSON GROUPS, AND AND THEY ARE VERY SUCCESSFUL.

15:57:45 WE WE HAVE TO KIND OF ROLL THE DICE AND TAKE THE CHANCE WITH COVID, AS THE PANDEMIC WAS BEGINNING TO WANE.

15:57:49 BUT WE REALIZED IF WE WEREN'T ABLE TO DO THOSE SUPPORT GROUPS AS AN EXAMPLE IN PERSON, THEY WEREN'T GONNA HAVE ANY CONTACT AT ALL.

15:57:56 SO THOSE ARE JUST SOME OF THE CHALLENGES. SOME OF THE AREAS THAT WE'VE DELVED INTO TO TRY AND SUPPORT CAREGIVERS AND GET A LITTLE BIT MORE CREATIVE.

15:58:06 WE, WE WILL DIRECTLY SEND BOOKS TO PEOPLE, SO THEY CAN HAVE THE INFORMATION ON HAND WILL PROVIDE ASSISTED DEVICES TO THEM.

15:58:17 WE DO HAVE CONTRACTS IN PLACE, AND AND FOLKS THAT CAN ACTUALLY GO OUT, AND WE CAN WIDEN THEIR DOORWAYS. WE CAN PUT IN GRAB BARS.

15:58:23 WE CAN PUT INTO LIFT RAMPS TO HELP THAT CAREGIVER CARE FOR THE PERSON AT HOME.

15:58:27 SO WE WE HAVE THOSE THINGS IN PLACE. WE, WE DEFINITELY LIKE TO REFER TO ANY OF THE LOCAL RESOURCES THAT ARE AVAILABLE.

15:58:36 AND THEN AGAIN, LASTLY, I'LL JUST CLOSE WITH OUR GREATEST CHALLENGE, THOUGH I THINK, IS ACCESS TO MEDICAL PROVIDERS, AND IN PARTICULARLY THE SPECIALIST

15:58:44 RIGHT. THANK YOU FOR THAT, THOUGH ALRIGHT, MY NEXT QUESTION IS FOR YOU, DR.

15:58:51 BENTON AS EXECUTIVE DIRECTOR OF THE USC. FAMILY.

15:58:54 CAREGIVER SUPPORT CENTER. YOU HAVE SEEN HOW IMPORTANT THESE SERVICES ARE FOR FAMILY AND FRIEND CAREGIVERS.

15:59:01 WHAT STRIKES YOU MOST ABOUT THE FINDING THAT LINE IN HEATHER'S PRESENTATION, PARTICULARLY AS IT PERTAINS TO THE GROWING DIVERSITY OF OUR CAREGIVER POPULATION. AND WHAT DO YOU SEE AS THE MOST IMPORTANT ISSUES TO BE ADDRESSED AT THE STATE AND LOCAL LEVELS

15:59:15 OH, THANK YOU SO MUCH, YOU KNOW, WHEN YOU LOOK AT WHAT CAME OUT OF THE DATA FROM KARENAV, ONE OF THE THINGS IS THAT THAT DEMOCRATIC PORTRAIT REALLY BRINGS UP A FACTOR THAT'S KEY TO UNDERSTANDING WHY, WE NEED TO KIND OF CHANGE THE NARRATIVE AROUND CARE AND CAREGIVING WHAT WE SAW

15:59:35 IS THAT THERE'S RACIAL AND GENDER, AND HEALTH AND EQUITIES THAT ARE SIGNIFICANTLY IMPACTING THE FAMILY CAREGIVER EXPERIENCE AND ON IN TURN THE PEOPLE THAT THEY'RE CARING FOR SO FOR EXAMPLE, IF YOU THINK ABOUT AFRICAN-AMERICAN CAREGIVERS THEY GENERALLY HAVE HAD A LIFETIME EXPOSURE

15:59:56 TO CUMULATIVE EXPERIENCES OF RACISM THAT PROBABLY RESULTS IN SOME OF THAT DIFFERENCES THAT YOU'RE SEEING IN COMPLEX CARE NEEDS.

16:00:07 THEY'VE HAVEN'T HAD THE SAME LEVEL OF AN EDUCATION, EMPLOYMENT, HEALTHCARE, HOUSING, AND YOU KNOW WE CALL THAT LIKE SOCIAL DETERMINANTS OF HEALTH.

16:00:16 BUT WE COULD ADD TO THE NORMAL SOCIAL DETERMINANTS OF HEALTH IS THE CAREGIVER EXPERIENCE, AND SO WE CAN EXTEND OUR UNDERSTANDING OF HEALTH DISPARITIES TO INCLUDE THE IMPACT ON HOW CAREGIVERS ARE ABLE TO CARE IN OUR STATE AND YOU KNOW SO WE THIS OVERALL COULD REDUCE THE QUALITY OF CARE

16:00:37 THAT CAN BE PROVIDED BY ETHNIC CAREGIVERS AND SO IT MEANS THAT WE NEED TO BRING MORE SUPPORT TO SPECIFIC ETHNIC GROUPS AND THAT WAS BORN OUT BY THE DATA.

16:00:50 THE OTHER THING IS THAT YOU KNOW THE POPULATIONS AROUND THAT COMPLEX CARE THAT LONGEVITY.

16:00:54 IT DOESN'T HAVE THE SAME IMPACT, EVEN THOUGH MANY ETHNIC GROUPS ARE LIVING LONGER YOU'LL SEE THAT FOR THESE POPULATIONS THEY'RE AT A HIGHER RISK OF SPENDING THEIR OLDER YEARS IN DECLINING NOT AS MUCH INCOME VIRTUALLY NO SAVINGS AND MAYBE MORE LIKELY TO HAVE THINGS LIKE A DEMENT

16:01:14 DEMENTIA, SO THE CAREGIVER IN THESE POPULATIONS AGAIN, ARE DEALING WITH PEOPLE WHO ARE SICKER, BUT THE CAREGIVER THEMSELVES MAY HAVE FEWER RESOURCES.

16:01:25 BOTH FINANCIALLY AND EMOTIONALLY, AND FOR THEIR CAREGIVING RESPONSIBILITIES.

16:01:33 SO. WHAT WE, I THINK IS VERY IMPORTANT FOR US AS A STATE IS THAT WE HAVE TO CONTINUE TO REALIZE THAT WE ONE SIZE IS NEVER GOING TO FIT ALL, AND I THINK THAT THAT IS ONE OF THE THE STRENGTHS OF WHAT WE SAW FROM THE CAREGIVER.

