PLEASE COMPLETE THIS SURVEY AND RETURN IT TO YOUR SITE COORDINATOR. YOUR COMMENTS WILL BE USED TO IMPROVE OUR FUTURE SERVICES TO YOU.

1. Which dining center do you attend? ___________________________________

2. About how often do you attend?
   _____ Daily           _____ 4x/week           _____ 3x/week
   _____ 2x/week           _____ 1x/week           _____ Special Events Only

3. Overall, how would you rate your dining experience?
   (Please check the appropriate box.)

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<th>EXCELLENT</th>
<th>GOOD</th>
<th>FAIR</th>
<th>POOR</th>
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<tr>
<td>APPEARANCE OF FOOD</td>
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<td>TASTE OF FOOD</td>
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<td>VARIETY OF FOOD</td>
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<td>STAFF FRIENDLINESNESS</td>
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4. Which beef dishes would you like to see more of? (Circle all that apply.)

   1) Spaghetti w/ meat balls
   2) Beef tips w/ peppers and onions
   3) Beef Burgundy
   4) Meatloaf
   5) Salisbury Steak
   6) Swedish Meatballs
   7) Beef Stroganoff
   8) Roast Beef w/ Gravy
   9) Beef Stew
   10) Beef Teriyaki
   11) Other ___________________

5. Which of the above dishes do you enjoy the least? ______________________________________

6. Which chicken/turkey dishes would you like to see more of? (Circle all that apply)

   1) Chicken A La King
   2) Chicken Alfredo
   3) Chicken Fillets w/ ________ Sauce
   4) Oven fried chicken
   5) Baked Chicken Cacciatore
   6) Baked BBQ Chicken
   7) Baked Chicken Marsala
   8) Chicken Enchilada Casserole
   9) Chicken Tetrazini
   10) Chicken Curry
   11) Chicken Teriyaki
   12) Chicken Fajitas
   13) Roasted Turkey/Hot Turkey Sandwich
   14) Other ___________________

7. Which of the above chicken dishes do you enjoy the least? ________________________________
8. Which fish dishes would you like to see most of? (Circle all that apply)

1) Oven Baked Fish
2) Crispy Fish fillet
3) Tuna salad
4) Mock Crab Salad w/dressing
5) Other ___________________

9. Which of the above fish dishes do you enjoy the least? ___________________________________

10. Which pork dishes would you like to see more of? (Circle all that apply)

1) Polish Pork Sausage
2) Pork Chop w/ gravy
3) BBQ pork patty
4) Sweet and sour pork
5) Sliced Ham
6) Pork Teriyaki
7) Other __________________

11. Which of the above pork dishes do you enjoy the least? ___________________________________

12. Which desserts do you enjoy the most? (Circle all that apply)

1) Pudding
2) Cookies
3) Pies
4) Cake
5) Fruited Gelatin
6) Fruit Ambrosia
7) Other __________________

13. Which of the above desserts do you enjoy the least? ___________________________________

14. Which fruit do you enjoy the most? (Circle all that apply)

1) Fruit cocktail
2) Cantaloupe
3) Pineapple
4) Apricots
5) Apple
6) Tropical Fruit Salad
7) Peaches
8) Orange
9) Banana
10) Pears
11) Other __________________

15. Which of the above fruits do you enjoy the least? ___________________________________

16. Would you like to see some vegetarian entrees on the menu? If so check those that apply

1) Vegetarian Chilli
2) Garden Burger
3) Vegetable Lasagna
4) Other __________________

17. Which ethnic meals do you enjoy the most? (Check all that apply.)

_____Chinese  _____Mexican  _____Southern Style
_____Japanese  _____Italian  _____Filipino

18. Which of the following best describes why you attend this dining center? (Check all that apply.)

_____Tasty food  _____Balanced nutrition
_____Helps to make ends meet  _____Visiting with friends
_____Learning about other services  _____Nutrition education
_____Unable to prepare meals at home  _____Fun activities
19. Nutrition Education Survey

Please choose your top 4 choices for a future nutrition education topic to be presented at your dining center. Mark each of your choices with an "X".

- Food Allergies
- Benefits of Soy
- Vegetarian Diets
- Exercise/fitness
- Reading Food Labels
- Memory enhancing nutrition
- Vitamins and minerals
- Arthritis and nutrition
- Calcium and weight
- Dietary supplements – how effective are they
- Budget Shopping

20. Other comments/menu suggestions:

________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________

Thank you for your time and comments. Please return your completed survey to your site coordinator or mail to:

Janine Brown, Program Manager
Senior Nutrition Services
3013 D Street
Sacramento, CA 95816