



# Hubs & Spokes Network for Aging & Disability

*Strengthening and modernizing  
California's statewide foundation and framework for aging  
and adult services*





# Logistics

## **Participants Muted During Presentations**

- Use 'Raise Hand' icon during Q&A portion to request your line be unmuted

## **Closed Captioning is Available**

- Access by clicking the icon at bottom of your Zoom screen

## **Join Us in the Q&A**

- Share your questions and comments using the Q&A icon at the bottom of your Zoom screen

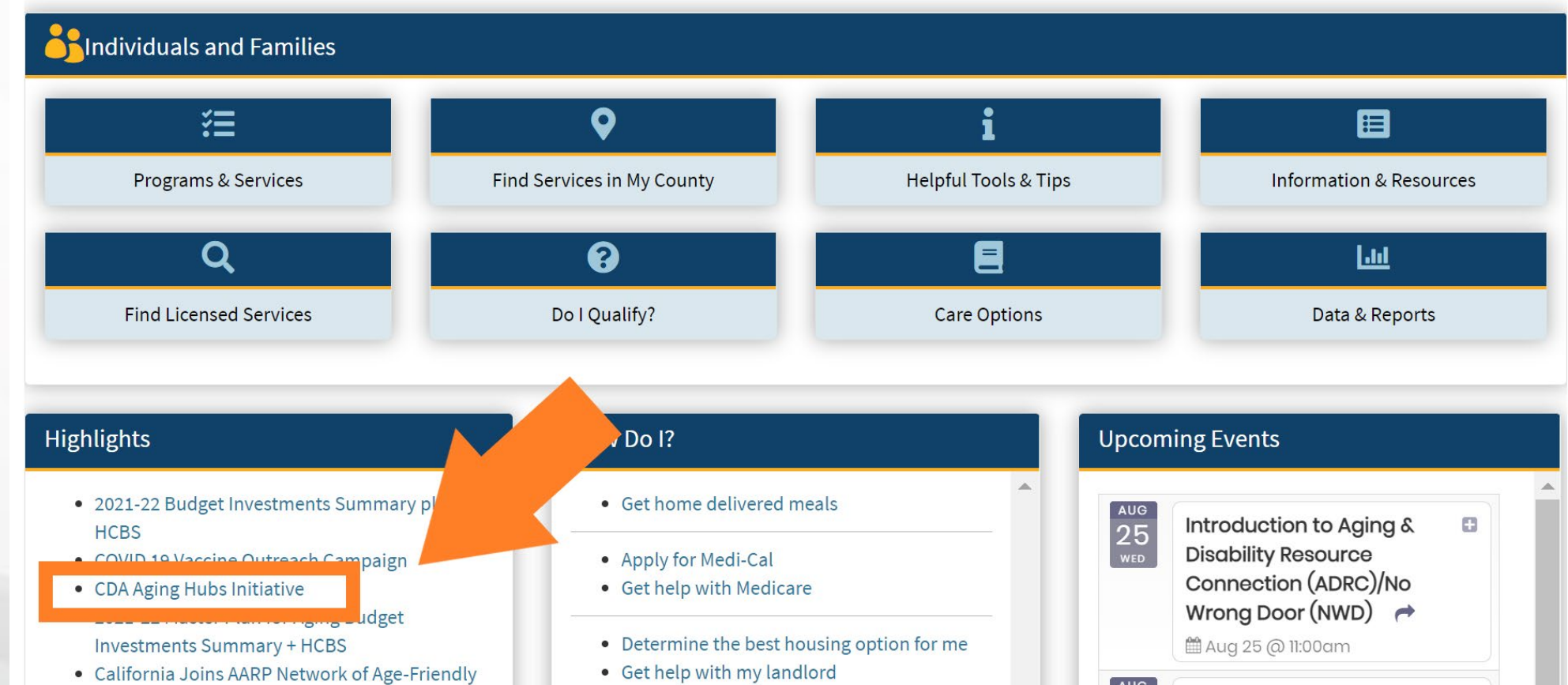
## **Presentation & Recording Will be Archived**

- Visit CDA's YouTube channel or [Hubs & Spokes Network Webpage](#) to access

# Stakeholder Engagement Opportunities (July-Dec)

- ✓ **Initial Kick-Off Meeting (7/8)**
- ✓ **Four Regional Townhalls**
  - ✓ 8/31 Sacramento & Central Valley
  - ✓ 9/14 Bay Area & Central Coast
  - ✓ 9/28 Rural & Remote CA
  - ❑ 10/12 LA & Southern California
- ❑ **Feedback Survey (8/31 – 10/15)**
- ❑ **Leadership Webinars (9/15, 9/22, 10/6)**
- ❑ **Key Stakeholder Group Meeting (ongoing)**
- ❑ **Written Recommendation by Email (by Oct 15)**
- ❑ **Results Briefing (Dec)**
- **Submit all Feedback by October 15**