16:01:48 RESOURCE CENTER SYSTEM IS THAT THEY ARE LOOKING AT AND TRYING TO DEVELOP PROGRAMS THAT ARE EVIDENCE-BASED AND BASED IN AN UNDERSTANDING OF WHAT THE CAREGIVERS IN EACH OF THESE DIFFERENT DIVERSE COMMUNITIES NEED BOTH IN RACIAL COMMUNITIES AND CULTURAL COMMUNITY AND AS A STATE WE HAVE TO MAKE INVESTMENTS THAT ALLOW FOR THE TIME

16:02:12 TO DEVELOP, TRUST IN THOSE COMMUTE BY THE COMMUNITY MEMBERS AND ALLOW THEM TIME TO REACH OUT AND FIND SERVICES.

16:02:21 THE OTHER THING YOU KNOW. I JUST WHEN I WHEN I THINK ABOUT CAREGIVING AND WHAT CAN WE DO IN A LOCAL WAY AND FOR OUR DIFFERENT POPULATIONS IS THAT WE HAVE TO BUILD UP THAT SENSE OF RESPECT FOR CAREGIVERS AND THE AND AND WHAT CAREGIVERS DO ON A DAILY BASIS AND IT

16:02:39 HAS TO BE BEYOND LIP SERVICE. WE HAVE TO CONTINUE TO MAKE INVESTMENTS FOR CAREGIVERS, AND WE ALSO NEED TO CHANGE THE HOW PEOPLE SEE CAREGIVING, YOU KNOW I THINK IT WOULD BE WONDERFUL IF WE STARTED EARLIER IN EDUCATING PEOPLE AT DIFFERENT LEVELS.

16:02:59 IN FROM KINDERGARTEN, ALL THE WAY UP TO NORMALIZE THE CAREGIVING EXPERIENCE AND HAVE IT SO THAT WHEN KIDS GROW UP THEY SAY I REALLY WANT TO GROW UP AND YOU KNOW I WANT TO BE A FIREFIGHTER I WANT TO BE A DOCTOR AND I WANT TO BE A CAREGIVER AND

16:03:14 THAT'S WHERE I'D LIKE TO SEE US MOVE TO.

16:03:16 YEAH.

16:03:17 THANK YOU. DR. BENTON, FOR THAT RESPECTIVE. MY NEXT QUESTION IS FOR ALEXANDRA?

16:03:23 ALEXANDRA AS DIRECTOR OF CARENAV, SUPPORT FOR THE ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA AND NORTHERN NEVADA.

16:03:30 YOU SEE, FIRSTHAND HOW CAREGIVERS OF INDIVIDUALS WITH ALZHEIMER'S, AND RELATED DISORDERS ARE IMPACTED.

16:03:36 WHERE DO YOU SEE CALIFORNIA EMERGING AS A LEADER IN SERVING CAREGIVERS OF INDIVIDUALS WITH ALZHEIMER'S PARTICULARLY IN RELATION TO ADDRESSING SOCIAL SOCIAL ISOLATION WHICH WE SAW EMERGE ON A LARGE SCALE?

16:03:49 THROUGH COVID.

16:03:50 YEAH. THANKS, SHAWNTEL, FOR THE QUESTION. SO, AS WE HAVE HEARD, CALIFORNIA IS HOME TO NEARLY 5 MILLION UNPAID FAMILY CAREGIVERS AND 1.1 MILLION OF THOSE CAREGIVERS ARE CARING FOR AN INDIVIDUAL LIVING WITH ALZHEIMER'S OR ANOTHER.

16:04:03 FORM OF DEMENTIA, AND WE KNOW THAT, BEING A CAREGIVER CAN FEEL ISOLATING ENOUGH, AND WE, WHEN YOU COMPOUND THAT WITH BEING IN A PANDEMIC WHERE MANY OF THE SERVICES HAVE NOT BEEN AVAILABLE FOR A WHILE, IT'S BEEN EXTREMELY DIFFICULT FOR MANY OF OUR FAMILY CAREGIVERS AS WE KNOW MOST OF THE

16:04:17 ADULT DAY. CENTERS IN CALIFORNIA WERE CLOSED FOR A PORTION OF TIME.

16:04:21 CAREGIVERS DIDN'T FEEL COMFORTABLE ALLOWING IN-HOME CARE WORKERS TO COME INTO THEIR HOME FOR FEAR OF GETTING COVID AND IF A CAREGIVER'S LOVED ONE WAS RESIDING IN AN ASSISTED LIVING COMMUNITY THERE WAS OFTEN THEY WERE OFTEN UNABLE.

16:04:33 TO VISIT THEM AGAIN, CONTRIBUTING TO THAT FURTHER ISOLATION.

16:04:35 IN ADDITION MANY OF THE CAREGIVERS WE WORK WITH, WHO LIVE IN MULTI-GENERATIONAL HOUSEHOLDS WERE EXPERIENCING DOUBLE THAT IMPACT, AND SO ESPECIALLY OUR SAMPLE GENERATION CAREGIVERS WHO ARE CARING FOR AN AGING PARENT WORKING AND SIMULTANEOUSLY TRYING TO HOMESCHOOL THEIR CHILDREN AND I

16:04:51 OFTEN SAW THIS IN MY WORK, WORKING WITH THE LATINO COMMUNITY, WHERE CAREGIVERS OR GUIDELINES ARE EXPERIENCING SO MUCH BURNOUT AND ISOLATION.

16:05:01 AND SO AS LEADERS IN THE SPACE AND WITNESSING THE IMPACT ON OUR CAREGIVERS THE ALZHEIMER'S ASSOCIATION, THE STATE OF CALIFORNIA AND VARIOUS SERVICE ORGANIZATIONS DEVELOP PROGRAMS TO REALLY FOSTER THOSE CONNECTIONS AND REDUCE LONELINESS TO HELP MITIGATE BOTH THE SHORT AND POTENTIAL

16:05:16 LONG-TERM CONSEQUENCES FOR HEALTH AND WELL-BEING, AND SO SOME OF THOSE SPECIFIC ACTIONS INCLUDED USING TECHNOLOGY TO REALLY FOSTER THOSE VIRTUAL CONNECTIONS SUCH AS ONLINE SUPPORT GROUPS AS WE HEARD EARLIER FROM JOE THOSE LIVE BUT VIRTUAL EDUCATION CLASSES FOR CARGIVERS REGARDING MAYBE HOW TO MANAGE

16:05:34 DIFFICULT BEHAVIORS DURING COVID OR HOW TO COMMUNICATE WITH THEIR LEFT ONES EFFECTIVELY, AND SOME OF THE ADULT THEY CENTERS EVEN.

