



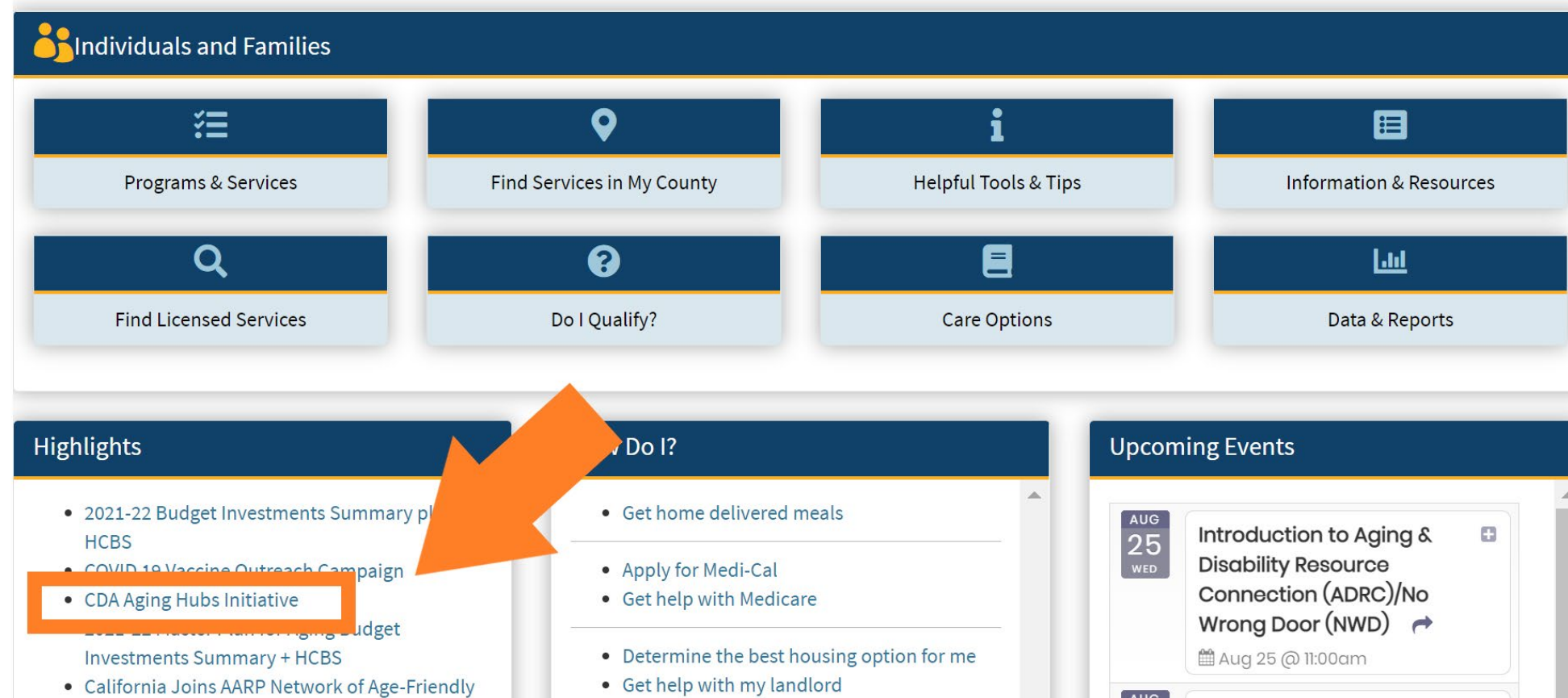
# WELCOME

Carrie England, Executive Director  
State Independent Living Council

# TODAY'S AGENDA

- I. Opportunity for CA to Build Back Better**
- II. Proposed Vision: "Hubs and Spokes" for Aging and Disability in Every Community**
- III. Local Perspective**
  - I. Opportunity**
  - II. Challenge**
  - III. Recommendations**
- IV. Discussion**