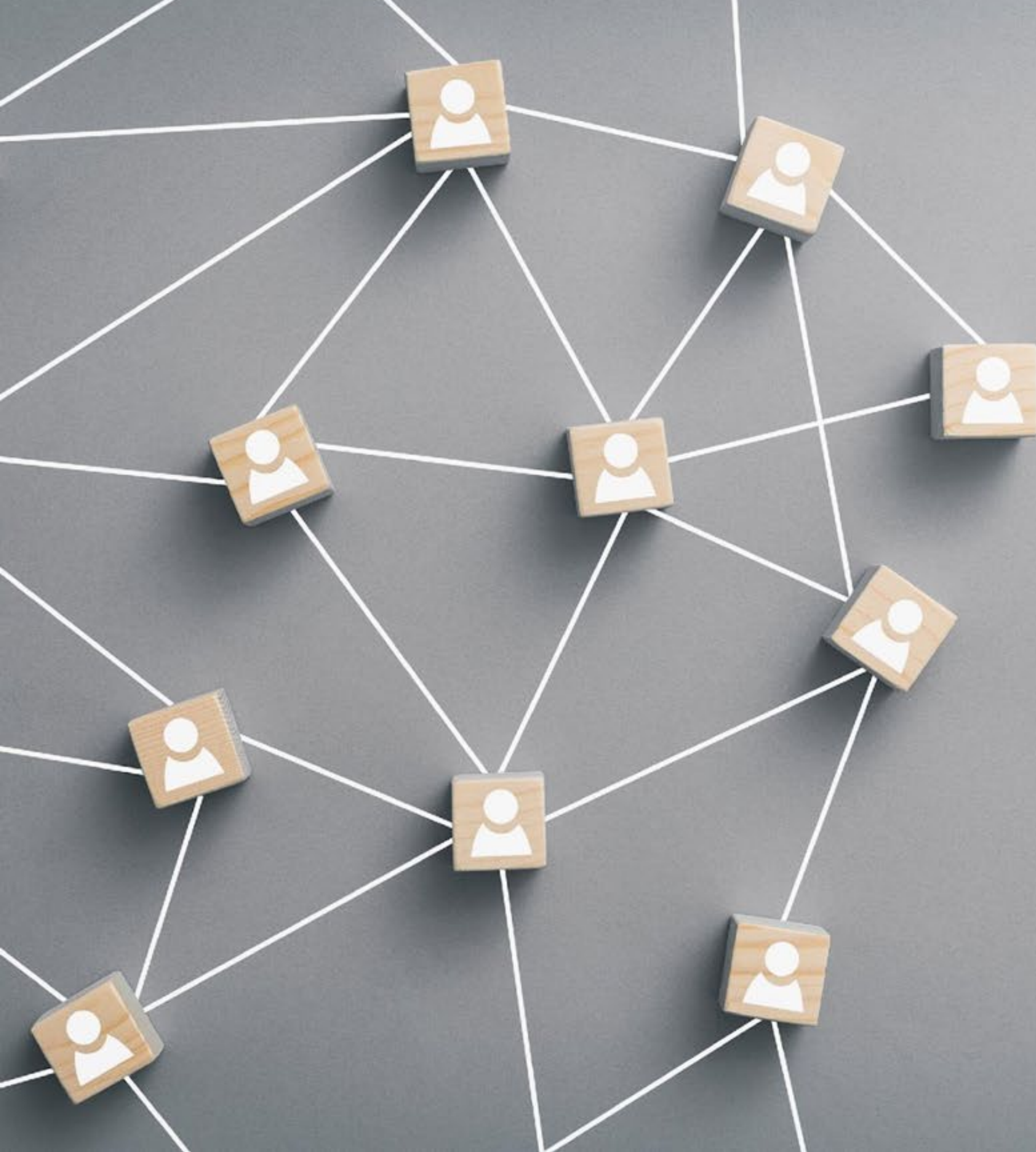




For more information and to keep updated about **Aging Hubs Initiative**, go to [CDA Webpage](#) Highlights Section.