16:05:41 WE'RE PROVIDING SOME OF THOSE VIRTUAL SOCIAL ENGAGEMENT CLASSES.

16:05:44 AND SO THAT SAID MANY ORGANIZATIONS, AND THE STATE RECOGNIZED EARLY ON THAT THERE WAS THIS: DIGITAL DIVIDE FOR OUR SENIORS IN PARTICULAR THOSE FROM DIVERSE AND RURAL

COMMUNITIES SO RESOURCES SUCH AS THE BROADBAND FOR ALL AND IPAD DISTRIBUTION PROGRAMS FOR CREATED IN AN EFFORT TO REALLY REDUCE THAT DIGITAL

16:06:01 DIVIDE AMONG SENIORS AT THE ALZHEIMER'S, ASSOCIATION.

16:06:04 WE REALLY, HAVE SEEN FIRSTHAND HOW WELL PEOPLE LIVING WITH DEMENTIA AND THEIR CAREGIVERS RESPONDED TO THE VIRTUAL PROGRAMMING, AND FOR THE MOST VULNERABLE IT'S STILL THE FAST THE SAFEST WAY FOR THEM TO CONNECT WITH OTHERS AND IN ADDITION TO THOSE ONLINE PLATFORMS THE

16:06:19 ALZHEIMER'S ASSOCIATION PROVIDES A 31 HELP LINE WHERE CAREGIVERS CAN CALL AT ANY TIME OF THE DAY TO GET INFORMATION, SUPPORT, RESOURCES, AND CONNECTION TO ADDITIONAL SERVICES SUCH AS THE STATE CREATED NEIGHBORHOOD NEIGHBOR PROGRAM WHICH ENCOURAGES CALIFORNIA TO CONNECT USING THE NEXT DOOR WEBSITE OR APPLICATION AND

16:06:38 VOLUNTEERS CAN REALLY USE THE SITE TO SAFELY CHECK IN ON AND CONNECT WITH NEIGHBORS, AND REALLY THAT FOCUS AND EMPHASIZE ON OLDER ADULTS AND CAREGIVERS, AND THEN FROM A DIVERSITY EQUITY AND INCLUSION PERSPECTIVE DIVERSE PROGRAMS AND SERVICES HAVE BEEN ADAPTED TO FACILITATE THE

16:06:51 EASE OF PROGRAM, DELIVERY, BY OFFERING IN LANGUAGE PROGRAMS VIRTUALLY AND THROUGH FACEBOOK LIVE.

16:06:57 AND NOW WE'RE GOING BACK INTO PERSON, AND WE REALLY CAN CONTINUE TO COLLABORATE WITH VARIOUS PARTNERS.

16:07:02 WE'VE HEARD THAT ON THIS CALL TODAY. HOW IMPORTANT IT IS FOR THAT COMMUNITY PARTNERSHIP AND TO COLLABORATE WITH OTHERS, AND SO WE ARE.

16:07:11 WE ARE COLLABORATING WITH THE MEXICAN CO CONSULATE, AND SUCHI FOUNDATION TO JOINTLY OFFER PROGRAMS ADDRESSING THOSE CAREGIVER NEEDS AND SOCIAL ISOLATION.

16:07:20 AND BECAUSE WE RECOGNIZE THAT MANY OF INDIVIDUALS, FACE, LIMITED SUPPORTS AND INTERNET ACCESS FURTHER CONTRIBUTING TO THAT ISOLATION WE'VE ENLISTED THE SUPPORT OF OUR MEDIA PARTNERS TO EXPAND MEDIA CAMPAIGNS TO ENSURE THAT OUR HELP LINE HAS ADDITIONAL VISIBILITY AND DIVERSE COMMUNITIES SO IF CAREGIVERS

16:07:36 DON'T HAVE ACCESS TO A COMPUTER. THEY CAN AT LEAST PICK UP THAT PHONE AND GET THAT SUPPORT ANYTIME OF DAY.

16:07:41 WE'VE ALSO DEVELOPED WHAT'S CALLED THE GOT TO SEE THOUGH NETWORK, WHICH BRINGS SERVICE PROVIDERS IN CALIFORNIA WHO WORK WITH THE LATINO COMMUNITY TOGETHER TO REALLY IDENTIFY THOSE BEST PRACTICES IN SERVICE DELIVERY AND TO LEARN FROM OTHERS HOW DO WE JUST BEST SUPPORT OUR FAMILY CAREGIVERS WHO ARE

16:07:56 EXPERIENCING THIS ISOLATION. WE KNOW THAT ADDRESSING SOCIAL ISOLATION AND LONELINESS IS JUST ONE.

16:08:01 ASPECT OF THE BROADER EFFORT TO ADDRESS MENTAL AND BEHAVIORAL HEALTH FOR OUR CAREGIVERS AND FOR PEOPLE LIVING WITH DEMENTIA, AND FROM A POLICY PERSPECTIVE, I WOULD

SAY THAT THE STATE'S INVESTMENT AND WORKFORCE TRAINING THROUGH THE DEPARTMENT OF AGING AND HEALTH CARE, AND ACCESS INFORMATION REALLY PLACES CALIFORNIA AS A LEADER IN

16:08:19 THIS SPACE, AND IN ADDITION, WITH THE NEW CHANGES TO MEDIC, THE MEDICAL ASSET LIMIT, MORE INDIVIDUALS LIVING WITH THE DEMENTIA DIAGNOSIS MAY BE ABLE TO QUALIFY FOR ADULT DAY HEALTH CENTERS WITHOUT HAVING TO PAY OUT OF POCKET WHICH RESEARCH HAS SHOWN HELPS THEM STAY IN COMMUNITY LONGER MINIMIZES THE TOTAL COST

16:08:35 OF LONG-TERM CARE, AND PROVIDES RESPITE FOR THOSE CAREGIVERS AND INTERACTION.

16:08:39 FOR THE CARE RECIPIENT, SO REALLY REDUCING ISOLATION FOR BOTH.

