

California Department of Aging
Adult Day Health Care Program Narrative
Medi-Cal State Plan Service
(Community-Based Adult Services Program
Medi-Cal 1115 Waiver Program)

Program / Element / Component -- 40.50

Description

Adult Day Health Care

The Adult Day Health Care (ADHC) Program is a community-based day health program that provides services to older persons and adults with chronic medical, cognitive, or mental health conditions and/or disabilities that are at risk of needing institutional care. The purpose is to delay or prevent institutionalization and maintain individuals in their homes and communities for as long as possible. The majority of ADHC participants are Medi-Cal beneficiaries. On March 31, 2012, the ADHC Program will end as an optional benefit under California's Medicaid State Plan.

Community-Based Adult Services

Effective April 1, 2012, a new program similar to ADHC – Community-Based Adult Services (CBAS) – will begin under California's "Bridge to Reform" 1115 Medicaid waiver. Former ADHC participants who meet the more stringent CBAS eligibility standards will begin receiving CBAS services in approved CBAS centers. In addition to meeting Medi-Cal program and waiver requirements, CBAS providers must maintain an ADHC license.

Under an interagency agreement, the ADHC (now CBAS) Program is administered between the Department of Health Care Services (DHCS), the California Department of Public Health (CDPH), and the California Department of Aging (CDA). CDPH licenses ADHC centers and CDA certifies them for participation in the Medi-Cal Program.

CDA is responsible for initial certification of new centers as Medi-Cal providers, certification renewal, providing ongoing training and technical assistance to centers, and recommending adverse certification actions against centers that are substantially out of compliance with program requirements.

Benefits

The ADHC (now CBAS) Program is an alternative to institutionalization for those individuals who are capable of living at home with the aid of appropriate health rehabilitative, personal care and social services. The Program stresses partnership with

the participant, the family and/or caregiver, the primary care physician, and the community in working toward maintaining personal independence.

Each center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan services needed to meet the individual's specific health and social needs. Services provided at the center include the following: professional nursing services; physical, occupational and speech therapies; mental health services; therapeutic activities; social services; personal care; hot meals and nutritional counseling; and transportation to and from the participant's residence.

Eligibility

<i>Income</i>	Currently eligible for Medi-Cal under a qualifying primary Medi-Cal aid code. (See Other).
<i>Age</i>	Participants must be at least 18 years of age and meet specific medical necessity and eligibility criteria.
<i>Other</i>	<p>Through March 31, 2012, ADHC services were an optional benefit under the Medi-Cal Program for individuals eligible for Medi-Cal.</p> <p>Between April 1, 2012 and June 30, 2012, CBAS services will be provided as a Medi-Cal fee-for-service benefit.</p> <p>Beginning on July 1, 2012, CBAS services will be provided as a Medi-Cal managed care benefit; eligible participants must enroll in their local Medi-Cal managed care plan in order to receive CBAS services. CBAS-eligible participants who do not qualify for Medi-Cal managed care or who do not live in a Medi-Cal managed care county will continue to receive CBAS services as part of the Medi-Cal fee-for-service program.</p> <p>Individuals also may pay “out-of-pocket” for services. Third party payers such as long-term care insurance companies or the Veterans Administration also may pay for services.</p>

Access

Information on the ADHC (now CBAS) Program is available through the statewide toll-free Senior Information Line at **1-800-510-2020**. Information about ADHC/CBAS center locations is also available through CDA's website at www.aging.ca.gov.

Current State Fiscal Year Funding Information (2011-12)

<i>Source</i>	State General Fund (GF), federal Medicaid program (Social Security Act Title XIX).
<i>Allocation Formula</i>	N/A.
<i>Match Requirements</i>	50 percent from the GF and 50 percent from Medicaid.
<i>Other Funding Information</i>	N/A.
<i>Funding Cycle</i>	July 1 – June 30