Direct link:  
[Aging Hubs Initiative Webpage](#)





# Next Steps?

- Engagement opportunities to submit feedback open through October 15, 2021.
- CDA and CCoA will host a Results and Recommendation Briefing in December in partnership with CSUS.
- 2022 TBD: Could include state bills, budget, CDA, and/or local actions to develop and advance recommendations

# TODAY'S AGENDA

- I. The Opportunity for CA to Build Back Better**
  - Vision: Hubs and Spokes for Aging and Disability in Every Community
- II. Local Perspective**
  - Opportunities
  - Challenges
  - Recommendations
- III. Public Discussion**

# Building Back Better

Joaquin Anguera, PhD  
California Commission on Aging





# Aging is Changing

1. More and more diverse Californians are living longer.
  - 25% population will be 60+
  - 60+ population will surpass 18 and younger.
2. 88% of Americans prefer to receive assistance living at home or with loved one.
3. Older adults contributing even more work, income, family caregiving, volunteering to communities.



Historic  
Opportunity to  
Recover & Build  
Back Better with  
and for  
**Older and  
Disabled Adults  
and Families of all  
Ages**

### **COVID 19 Accelerator**

- Exposed the strengths and weaknesses in our statewide network of aging, disability, and caregiving services and in the options for older and disabled adults to live at home and communities.

### **Master Plan for Aging Bold Goals**

- Set bold goals and ambitious initiatives in January 2021 to create a California for all Ages by 2030.

### **Historic Investments**

- Includes unprecedented federal and state investment in Older American & Home and Community Living services, navigation, transitions, workforce, and infrastructure.