16:08:43 AND FINALLY, AS WE ARE NOW RETURNING BACK TO IN-PERSON DELIVERY PROGRAMS, THE ALZHEIMER'S ASSOCIATION, ALONG WITH VARIOUS COMMUNITY PARTNERS ARE HOSTING COMMUNITY NEEDS ASSESSMENT FORMS TO LEARN FROM THE COMMUNITY ABOUT WHERE THEY SEE THE GAPS AND CAREGIVER SERVICES AND HOW WE AS

16:08:58 ORGANIZATIONS CAN HELP FILL THOSE GAPS AS IT RELATES TO PROGRAM DEVELOPMENT TO REDUCE ISOLATION AND IMPROVE THE OVERALL MENTAL HEALTH AND WELL-BEING OF OUR CAREGIVERS IN ALL COMMUNITIES IN FACT, ON DECEMBER THIRD IN PARTNERSHIP WITH THE DEL ORAL CAREGIVER RESOURCE CENTER AND

16:09:13 THE CAPITAL CITY. BLACK NURSES ASSOCIATION. THE ALZHEIMER'S ASSOCIATION WILL BE HOSTING AN AFRICAN AMERICAN.

16:09:18 ALZHEIMER'S COMMUNITY ASSESSMENT FOR HIM IN SACRAMENTO, WHERE WE WILL HEAR FROM THE COMMUNITY ABOUT CAREGIVER NEEDS, AND WE WOULD LOVE FOR PEOPLE TO JOIN. US.

16:09:26 SO I WILL PUT THAT FLYER IN THE CHAT ALONG WITH THE ALZHEIMER'S ASSOCIATION 31 HELP. LINES.

16:09:31 SO THANK YOU. THANKS FOR HAVING US TODAY

16:09:33 THANK YOU ALL EXTENDED SOME GREAT INFORMATION THAT YOU SHARED SOME REALLY GOOD NUGGETS OF SOME UPCOMING OPPORTUNITIES FOR THE COMMUNITY TO BE GETTING ENGAGED.

16:09:42 SO THANK YOU FOR THAT. MY NEXT QUESTION IS FOR YOU, BARBARA, SO, BARBARA, AS THE PUBLIC POLICY DIRECTOR FOR ALZHEIMER'S GREATER LOS ANGELES, YOU PROVIDE CRITICAL INSIGHT AND ANALYSIS INTO THE POLICY OPPORTUNITIES FOR INDIVIDUALS WITH ALZHEIMER'S AS WELL AS HER CAREGIVERS WHAT

16:09:58 IS YOURS. SINCE THE PAST CALIFORNIA MIGHT LEVERAGE THE NATIONAL CAREGIVING STRATEGY TO ADVANCE SYSTEM CHANGES OR THIS POPULATION

16:10:05 THANKS, SHAWNTEL IT'S GREAT TO BE WITH YOU ALL TODAY.

16:10:09 I JUST WANNA START OUT BY ACKNOWLEDGING THAT SYSTEMS CHANGE IS REALLY HARD.

16:10:12 IT TAKES A LOT OF TIME. TENACITY. YOU REALLY HAVE TO BE IN IT FOR THE LONG HAUL, AND I THINK THAT KEVIN REALLY IS WELL POSITIONED TO LEVERAGE THIS PLAN BECAUSE JUST THE THE

MEETING THAT WE'RE HAVING HERE TODAY, AND TALKING ABOUT THIS DEMONSTRATES THE COMMITMENT OF STATE GOVERNMENT.

16:10:30 TO THIS AS WELL AS WE'VE BEEN A PARTNER WITH THE STATE FOR IT'S ALMOST A DECADE NOW ON WORKING ON SYSTEMS CHANGE IN THE HEALTH CARE SPACE.

16:10:39 AND SO I'VE SEEN COMMITMENT OVER TIME, BUT I ALSO UNDERSTAND THAT IT DOES TAKE TIME.

16:10:45 SO WE REALLY DO ALL HAVE TO RECOMMIT OURSELVES TODAY TO CONTINUING TO WORK, TO MAKE THOSE SYSTEMS FUNCTION BETTER FOR OUR FAMILIES.

16:10:52 SO I KNOW THAT I'M FOCUSING ON PEOPLE WHO ARE CARING FOR A LOVED ONE WITH ALZHEIMER'S OR ANOTHER FORM OF DEMENTIA.

16:10:58 BUT I'VE ALWAYS BELIEVED THAT IF YOU BUILD SYSTEMS THAT REALLY TRULY SERVE OUR FAMILY AS WELL.

16:11:05 YOU WILL HAVE SYSTEMS THAT SERVE ALL OF US WELL, SO WHOEVER YOU'RE CARING FOR WHAT WE WANT ARE SYSTEMS THAT ARE GOING TO DO A BETTER JOB OF RECOGNIZING YOUR NEEDS I'LL FOCUS ON CHANGE WITHIN THE HEALTH CARE SYSTEM BUT I DO HAVE TO SAY, THAT OUR FAMILIES INTERACT WITH ALL DIFFERENT KINDS OF SYSTEMS SO ONE OF THE THINGS I

16:11:27 LOVE ABOUT THE NATIONAL PLAN IS THAT IT ISN'T JUST FOCUSED ON HEALTH CAREARE.

16:11:30 IT TALKS ABOUT, YOU KNOW, NEEDS IN THE WORKPLACE AND FINANCIAL ISSUES, AND SO I DO THINK THAT EACH OF US WHO ARE ON THIS CALL TODAY THERE'S SOMETHING IN THAT PLAN FOR US TO DO AS INDIVIDUALS WITHIN OUR OWN ORGANIZATIONS IF WE ARE LEGENDARY STAFF IF WE WORK IN A GOVERNMENT AGENCY

16:11:47 THERE'S SOMETHING IN THERE THAT WE CAN ALL DO TO ADVANCE AND MAKE CALIFORNIA A BETTER PLACE FOR OUR CAREGIVERS. SO I DO HOPE THAT WE ALL DO THAT IF WE HAVE ALREADY DONE THAT TODAY SO IN AT ALZHEIMER'S LOS ANGELES WE HAVE REALLY FOCUSED A LOT ON WHAT

16:12:02 CAN WE DO TO IMPROVE OUR HEALTH, CARE, DELIVERY SYSTEMS?

16:12:06 YOU KNOW A LOT OF WORK HAS BEEN DONE TO MAKE THESE OUR SYSTEMS MORE PERSON-CENTERED.

16:12:13 WE ARE, AS JOE MENTIONED, EARLIER. WE ARE USING NOW PERSON AND FAMILY-CENTERED LANGUAGE MORE BUT I'M HERE TO TELL YOU THAT IT'S STILL REALLY TOO OFTEN THE CASE THAT FAMILY CAREGIVERS, ARE AN AFTERTHOUGHT NOW, THEY GET SEEN BY THE SYSTEM, BECAUSE THE SYSTEM KNOWS THEY'RE CRITICAL TO PROVIDING THE CARE FOR

16:12:29 THE PERSON WHO'S BEEN BROUGHT IN WHO'S GOT MEDICAL NEEDS.

