What is an ADRC?

The Aging and Disability Resource Connection (ADRC) program serves older individuals, caregivers, and individuals with disabilities with information and access to available long-term services and supports (LTSS) at the local level. ADRCs empower individuals to consider all options, make informed decisions, and access community LTSS that help them meet their personal goals for independence. Based on the principle of a “no wrong door” system of entry, ADRCs build on the strength of existing community agencies, including Area Agencies on Aging and Independent Living Centers and many others, to provide a more coordinated system of information and access for all persons seeking LTSS. ADRC partner organizations minimize confusion, enhance individual choice, and support informed decision making. ADRC partnerships exist in several areas of the state facilitating access to LTSS based on each individual's needs, preferences, and goals.

Local ADRC organizations offer these four core services to consumers:

- Enhanced Information and Assistance – Medi-Cal and non-Medi-Cal LTSS information that can be trusted
- Person-Centered Options Counseling – Person-centered LTSS decision support
- Short-Term Service Coordination – Intervention with at-risk situations and streamlined applications to public programs
- Facility Transition Services – Coordinating transition from costly nursing facilities back to the community

Fast Facts:

- Eight local ADRC partnerships in California
- Technical support is available for other ADRC partnerships in development
- Administered through an Interagency Agreement between the Department of Health Care Services and the California Department of Aging
- The Department of Rehabilitation is a collaborative partner
- Quarterly stakeholder advisory meetings
- Local co-leadership by an existing Area Agency on Aging and an Independent Living Center along with a broad array of extended partner organizations
- Coordination across a broad array of extended partner organizations
- Service and information to any consumer; any age, any disability, any income level regardless of which organization is contacted first
- Streamlined access to a broad array of public and privately funded programs
- Trusted information and decision support about all available LTSS options
- Person-centered planning for dignity and independence
- Supports individuals transitioning from costly facility care

See the California Department of Aging website for more information

https://www.aging.ca.gov/ProgramsProviders/ADRC/