# Hubs & Spokes

Mark Beckley

Acting Director, California Department of Aging

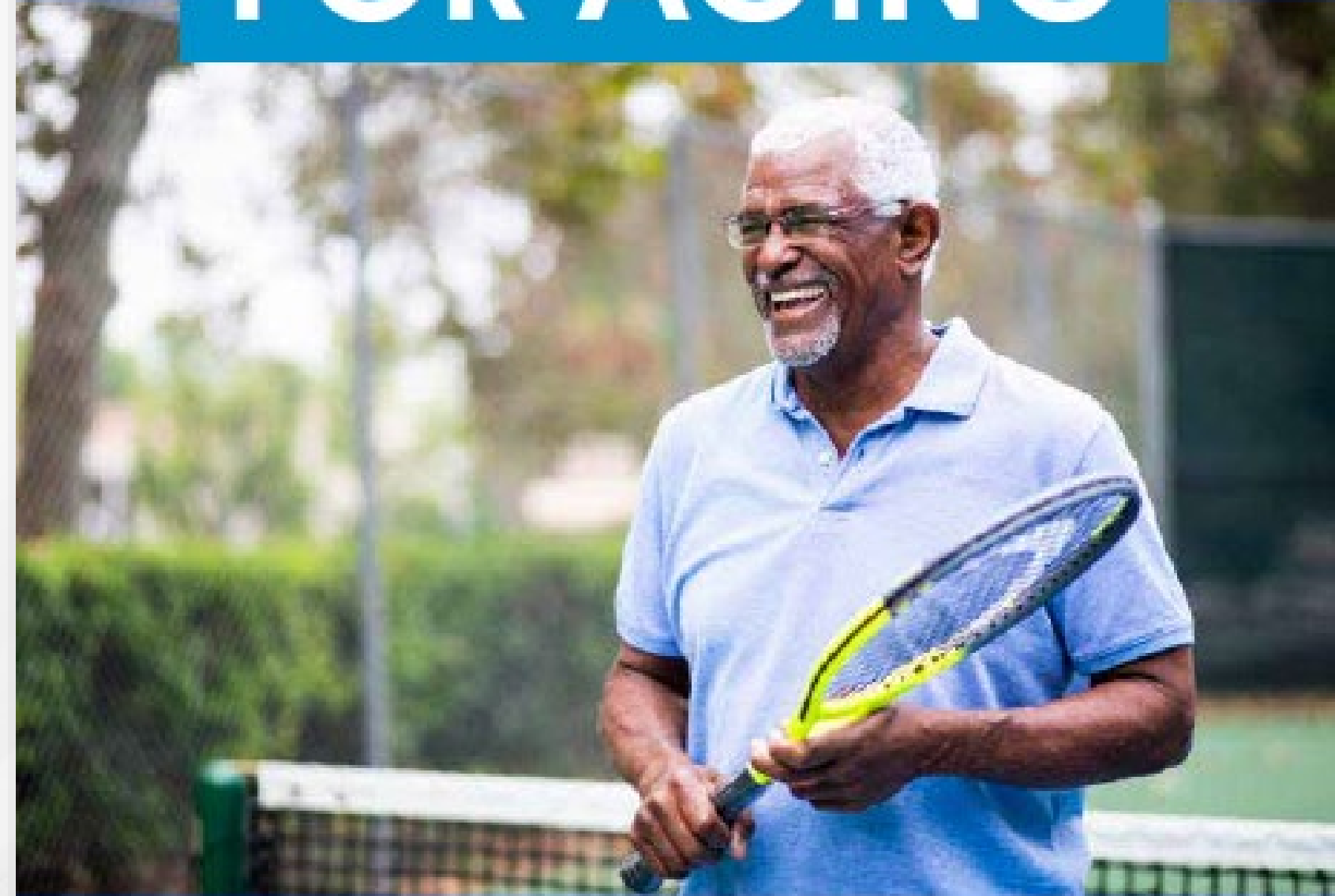


# Master Plan for Aging (MPA) and Leadership (Goal 3, Strategy F)

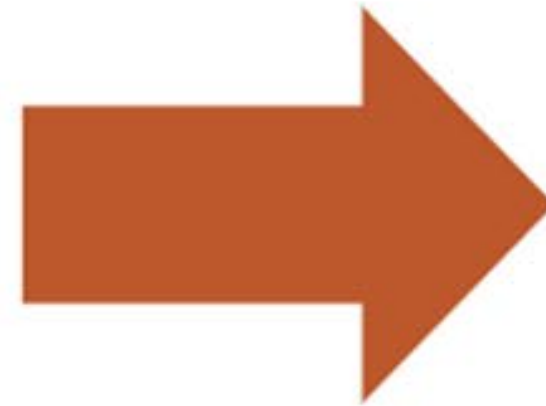
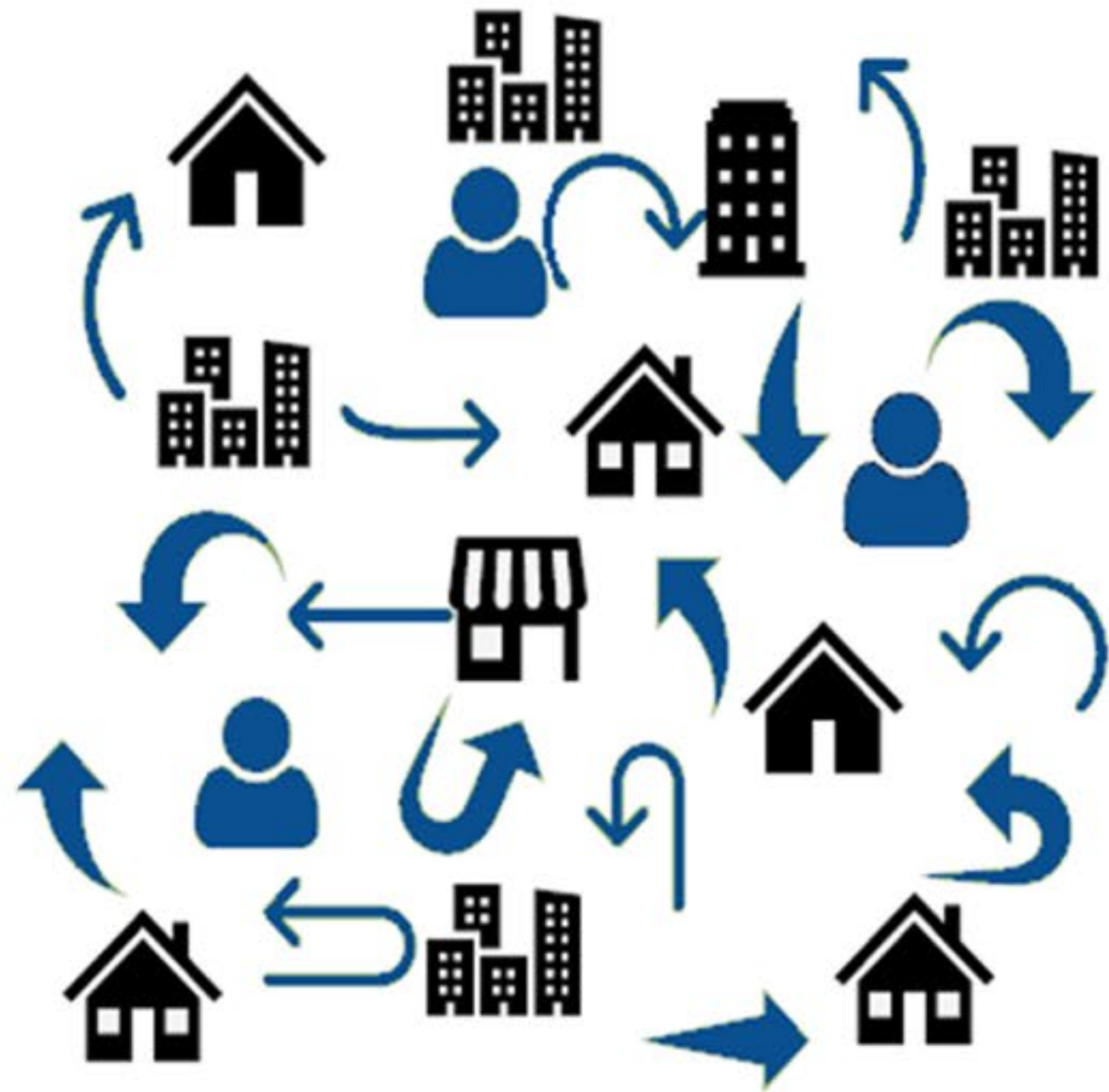
- Revisit California's Area Agencies on Aging local leadership structures to meet the growing and changing needs and advance equity (Initiative #101)
- Build out No Wrong Door statewide for public information and assistance on aging and disability (Initiative #98)
- Create a Governor's Office Leadership Position on Aging, Disability and Alzheimer's