16:12:34 BUT IS ANYBODY TURNING TO THAT CAREGIVER AND ASKING THEM, WHAT DO YOU NEED?

16:12:39 DO YOU WANT TO BE ABLE TO PROVIDE THIS KIND OF CARE?

16:12:42 DO YOU KNOW HOW TO DO IT? AND I WOULD SAY 9 TIMES OUT OF 10.

16:12:47 THE ANSWER TO THAT QUESTION IS, GONNA BE NO. SO THE THE NATIONAL STRATEGY, I THINK, ALIGNS BEAUTIFULLY WITH WHAT WE KNOW OUR BEST PRACTICES FOR DEMENTIA, CARE SO WHAT WOULD A DEMENTIA CAPABLE?

16:12:59 HEALTH CARE, SYSTEM LOOK LIKE WELL, IT WOULD BE ONE WHERE, WHEN THAT CAREGIVER GOES IN WITH THEIR LOVED ONE WHO HAS A KIND OF COGNITIVE IMPAIRMENT.

16:13:07 THE MEDICAL STAFF ARE ALSO TALKING TO THAT CAREGIVER, TAKING NOTE OF WHO THEY ARE.

16:13:11 DOCUMENTING THAT INFORMATION IN THE MET RECORD, SO THAT AS THAT PERSON MOVES ACROSS ALL OF THESE DIFFERENT HEALTH CARE SPACES, THERE'S SOME COMMON KNOWLEDGE ABOUT WHO IS THE SUPPORT FOR THIS PERSON AND THEN SORT, OF THE THE DREAM THAT I HAVE IS THAT WE DON'T JUST DO A REALLY GOOD JOB OF ASSESSING THE PERSON

16:13:29 WITH KIND OF IMPAIRMENTS. WE GET OUR ACCURATE DIAGNOSIS.

16:13:32 WE ASSESS THAT CAREGIVER? WHAT DO YOU NEED? BECAUSE JUST BECAUSE YOUR LOVED ROOM GOT A DIAGNOSIS OF ALZHEIMER'S AND DEMENTIA DOES NOT MEAN THAT YOU HAVE THE EXTERNAL TO DO THE KIND OF REALLY INTENSE CAREGIVING SOME SOME PRETTY SIGNIFICANT NURSING CARE THAT YOU MIGHT

16:13:50 BE PROVIDING, AND UNFORTUNATELY WE STILL DON'T HAVE ANY KIND OF INTERVENTION.

16:13:53 THAT'S GOING TO TRULY SLOW THE PROGRESSION OF THIS DISEASE.

16:13:58 SO THEIR NEEDS ARE GOING TO BE CHANGING AS THE DISEASE PROGRESSES, AND SO ARE WE CHECKING IN WITH THEM TO SAY, WHAT DO YOU NEED NOW?

16:14:05 UNFORTUNATELY I ALL TOO OFTEN THAT ISN'T HAPPENING. SO WHAT WE WOULD ALSO LIKE TO SEE IS A HEALTH CARE SYSTEM THAT ENGAGES THESE CAREGIVERS MEANINGFULLY WHEN THEY'RE DEVELOPING THE CARE PLAN BECAUSE AGAIN, IF YOU HAVE A BEAUTIFUL CARE PLAN AND YOU NEVER TURN AND ASK THE CAREGIVER IF THEY WERE

16:14:23 CAPABLE, ABLE, WILLING TO BE A PARTNER IN CARRYING OUT THAT PLAN.

16:14:27 YOUR ODDS OF SUCCESS HAVE JUST DECLINED GREATLY, AND THEN FINALLY AND AGAIN, I THINK THE NATIONAL PLAN DOES A GREAT JOB OF RAISING THIS ISSUE UP.

16:14:36 IS THIS ONGOING NEED FOR TRAINING AND SUPPORT? SO I DO THINK THAT THERE IS A LOT THAT WE CAN.

16:14:42 WE HAVE DONE HERE IN CALIFORNIA, THE CALAIM INITIATIVE, WHICH IS A REDESIGN OF THE STATE'S MEDICAL PROGRAM FROM THE BEGINNING THE STAFF WITHIN THE DEPARTMENT OF HEALTH CARE SERVICE HAS BEEN COMMITTED TO PULLING FORWARD BEST PRACTICES AND WORKING WITH ORGANIZATIONS LIKE ALZHEIMER'S LOS

16:15:01 ANGELES TO EMBED EARLY SOME OF THESE BEST PRACTICES, SO WE CAN BUILD A PROGRAM THAT IS GOING TO BE MORE DEMENTIA CAPABLE.

16:15:10 AND THEN, OF COURSE, THE STATE JUST LAUNCHED. DEMENTIA CARE, AWARE WHICH IS AGAIN BUILT ON BEST PRACTICES ABOUT HOW CAN WE MORE ACCURATELY DIAGNOSE?

16:15:19 AND HOW CAN WE DO A BETTER JOB WITH SUPPORTING THESE CHARACTERS?

16:15:22 SO I DO SEE CALIFORNIA, AS I THINK IT WAS MENTIONED EARLIER TODAY THAT THAT WE'RE A LEADER.

16:15:28 MAYBE IN SOME WAYS, EVEN AHEAD OF THE NATIONAL PLAN THAT WAS DEVELOPED AT THAT PLAN REALLY PROVIDES A LARGER FRAMEWORK FOR THE WORK THAT WE'RE DOING IT.

16:15:39 HELPS IT'S IT'S ANOTHER WAY TO AMPLIFY THE NEEDS HERE AND GET PEOPLE ENGAGED.

16:15:44 AND THEN I REALLY NEED TO COME BACK TO SOMETHING THAT DONNA SAID EARLIER.

16:15:47 AND THIS IS AN ALEXANDRA REFERENCED IT AS WELL.

16:15:52 BUT YOU KNOW ISSUES OF HEALTH, EQUITY. SO IT IS JUST A FACT THAT COMMUNITIES THAT ARE AT HIGHER RISK OF DEVELOPING AN ALZHEIMER'S OR DEMENTIA ARE ALSO THOSE COMMUNITIES.

