

# California Department of Aging

## Adult Day Health Care Program Narrative

### Program / Element / Component -- 40.50

#### Description

The Adult Day Health Care (ADHC) Program is a community-based day Health program which provides services to frail older persons and adults with chronic medical, cognitive, or mental health conditions and/or disabilities. The purpose is to delay or prevent institutionalization and maintain individuals in their homes and communities for as long as possible. ADHC services include: skilled nursing; physical, occupational, and speech therapies; psychiatric services; social services; nutrition services; activities; and transportation, as necessary.

The ADHC Program is administered under an interagency agreement between the Department of Health Care Services, the California Department of Public Health (CDPH), and the California Department of Aging (CDA). ADHC centers are licensed by CDPH and certified for participation in the Medi-Cal Program by CDA. CDA is responsible for initial certification of new centers, certification renewal of licensed centers, and recommending adverse actions against a center's certification for those centers that are substantially out-of-compliance with program requirements.

#### Benefits

The Program stresses partnership with the participant, the family, the physician, and the community in working toward maintaining personal independence. In some situations, individuals already institutionalized may be placed back in the community with ADHC assistance and support services.

Each ADHC center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan the ADHC services needed to fulfill the individual's specific health and social needs. Services provided at the center include the following: medical services; nursing services; physical, occupational and speech therapies; psychiatric and psychological services; planned recreational activities; social services; hot meals and nutritional counseling; and transportation to and from the center, if needed.

#### Eligibility

Participants must be at least 18 years of age and meet specified criteria for admission. ADHC services are an optional benefit covered by the Medi-Cal Program.

## **Access**

Information on the ADHC Program and how to qualify and receive services can be obtained by calling the statewide toll free line at **1-800-510-2020** or the local Area Agency on Aging listed in the blue-bordered pages of the Community Services section of the telephone book under Senior Information and Referral/Assistance. Information on the ADHC Program is also available on the CDA website at [www.aging.ca.gov](http://www.aging.ca.gov).

## **Background**

Responsibility for Medi-Cal certification of ADHC providers was transferred to the California Department of Aging on 1/1/85 pursuant to CH 1600/84, on a limited basis, and made permanent by CH 1015/87.

Services provided by the Medi-Cal Program are reimbursed on a fee-for-service basis.