JANUARY 2021

## *Master Plan* **FOR AGING**



# Why Hubs & Spokes? The Consumer Experience



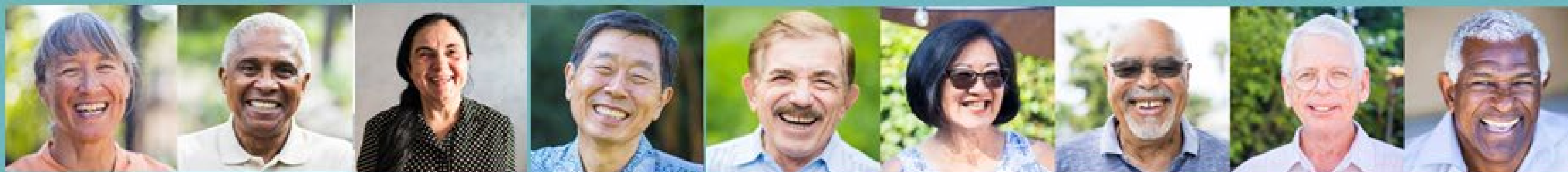


# What is Hubs & Spokes?



**PROPOSAL for DISCUSSION:**  
A Statewide "Foundation and Framework" for every local community to adapt, in order to deliver person-centered, equity-focused, and data-driven services and outcomes to all Californians as we age

# STATEWIDE AGING HUBS INITIATIVE



**One Door  
“Hubs”**

**Services  
“Spokes”**

**Quality**

**Partnerships**

**Tech/Data**

**Fiscal/Admin**

Area Agency on Aging

County Adult Services

CBOs in Aging and Disability

Framework

Foundation



# Local Perspective

Laura Trejo,  
City of Los Angeles,  
Department of Aging



# LOS ANGELES REGION

The process of aging is shaped both by genetic “givens” and by psychological, social, and environmental factors that accumulate and interact to comprise “experience.” **No two people age the same way.** Aging is a dynamic process.



88 cities spread over 4,000+ square miles, people from more than 180 countries, speaking 140 different identified languages

Only 10 States have an older adult population larger than Los Angeles County

By 2030, the older adult population in the Los Angeles region is expected to double, to more than 2.1 million individuals

The older adult population is becoming more racially and ethnically diverse than ever before

Half of 13 year-olds today can expect to blow out candles on their 100<sup>th</sup> birthday cake—and maybe a few more after that