16:16:04 WHO ARE EXPERIENCING BARRIERS TO CARE. AND SO, IF WE ARE GOING TO MAKE REAL SYSTEMS CHANGE WORK FOR EVERYBODY IN A STATE THAT'S AS DIVERSE AS CALIFORNIA IS, WE NEED TO BE VERY HONEST ABOUT WHAT THOSE BARRIERS ARE WE NEED.

16:16:20 TO UNDERSTAND THAT IN DIFFERENT COMMUNITIES THERE ARE DIFFERENT IDEAS ABOUT WHAT DEMENTIA IS.

16:16:23 THERE ARE DIFFERENT IDEAS ABOUT WHO IS A CAREGIVER. IF YOU'RE NOT IDENTIFYING YOURSELF AS A CAREGIVER, ARE YOU LIKELY TO REACH OUT FOR OFFICIAL CAREGIVER SERVICES?

16:16:35 IS IS INFORMATION BEING PROVIDED IN WAYS THERE ARE CULTURALLY APPROPRIATE THAT ARE LINGUISTICALLY ACCESSIBLE.

16:16:41 ARE WE? NOT DEALING WITH THE FACT THAT THERE ARE A LOT OF FAMILIES?

16:16:45 DON'T HAVE THE MONEY TO BE ABLE TO BRING IN IN-HOME CARE, WHICH IS, I MUST SAY, WHERE MOST PEOPLE WITH AN ALZHEIMER'S OR DIMENSION LIVE THEY ARE NOT ALL LIVING IN, NURSING HOMES, THE VAST MAJORITY OF 85% ARE WITH US IN THE COMMUNITY.

16:16:58 THEY NEED HELP IN THE COMMUNITY, AND THAT HELP IS VERY EXPENSIVE.

16:17:03 SO HOW ARE WE HELPING PEOPLE IN EVERY COMMUNITY ACROSS THE STATE BE ABLE TO BRING INTO THEIR HOMES THE KIND OF PEER THAT THEY NEED, SO THAT THEY CAN STAY IN THEIR HOMES, WHICH IS WHERE MOST PEOPLE WANT TO LIVE AND AND AGAIN AS AS DONNA MENTIONED YOU KNOW COMMUNITIES WHERE THERE'S THERE'S BEEN BROKEN TRUST

16:17:21 FRANKLY BETWEEN THE COMMUNITY AND THE HEALTH CARE SYSTEM, AND WE NEED TO ACKNOWLEDGE THAT.

16:17:26 AND REPAIR THAT SO THAT WE CAN MORE EFFECTIVELY MEET THE NEEDS OF PEOPLE WHO ARE LIVING WITHIN THOSE COMMUNITIES.

16:17:32 SO, ALTHOUGH A LOT OF WORK NEEDS TO BE DONE, WE ARE, I THINK, IN MANY WAYS ON THE RIGHT PATH, AND SO WE NEED TO USE THIS PLAN TO JUST FURTHER ENERGIZE OUR EFFORTS.

16:17:43 MAYBE GIVE US SOME NEW IDEAS ABOUT SYSTEMS THAT WE CAN REACH OUT TO THAT.

16:17:47 MAYBE WE HAVEN'T THOUGHT OF BEFORE THAT WE CAN IMPROVE, BUT I DO BELIEVE THAT WE CAN TAKE MORE STEPS TODAY TO BRING FORTH A STATE THAT BETTER SUPPORTS OUR CAREGIVERS.

16:18:00 WE ASK SO MUCH OF THEM. IT HONESTLY SEEMS LIKE THE LEAST THAT WE CAN DO TO TRY TO BUILD SYSTEMS THAT BETTER MEET THEIR NEEDS

16:18:11 ALRIGHT. THANK YOU, BARBARA, FOR THAT. I'M JUST HEARING JUST A COMMON THEME OF WITH EVERYBODY'S RESPONSES TODAY THAT JUST REALLY LENDS ITSELF BACK TO WHAT THEY GORDON HAD PRESENTED TO US EARLIER WITH COMMITMENT THE COMMUNITY COLLABORATION WHICH IS JUST A BRAID OF ACTION

16:18:25 EQUITY AND IDEA, SO I, THINK WE JUST HAVE SOME GOOD NEGATIVE INFORMATION THAT WE HAVE BEEN PROVIDED TODAY, SOME RESOURCES THAT ARE GOING TO BE SHARED OUT AND THEN THE COMMITMENT OF OUR PARTICIPANTS TODAY JUST LISTENING IN ON THE CALL SO THERE IS A REALLY GOOD STARTING POINT FOR ALL OF US TO CONTINUE THIS WORK THAT BEING THE

16:18:44 CASE I'M GONNA GO AHEAD, AND NOW OPEN IT UP FOR Q.

16:18:47 A. WE DO HAVE SOME QUESTIONS THAT HAVE BEEN PRESENTED IN THE CHAT, SO I'M GONNA READ SOME OF THESE OFF, AND PLEASE PANELISTS FEEL FREE.

16:18:54 IF ANYTHING RESONATES WITH YOU, YOU FEEL LIKE IT'S APPROPRIATE FOR YOU. TO ANSWER.

16:18:57 PLEASE FEEL FREE TO CHIME IN AND GO AHEAD AND ANSWER THESE QUESTIONS AND THEN I WANT TO ENCOURAGE ALL OF THE OTHER.

16:19:04 THE PARTICIPANTS TODAY THAT IF YOU DO HAVE A QUESTION, AND YOU DID NOT PUT IT IN THE CHAT, WE WILL ALSO BE ALLOWING YOU TO RAISE YOUR HAND AND WE WILL CALL ON YOU, AND WE WILL UNMUTE YOUR LINE ALRIGHT SO ONE OF THE QUESTIONS THAT CAME UP IN THE CHAT HERE IS REGARDING THE

16:19:22 CRC. SYSTEMS WHICH ARE OF OF CARE FOR FOCUS OF A 100% ON THE FAMILY CAREGIVER NEEDS AND JUST WANTED TO MAKE SURE THAT PEOPLE KNOW WHERE THEY CAN FIND THESE RESOURCES IN THEIR OWN COMMUNITIES.

16:19:35 IS THERE A PARTICULAR PLACE THAT YOU ALL WANT TO DIRECT FOLKS TO IN YOUR PARTICULAR AREAS, OR A COMMON PLACE WHERE WE CAN DIRECT OUR PARTICIPANTS TO GO TO FIND OUT MORE ABOUT CAREGIVER RESOURCES.

16:19:46 IN THERE, COMMUNITIES.

