

California Department of Aging

Home-Delivered Nutrition Program Narrative

Older Americans Act Title III C-2

Program / Element / Component – 10.20

Description

The Home-Delivered Nutrition Program provides nutritious meals, nutrition education, and nutrition risk screening to individuals 60 years of age or over who are homebound by reason of illness or disability, or who are otherwise isolated. Program goals are targeted to the reduction of social isolation and the promotion of better health through nutrition. Meals meet nutritional standards by incorporating the Dietary Guidelines for Americans and providing a minimum of one-third of the Dietary Reference Intakes (DRIs).

Most home-delivered meal programs provide their clients with a hot meal five days a week delivered by staff or volunteer drivers. In addition, nutrition education is provided and nutrition counseling may be available.

The Program is funded by the federal Older Americans Act (OAA), the State General Fund (GF), local funds, grants, and in-kind contributions. In FY 2008-09, the American Recovery and Reinvestment Act (ARRA) of 2009 awarded \$3,242,063 of additional funding to California's Home-Delivered Nutrition Program to feed seniors in need and to restore nutrition services and local food service positions eliminated due to cost increases and funding losses. The ARRA funding continues through September 2010.

Benefits

Providing meals to homebound eligible individuals is a vital service which in many cases facilitates the individual's ability to remain independent and in their own home. This prevents premature institutionalization and its associated costs.

Eligibility

<i>Income</i>	No requirements
<i>Age</i>	60 and older
<i>Other</i>	Eligible individuals must be 60 years of age or older, homebound by reason of illness, incapacity, disability, or are otherwise isolated. Spouses and caregivers of eligible participants, regardless of age, may receive meals if it is deemed beneficial to the participant. An individual with a disability who resides at home with an older individual may receive a meal

	if it is deemed in the best interest of the homebound senior. The OAA emphasizes serving individuals in greatest economic or social need, older individuals living in rural areas, and low-income minority older individuals.
--	---

Access

Information on the Home-Delivered Nutrition Program and how to receive services is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the California Department of Aging (CDA) website at www.aging.ca.gov.

Current Year Funding Information

<i>Source</i>	OAA federal funds, State GF, local funds, in-kind contributions In FY 2008-09, the American Recovery and Reinvestment Act (ARRA) of 2009 awarded \$3,242,063 of additional funding to California's Home-Delivered Nutrition Program to feed seniors in need and to restore nutrition services and local food service positions eliminated due to cost increases and funding losses. The ARRA funding continues through September 2010.
<i>Allocation Formula</i>	Intrastate Funding Formula
<i>Match Requirements</i>	5 percent State GF 10 percent local program funds 25 percent local administrative funds
<i>Other Funding Information</i>	Transfers: Statewide 40 percent of funds can be transferred between Title III C-1 (congregate) and Title III C-2 (home-delivered); 30 percent of funds can be transferred between Title IIIB (supportive services) and Title III C-1 and Title III C-2. There are no fees for participation in the Program; donations are encouraged.
<i>Funding Cycle</i>	July 1 – June 30