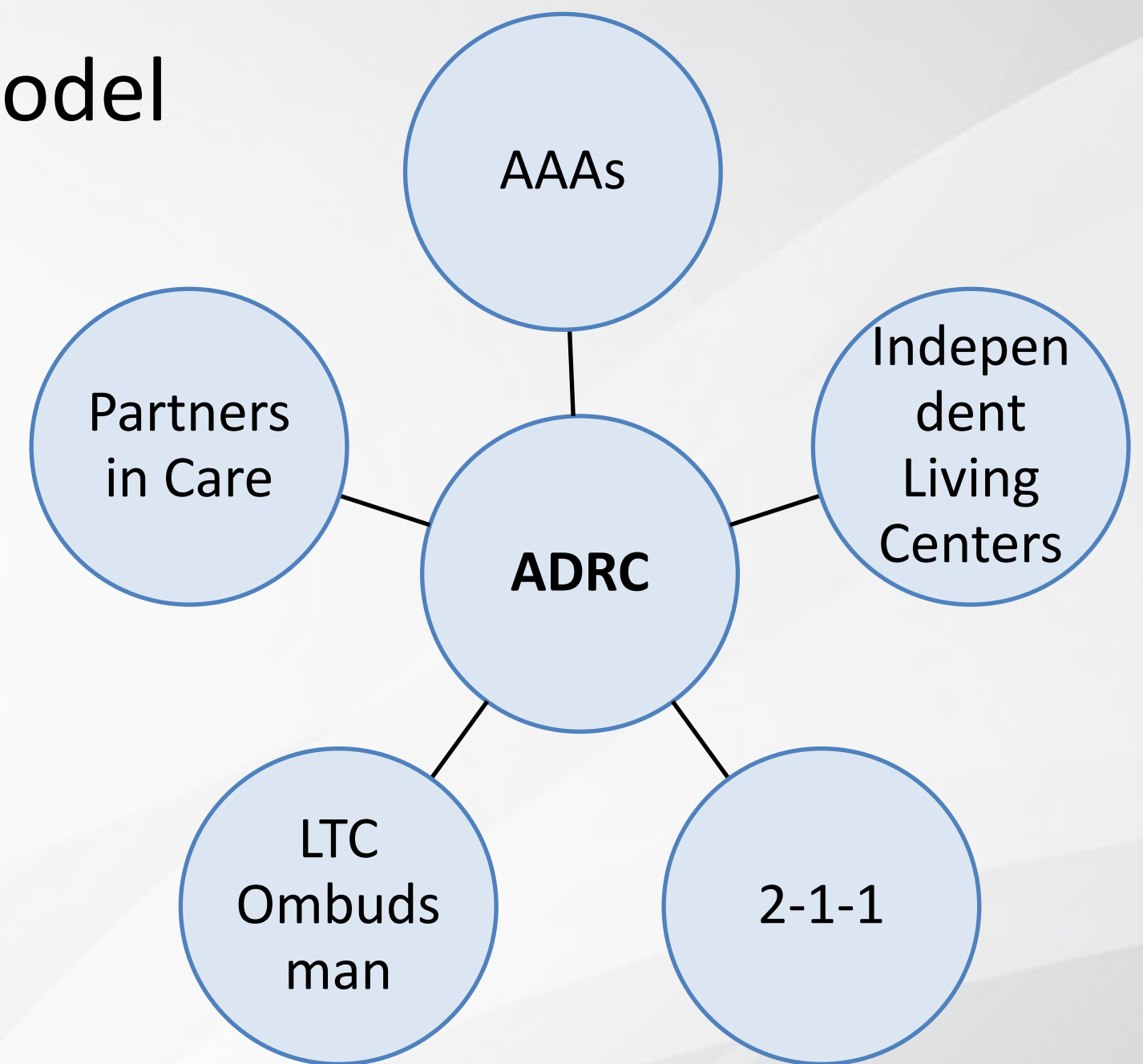
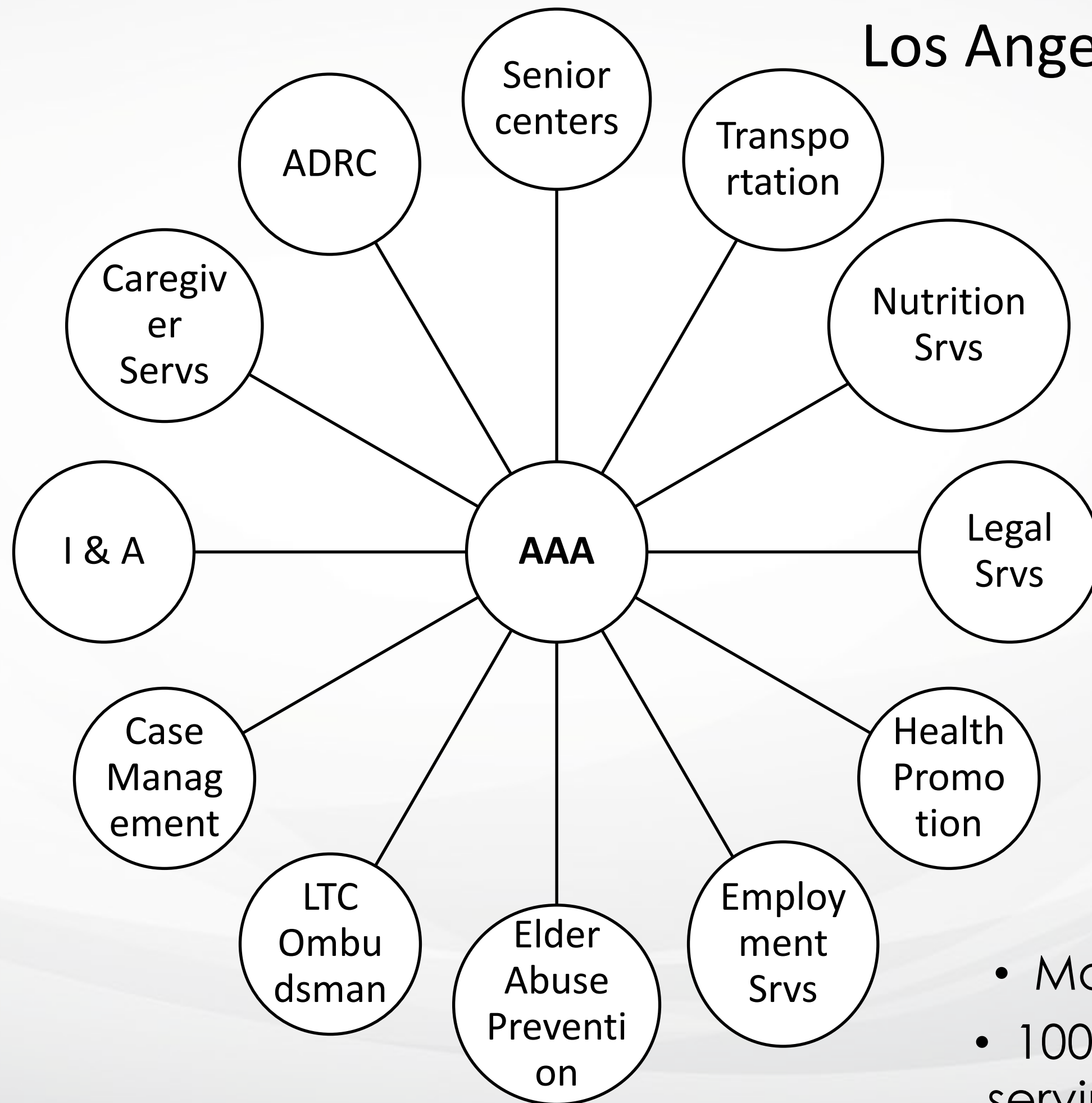
1 in 5 California older adults live here!