16:19:48 YEAH, I WELL, I MEAN, SINCE EVERYBODY HERE HAPPENS TO BE ONLINE THEY CAN GO AND JUST GO TO CAREGIVER.

16:19:56 CALIFORNIA.ORG AND WHEN YOU GO TO THAT PARTICULAR WEBSITE YOU CAN FIND THE RESOURCE CENTER IN YOUR AREA BY CLICKING ON A MAP IF YOU'RE MORE MAP-MINDED, YOU CAN PUT IN YOUR ZIP CODE AND THAT WILL GIVE YOU THE DIRECT CAREGIVER RESOURCE CENTER THAT COVERS YOUR AREA.

16:20:17 SO THAT'S CAREGIVER CALIFORNIA.ORG OR JUST GOOGLE CALIFORNIA CAREGIVER.

16:20:22 RESOURCE CENTERS. AND SO THAT'S FOR THOSE WHO AREN'T.

16:20:30 WHO ARE WHO WANNA MAKE A PHONE CALL. YOU CAN ALSO CALL MOST OF THE CAREGIVER RESOURCE CENTER.

16:20:36 SO I WOULD OFFER THAT YOU COULD CALL OUR CENTER AT 1 805, 4 0, 4, 4, 4, 2, 1 800.

16:20:47 SO THAT'S TOLL FREE EVERYWHERE, AND WE'LL DIRECT YOU TO THE RIGHT CAREGIVER RESOURCE CENTER. SO YOU CAN MAKE A PHONE CALL.

16:20:53 OR YOU CAN GO ON THE WEB

16:20:55 THANK YOU FOR THAT, DR. BENTON. DO WE HAVE ANYBODY WITH ANY RAISED HANDS?

16:21:00 WE WANT TO MUTE THEIR LINE, OR JUST ALL THE QUESTIONS IN THE CHAT ROOM LOOKS LIKE THEY'RE ALL IN THE CHAT AT THIS POINT IN TIME.

16:21:08 OKAY. HERE'S JUST THE COMMON QUESTION. I'LL GO AHEAD AND READ THIS OUT.

16:21:12 I WORK REVISION ECOMPANY, SO ORGANIZATION THAT WORKS FOR THE LATINO COMMUNITIES.

16:21:18 MY PROGRAM IS TARGET TO SUPPORT CAREGIVERS, FAMILY MEMBERS TO ENSURE THE DIGNITY A HUMAN GOOD HEALTH.

16:21:25 OUR EFFORTS ARE FOCUSING IN THE FAMILY CAREGIVER TO SUPPORT THEM IN THE PROCESS TO GET ACCESS TO RESOURCES PROGRAMS, AND CREATE A GOOD COMMUNICATION WITH THE MEDICAL NETWORK.

16:21:34 SO THIS MORE OR LESS WAS JUST A COMMENT, JUST SHARING THAT THERE ARE SOME RESOURCES IN THEIR PARTICULAR AREAS THAT ARE REALLY DESIGNED TO JUST THE LATINO COMMUNITY.

16:21:43 SO THAT'S GREAT TO HEAR IF THERE'S ANYTHING IN PARTICULAR.

16:21:47 IS THE KAREN THE THE CARENAV DATA AVAILABLE TO COMMUNITIES AND OTHERS.

16:21:52 THAT MIGHT BE A QUESTION FOR HEATHER.

16:21:56 THANK YOU FOR THAT QUESTION, AND IT REALLY PROMPTS AN IDEA.

16:22:02 WE JUST RECENTLY TRANSITIONED TO THE THE CALIFORNIA DEPARTMENT ON AGING, AND I THINK ONE OF OUR AGENDA ITEMS TO TALK WITH THEM ABOUT IS HOW TO HOW TO DISPLAY THE INFORMATION, BECAUSE WE VERY MUCH WANT TO MAKE IT AVAILABLE TO ALL OF YOU TO BE ABLE TO USE AND THINK ABOUT AND TO BE ABLE TO

16:22:17 INCORPORATE INTO YOUR PLANNING. SO THANKS FOR THAT SUGGESTION IMPLIED IN YOUR QUESTION

16:22:22 THANK YOU. HEATHER. HERE'S THE QUESTION: WHAT ARE SOME OF THE MOST CRITICAL, CRITICALLY OR IMPORTANT ISSUES THAT NEGATIVELY IMPACT QUALITY OF LIFE OR CAREGIVERS?

16:22:33 WHAT ARE SOME SOLUTIONS, AND WHAT WOULD THAT PROCESS TOWARDS CHANGE LOOK LIKE

16:22:40 I'M HAPPY TO ANSWER PART OF THAT QUESTION. SHANTEL, AND I THINK WHAT WE KNOW IS CAREGIVERS.

16:22:45 HEALTH RIGHT? THEY SPEND A LOT OF TIME TAKING CARE OF THEIR LOVED ONE, MAKING SURE THEY GET TO THE DOCTORS.

16:22:52 THEY GET THEIR MEDICINE. THEY GET ALL OF THESE TEST DONE BUT THAT CAREGIVERS, AND I'S EASY TO SAY, YOU KNOW, TAKE CARE OF YOURSELF.

16:22:59 BUT HOW DO WE INCORPORATE THAT? HOW DO WE REALLY, AS PROVIDERS ALLOW THEM THAT SPACE, AND MAYBE THAT'S IDENTIFYING RESPITE CARE, SO THAT THEY CAN GO TO THE DOCTORS OR EVEN GO TO THE GROCERY STORE BY THEMSELVES OR TAKE A WALK WITH A FRIEND BUT I YOU KNOW I THINK IN AN

16:23:14 IDEAL WORLD, AS WELL AS IS WHEN OUR LOVED ONES ARE GOING IN FOR THEIR CHECKUP.

16:23:19 ARE WE ABLE TO HAVE THE DOCTORS OR THE NURSES ENCOURAGE THE CAREGIVERS TO GET THEIR CHECKUP AT THIS SAME TIME, BECAUSE SO OFTEN OUR CAREGIVERS ARE FOCUSED ON WHO THEY'RE CARING FOR AND SO BEING ABLE TO REALLY HELP THEM AS PROVIDERS UNDERSTAND AND

16:23:34 SCHEDULE THOSE APPOINTMENTS FOR THEM, IF NEEDED.

