

# California Department of Aging

## Family Caregiver Support Program

### Older Americans Act Title III E

**Program Code - 3900100**

#### **Description**

The Older Americans Act (OAA) seeks to enable older individuals to maintain their well-being through locally developed community-based systems of services. The OAA Title III E Family Caregiver Support Program provides a variety of services to address the needs of informal, unpaid family caregivers.

The California Department of Aging (CDA) contracts with a statewide network of 33 Area Agencies on Aging (AAA) to plan, develop, and deliver services to older adults, adults with disabilities, and their caregivers. Each AAA is responsible for service delivery in one of 33 geographically designated Planning and Service Areas (PSA). The AAAs may provide services directly or by contract.

The Family Caregiver Support Program (FCSP) provides support to (1) unpaid family caregivers of older adults; and (2) grandparents, or other older relatives, with primary caregiving responsibilities for a child. FCSP services include, but are not limited to:

- Respite Care provides caregivers with temporary in-home or out-of-home relief from caregiving responsibilities.
- Support Services include caregiver assessments, counseling, support groups, and training.
- Supplemental Services provide assistive devices, home adaptations, caregiver registry services, and emergency cash or material aid to assist with caregiving responsibilities.
- Access Assistance includes information assistance, interpretation or translation services, and legal resources for caregivers.
- Information Services include public information and community education.

#### **Benefits**

FCSP services are designed to reduce caregiver burden, enable caregivers to remain in the workforce, and prevent or delay the need for a higher level of care for the care

receiver. Information about the caregiving role and available resources empowers those facing a long-term caregiving situation. Proactive outreach and access to service assistance are vital to preserving and promoting unpaid family support networks. FCSP services help caregivers cope with stress, depression, multiple personal demands, competing priorities, and can reduce reliance on more costly formal supports. The availability of emergency or intermittent respite gives the unpaid caregiver a needed break from their caregiving responsibilities. Limited supplemental services address unique needs that threaten the caregiver's ability to provide care.

## Eligibility

<i>Income</i>	No requirement.
<i>Age</i>	<p>Family caregivers of older adults must be 18 years of age or older.</p> <p>Older care receivers must be:</p> <ul style="list-style-type: none"> <li>• Age 60 years or older, or</li> <li>• Individuals of any age with Alzheimer's disease or related disorder with neurologic and organic brain dysfunction.</li> </ul> <p>Grandparents, or other older relative caregivers of children, must be age 55 or older.</p> <p>Child care receivers must be:</p> <ul style="list-style-type: none"> <li>• Children 18 years of age or younger; or</li> <li>• Individuals of any age with a disability.</li> </ul>

## Access

Information on FCSP is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the CDA website at [www.aging.ca.gov](http://www.aging.ca.gov)

## Current State Fiscal Year Funding Information (2015-16)

<i>Source</i>	<ul style="list-style-type: none"> <li>• OAA federal funds.</li> <li>• Local funds.</li> <li>• In-kind contributions.</li> </ul>
<i>Allocation Formula</i>	Intrastate Funding Formula.
<i>Match Requirements</i>	Federal share shall not exceed 75 percent of total FCSP costs. The non-federal share shall be at least 25 percent of local program costs. Currently, the Area Agencies on Aging meet this requirement.

**Current State Fiscal Year Funding Information (2015-16), *continued***

<i>Other Funding Information</i>	State may not allow more than ten percent of the total federal share and required match to provide FCSP services to grandparents and other older relatives caring for a child.  There is no charge for FCSP services. Voluntary contributions are encouraged.
<i>Funding Cycle</i>	July 1 – June 30.