# **AAAs in Communities**

- **FOCUS ON A STAGE OF LIFE REPRESENTING 40+ YEARS**
- **ASSESS COMMUNITY NEEDS**
- **LEVERAGE, REPURPOSE, DEVELOP AND FUND PROGRAMS**
- **EDUCATE AND PROVIDE DIRECT ASSISTANCE TO CONSUMERS**
- **SERVE AS PORTAL TO CARE**
- **CUSTODIANS OF THE PUBLIC INTEREST**
- **ENSURE A ROBUST PROVIDER NETWORK**



# Los Angeles Model



Los Angeles Region has:

- 2 Area Agencies on Aging
- 6 Independent Living Centers
- Many government agencies and programs
- 100s of community/faith-based organizations serving older adults and persons with disabilities

## Our Vision:

# To Make The Los Angeles Region The Most Age Friendly In The World



✓ AGE APPROPRIATE

✓ ACCESSIBLE

✓ INCLUSIVE

✓ DEMENTIA FRIENDLY  
Action Plan

34 Recommendations

Leverage our efforts to become an Age Friendly City

- Engaging local coalitions

- USC, UCLA, CSULB - Network of AF Univs

Support each other in creating an Age Friendly region

- 8 Cities have joined

- 30+ expressed interest

Identify best practice strategies, projects and resources

- NCOAs Aging Mastery

- Dementia Friends LA

- BOLD LA

Participate in worldwide movement

- Summer 2018 Dr. Wilber and Ms. Haley Gallo from USC visited European nations

<http://purposefulagingla.com>



# LA in Motion!

- PALA
- Creating a new department of Aging for LA County
- Healthy Brain Initiative
- Los Angeles Aging and Disability Resource Connection
- 2024 Regional Area Plan
- Shared operations beginning with monitoring of common contractors
- Measuring impact through data sharing and performance metrics
- Aligning regional services providers:
  - Digital divide initiative
  - Homelessness
  - Food insecurity
- Stakeholder Engagement:
  - Funder's table
  - Advocates summit
  - Coordinate/mobilize more than 200 County, City, and community-based entities



- Older adult population is here, growing rapidly, increasingly diverse and requiring tailored approaches
  - One size does not fit all.
  - Age is appreciated as a stage of life, not treated as a social problem or disease-like state.
- Speed of change requires a flexible and quick responses - Local is where change happens.
- Growing Needs:
  - Increasing health disparities.
  - A lack of affordable and accessible housing options.
  - A lack of transportation options.
  - Hunger and food insecurity.
  - Economic insecurity.
- Gaps in labor force readiness.
- Lack of disaster preparedness.
- State-level policy changes consistently fail to see that transitions happens at the local level for consumers, not just at the payor source. As a result, AAAs have been consistently excluded as a major stakeholder.