16:23:36 GREAT. THANK YOU, ALEXANDRA, ANY

16:23:41 I WOULD ADD FINANCIAL HEALTH. I THINK THAT'S SOMETHING THAT WE OFTEN DON'T TALK ENOUGH ABOUT, AND THE FACT THAT CAREGIVERS WILL STEP OUT OF THEIR EMPLOYMENT ROLES TO BE ABLE TO PROVIDE CARE AND THEN NOT ONLY DOES THAT AFFECT THEIR INCOME IN THE PRESENT BUT IT AFFECTS, THEIR FUTURE EARNINGS AND

16:23:56 ABILITY TO TO BE ABLE TO BE SAFE IN THEIR IN THEIR OLDER AGE AS WELL, AND I THINK SOME OF THE SOLUTIONS AROUND THAT ARE LOOKING AT HOW TO SUPPORT CAREGIVERS FINANCIALLY WHETHER IT'S THROUGH FEDERAL OR STATE POLICIES LOOKING AT FAMILY LEAVE AND PAID LEAVE WHEN YOU LOOK AT INTERSECTIONALITY.

16:24:13 IF PEOPLE WHO ARE READY OF LOW INCOME AND THEIR CAREGIVING, AND YOU ADD GENDER, AND YOU ADD RACE AND ETHNICITY TO THAT YOU END UP WITH PEOPLE WHO ARE INCREDIBLY HIGH RISK FOR ECONOMIC SACRIFICES AND IT'S A IT'S A REAL BARRIER AND SO THAT'S SOMETHING

16:24:29 THAT THE PRIVATE SECTOR EMPLOYERS HAVE TO THINK ABOUT, AND ALSO THE PUBLIC SECTOR

16:24:34 RIGHT. THANK YOU FOR THAT. INPUT HEATHER

16:24:39 SEEING IF THERE ARE SOME OTHER QUESTIONS LOOKS LIKE THERE'S A LOT OF RESOURCES THAT HAVE BEEN SHARED ALSO IN THE CHAT THAT WE WILL BE ABLE TO PROVIDE AS WELL.

16:24:48 LET'S SEE IF THERE'S ANY ADDITIONAL QUESTIONS HERE ON THAT NOT BEEN ANSWERED

16:24:58 IT LOOKS LIKE A LOT OF THEM ARE MORE JUST COMMENTARY.

16:25:01 I'M SARAH. DID YOU WANT TO CHIME IN ANYWHERE

16:25:03 YES, I DO. ACTUALLY, I JUST WANTED TO MAKE PEOPLE AWARE OF A REALLY IMPORTANT OPPORTUNITY RIGHT NOW THAT'S REALLY TIME.

16:25:11 SENSITIVE, AND IT HAS TO DO WITH SUPPORTING OUR DIRECT CARE WORKERS AND OUR PAID OUR EXCUSE ME, OUR UNPAID FAMILY IN FRONT, CAREGIVERS.

16:25:29 TRAINING AND INCENTIVES PROGRAM FOR DIRECT CARE WORKERS AND FOR UNPAID FAMILY CAREGIVERS SO I'M GONNA PUT THE LINK UP IN THE CHAT FOR PEOPLE TO LOOK AT IT'S A WONDERFUL OPPORTUNITY TO DEVELOP TRAINING AND AND RESOURCES FOR OUR VALUED FAMILY CAREGIVERS SO I ENCOURAGE YOU ALL

16:25:49 TO CONSIDER, APPLYING.

16:25:51 AND I KNOW WE THANK YOU, SARAH. I KNOW WE'RE COMING UP ON THE THE HOUR HERE, SO WHAT I WANTED TO DO IS JUST CONCLUDE OUR PANEL DISCUSSION.

16:25:59 THANK YOU ALL FOR THE QUESTIONS THAT HAVE BEEN SUBMITTED. I WANT TO THANK AGAIN OUR PANELISTS, JOE CARL COBBURY, DR.

16:26:06 DONNA VINCENT, ALEXANDRA CASTILLO, AND BARBARA MCLINTON.

16:26:11 THANK YOU SO MUCH, AND I'LL TURN IT BACK OVER TO YOU. DIRECTOR DE MAROIS.

16:26:14 THANK YOU, SHAWNTEL, AND TO OUR PANEL I MEAN I LOVE THIS VIEW RIGHT NOW.

16:26:19 I JUST FEEL LIKE I WE COULD THROW ANYTHING AT THE FACES THAT ARE ON MY SCREEN, AND WE COULD ANSWER ANY CAREGIVING CHALLENGE THAT FACES ANY OF US SO THANK YOU SO MUCH FOR SHARING YOUR EXPERTISE WITH ALL OF US TODAY AND FOR OTHERS THAT ARE ADDING INTO THE CHAT WE REALLY WANTED TO

16:26:37 MAKE THIS A RESOURCE FOR PEOPLE THAT ARE CALLING IN.

16:26:42 WE DO KNOW, AND WE HEARD IT FROM ALAYNA AT THE OUTSET THAT YOU KNOW OFTEN THE HOLIDAYS, WHETHER THANKS YOU KNOW DECEM NOVEMBER DECEMBER WHEN PEOPLE ARE SEEING LOVED ONES FOR THE FIRST TIME AND WE KNOW NOW YOU KNOW FOR MANY PEOPLE THERE'RE, SEEING THEM FOR THE FIRST TIME

16:26:58 AFTER 2 OR 3 YEARS POTENTIALLY THAT A LOT OF FAMILY MEMBERS DISCOVER THAT SOMEBODY THEY LOVE NEEDS MORE CARE AND SUPPORT THAN THEY HAD IMAGINED BY PHONE OR FACETIME.

16:27:11 SO HEADING INTO THE HOLIDAY SEASON FOR THOSE WHO ARE CAREGIVERS OR WHO SUPPORT CAREGIVERS.

16:27:17 WE WANTED TO MAKE RESOURCES AVAILABLE TO ALL OF YOU, AND WE WILL COMMIT TO MAKING OUR WEBSITE AT THE CALIFORNIA DEPARTMENT OF AGING TO UPLIFT ALL OF YOUR RESOURCES.

16:27:27 WE'RE ABOUT TO DO A ANOTHER POSTCARD MAILING THE DEPARTMENT OF AGING HAS DONE THIS A FEW TIMES TO SEVERAL 1 MILLION HOUSEHOLDS TO ENCOURAGE VACCINATIONS AND BOOSTERS.

16:27:41 WE'RE ABOUT TO DO THAT AGAIN, AND WE MAKE ALL OF THESE NUMBERS AVAILABLE ON THE POSTCARD THAT WE DO AS A DIRECT MAILER.

16:27:50 SO THANK YOU AGAIN, EVERYBODY FOR YOUR TIME FOR WHAT YOU DO.