



SENIOR NUTRITION SERVICES

PARTICIPANT SURVEY

WINTER 2004

PLEASE COMPLETE THIS SURVEY AND RETURN IT TO YOUR SITE COORDINATOR. YOUR COMMENTS WILL BE USED TO IMPROVE OUR FUTURE SERVICES TO YOU.

1. Which dining center do you attend? _____

2. About how often do you attend?

_____ Daily

_____ 4x/week

_____ 3x/week

_____ 2x/week

_____ 1x/week

_____ Special Events Only

3. Overall, how would you rate your dining experience?
(Please check the appropriate box.)



	EXCELLENT	GOOD	FAIR	POOR
APPEARANCE OF FOOD				
TASTE OF FOOD				
VARIETY OF FOOD				
STAFF FRIENDLINESS				
ATMOSPHERE				

4. Which beef dishes would you like to see more of? (Circle all that apply.)

1) Spaghetti w/ meat balls	7) Beef Stroganoff
2) Beef tips w/ peppers and onions	8) Roast Beef w/ Gravy
3) Beef Burgundy	9) Beef Stew
4) Meatloaf	10) Beef Teriyaki
5) Salisbury Steak	11) Other _____
6) Swedish Meatballs	

5. Which of the above dishes do you enjoy the least? _____

6. Which chicken/turkey dishes would you like to see more of? (Circle all that apply)

1) Chicken A La King	8) Chicken Enchilada Casserole
2) Chicken Alfredo	9) Chicken Tetrazini
3) Chicken Fillets w/ _____ Sauce	10) Chicken Curry
4) Oven fried chicken	11) Chicken Teriyaki
5) Baked Chicken Cacciatore	12) Chicken Fajitas
6) Baked BBQ Chicken	13) Roasted Turkey/Hot Turkey Sandwich
7) Baked Chicken Marsala	14) Other _____

7. Which of the above chicken dishes do you enjoy the least? _____

8. Which fish dishes would you like to see most of? (Circle all that apply)

1) Oven Baked Fish 2) Crispy Fish fillet 3) Tuna salad	4) Mock Crab Salad w/dressing 5) Other _____
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9. Which of the above fish dishes do you enjoy the least? _____

10. Which pork dishes would you like to see more of? (Circle all that apply)

1) Polish Pork Sausage 2) Pork Chop w/ gravy 3) BBQ pork patty 4) Sweet and sour pork	5) Sliced Ham 6) Pork Teriyaki 7) Other _____
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11. Which of the above pork dishes do you enjoy the least? _____

12. Which desserts do you enjoy the most? (Circle all that apply)

1) Pudding 2) Cookies 3) Pies 4) Cake	5) Fruited Gelatin 6) Fruit Ambrosia 7) Other _____
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13. Which of the above desserts do you enjoy the least? _____

14. Which fruit do you enjoy the most? (Circle all that apply)

1) Fruit cocktail 2) Cantaloupe 3) Pineapple 4) Apricots 5) Apple 6) Tropical Fruit Salad	7) Peaches 8) Orange 9) Banana 10) Pears 11) Other _____
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15. Which of the above fruits do you enjoy the least? _____

16. Would you like to see some vegetarian entrees on the menu? If so check those that apply

1) Vegetarian Chilli 2) Garden Burger	3) Vegetable Lasagna 4) Other _____
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17. Which ethnic meals do you enjoy the most? (Check all that apply.)

____ Chinese ____ Mexican ____ Southern Style
____ Japanese ____ Italian ____ Filipino

18. Which of the following best describes why you attend this dining center? (Check all that apply.)

____ Tasty food ____ Balanced nutrition
____ Helps to make ends meet ____ Visiting with friends
____ Learning about other services ____ Nutrition education
____ Unable to prepare meals at home ____ Fun activities

19. Nutrition Education Survey

Please choose your top 4 choices for a future nutrition education topic to be presented at your dining center. Mark each of your choices with an "X".

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|---|---|
| <input type="checkbox"/> Food Allergies | <input type="checkbox"/> Vitamins and minerals |
| <input type="checkbox"/> Benefits of Soy | <input type="checkbox"/> Arthritis and nutrition |
| <input type="checkbox"/> Vegetarian Diets | <input type="checkbox"/> Calcium and weight |
| <input type="checkbox"/> Exercise/fitness | <input type="checkbox"/> Dietary supplements – how effective are they |
| <input type="checkbox"/> Reading Food Labels | <input type="checkbox"/> Budget Shopping |
| <input type="checkbox"/> Memory enhancing nutrition | |

20. Other comments/menu suggestions:

Thank you for your time and comments. Please return your completed survey to your site coordinator or mail to:

Janine Brown, Program Manager
Senior Nutrition Services
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Sacramento, CA 95816