## **CHALLENGES & OPPORTUNITIES**

# Local Perspective

Paul Downey

Serving Seniors





## **Serving Seniors – non-profit agency**

Largest Senior Service Provider in San Diego

- 1.7 million meals FY '21; almost 3 million since pandemic began
- Focus on rebuilding congregate program
- Case Management, including mental health
- Access to healthcare/dental/legal
- Homelessness services; transitional housing
- Permanent supportive housing





## Connections (Partial List)

- County Area Agency on Aging
- County Housing & Community Development
- County Office of Homelessness Solutions
- County Behavioral Health
- City of San Diego Housing Commission
- City of San Diego Office of Homelessness Strategies
- 211 San Diego
- 30 formal collaborative partners



# Challenge – Homelessness

## San Diego – 2020 Point in Time count

- 27% of adults experiencing homelessness are 55+
- 88% became homeless in San Diego
- 2,000 individuals

## Los Angeles – 2020 Point in Time count

- 36% of adults experiencing homelessness are 55+
- 90% became homeless in Los Angeles
- 15,000 individuals





# Recommendations – Homelessness

## Serving Seniors' Needs Assessment

- Older adults need to be unique cohort – economic issues primary cause of homelessness
- Prevention/shallow subsidy (\$300)
- Shelters – dedicated older adult space; consider seniors-only shelters
- Training for providers – link to ADRC's
- Assessment tools not optimized for older adults
- Must be prioritized in planning (not happening now)
- Need for more affordable housing with support services





Comments & Questions



# DISCUSSION:

- How can the State help communities establish a Hubs & Spokes Network for Aging and Disability in your community?
- What are the opportunities & challenges?
- Do you have advice or comments to share?



The screenshot displays the website's layout. At the top, four blue banners with orange borders provide quick links: 'COVID-19 INFORMATION & RESOURCES', 'CALIFORNIA FOR ALL AGES RESOURCES', 'CALIFORNIA CHRONICLES', and 'CALIFORNIA AGING & ADULT INFO LINE'. Below these is a dark blue navigation bar labeled 'Individuals and Families'. The main content area features a grid of eight light blue buttons with icons and labels: 'Programs & Services', 'Find Services in My County', 'Helpful Tools & Tips', 'Information & Resources', 'Find Licensed Services', 'Do I Qualify?', 'Care Options', and 'Data & Reports'. At the bottom, there are three sections: 'Highlights' (with a list including 'CDA Aging Hubs Initiative' highlighted by an orange box and an arrow), 'How Do I?' (with a list of service-related questions), and 'Upcoming Events' (featuring a calendar entry for August 25th).

**COVID-19 INFORMATION & RESOURCES**  
Click here for information and resources on the coronavirus disease (COVID-19)

**CALIFORNIA FOR ALL AGES RESOURCES**  
Click here for resources on combatting ageism and promoting equity

**CALIFORNIA CHRONICLES**

**CALIFORNIA AGING & ADULT INFO LINE**  
Call 1 (800) 510-2020 or click here for local info and assistance for aging and disability services

**Individuals and Families**

Programs & Services

Find Services in My County

Helpful Tools & Tips

Information & Resources

Find Licensed Services

Do I Qualify?

Care Options

Data & Reports

**Highlights**

- 2021-22 Budget Investments Summary plus HCBS
- COVID-19 Vaccine Outreach Campaign
- CDA Aging Hubs Initiative**
- 2021-22 Budget Investments Summary + HCBS
- California Joins AARP Network of Age-Friendly

**How Do I?**

- Get home delivered meals
- Apply for Medi-Cal
- Get help with Medicare
- Determine the best housing option for me
- Get help with my landlord

**Upcoming Events**

AUG 25 WED Introduction to Aging & Disability Resource Connection (ADRC)/No Wrong Door (NWD) Aug 25 @ 11:00am

For more information and to keep updated about **Hubs & Spokes Network for Aging & Disability**, go to [CDA Webpage](#) Highlights Section.

Direct link:  
[Aging Hubs Initiative Webpage](#)



# THANK YOU!



California  
Department  
*of* **AGING**

**CCoA**

California Commission on Aging

Healthy and Purposeful Longevity  
For All Californians

[communications@aging.ca.gov](mailto:communications@aging.ca.gov)