## For More Information



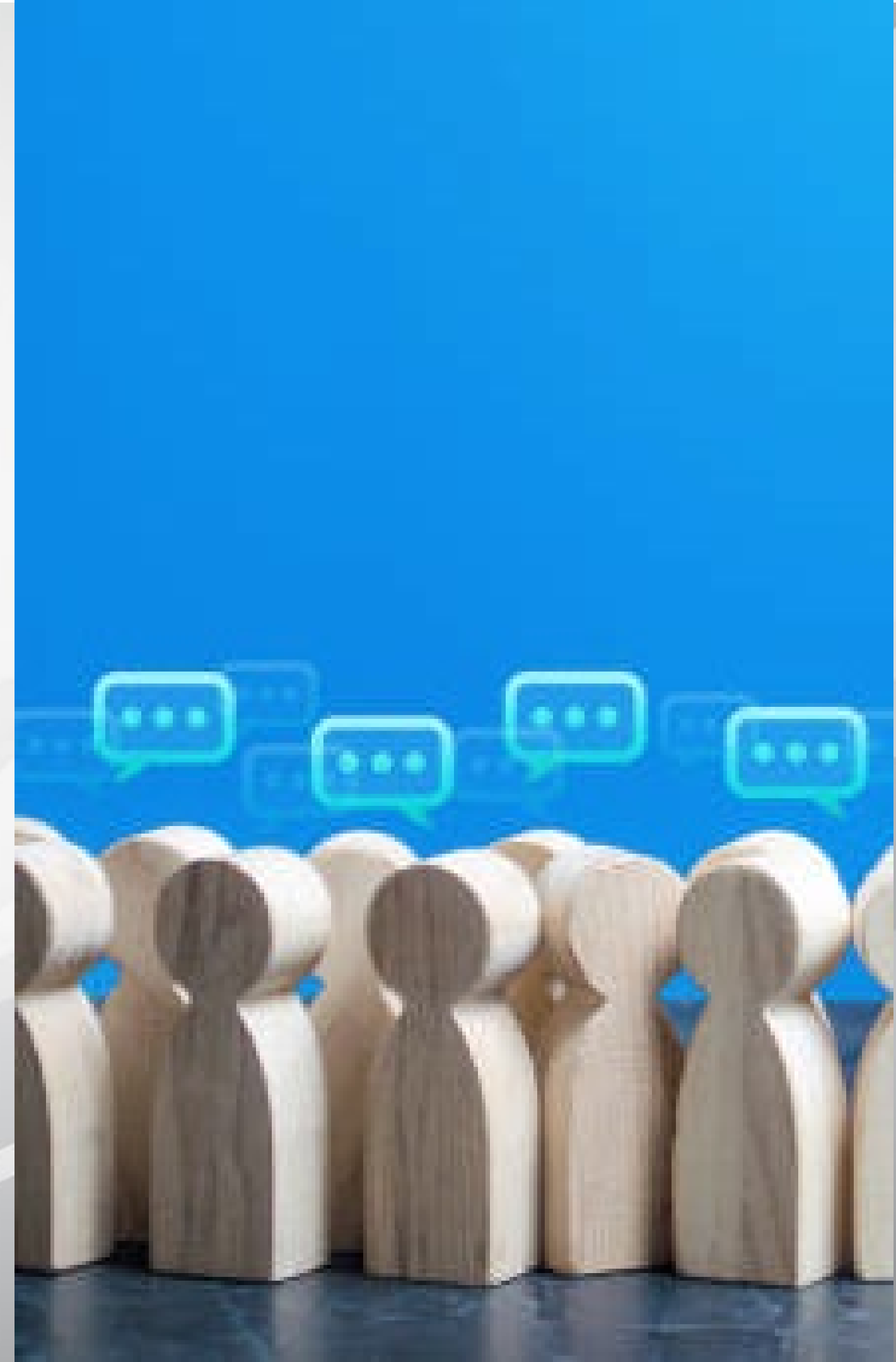
Keep updated about **Hubs & Spokes for Aging and Disability Initiative**, go to:

- [CDA Webpage](#) Highlights Section, or
- Direct link at [Hubs and Spokes Initiative Webpage](#)

Includes resources, e.g.: AAA Maps, Organization, Federal/State/Local Funding, Local Hub Examples, Research on AAA Performance, more

# Stakeholder Engagement Opportunities (July-Dec 21)

- ✓ **Initial Kick-Off Meeting (7/8)**
- ✓ **Four Regional Virtual Townhalls**
  - ✓ 8/31 Sacramento & Central Valley
  - ✓ 9/14 Bay Area & Central Coast
  - ✓ 9/28 Rural & Remote CA
  - ❑ 10/12 LA & Southern California
- ❑ **Feedback Survey (8/31 – 10/15)**
- ❑ **Leadership Webinars (9/15, 9/22, 10/6)**
- ❑ **Key Stakeholder Group Meetings (ongoing)**
- ❑ **Written Recommendation (by Oct 15)**
- ❑ **Results Briefing (Dec 15)**





# Next Steps?

- Engagement & **feedback open through October 15, 2021**
- CDA and CCoA will host a Results and Recommendations **Briefing in December 2021**, in partnership with Cal State Sacramento
- **2022 TBD:** Could include state bills, budget, CDA program, local actions, more to develop and advance recommendations

# Building Back Better

Karol Swartzlander

California Commission on Aging



# Aging is Changing

- More and more diverse Californians are living longer.
  - 25% population will be 60+
  - 60+ population will surpass 18 and younger by 2030
- 88% of Americans prefer to receive assistance living at home or with loved one
- Older adults contributing even more work, income, family caregiving, volunteering to communities

# Historic Opportunity to Recover & Build Back Better with and for **Older and Disabled Adults and Families of all Ages**

## **COVID-19 Accelerator**

Exposed the strengths and weaknesses in our statewide network of aging, disability, and caregiving services and in the options for older and disabled adults to live at home and communities.

## **Master Plan for Aging Bold Goals**

Set bold goals and ambitious initiatives in January 2021 to create a California for all Ages by 2030.

## **Historic Investments**

Includes unprecedented federal and state investment in Older American & Home and Community Living services, navigation, transitions, workforce, and infrastructure.

# Hubs & Spokes

Kim McCoy Wade

Director, California Department of Aging

JANUARY 2021

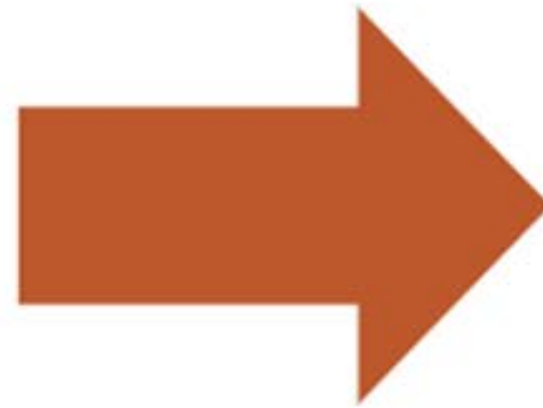
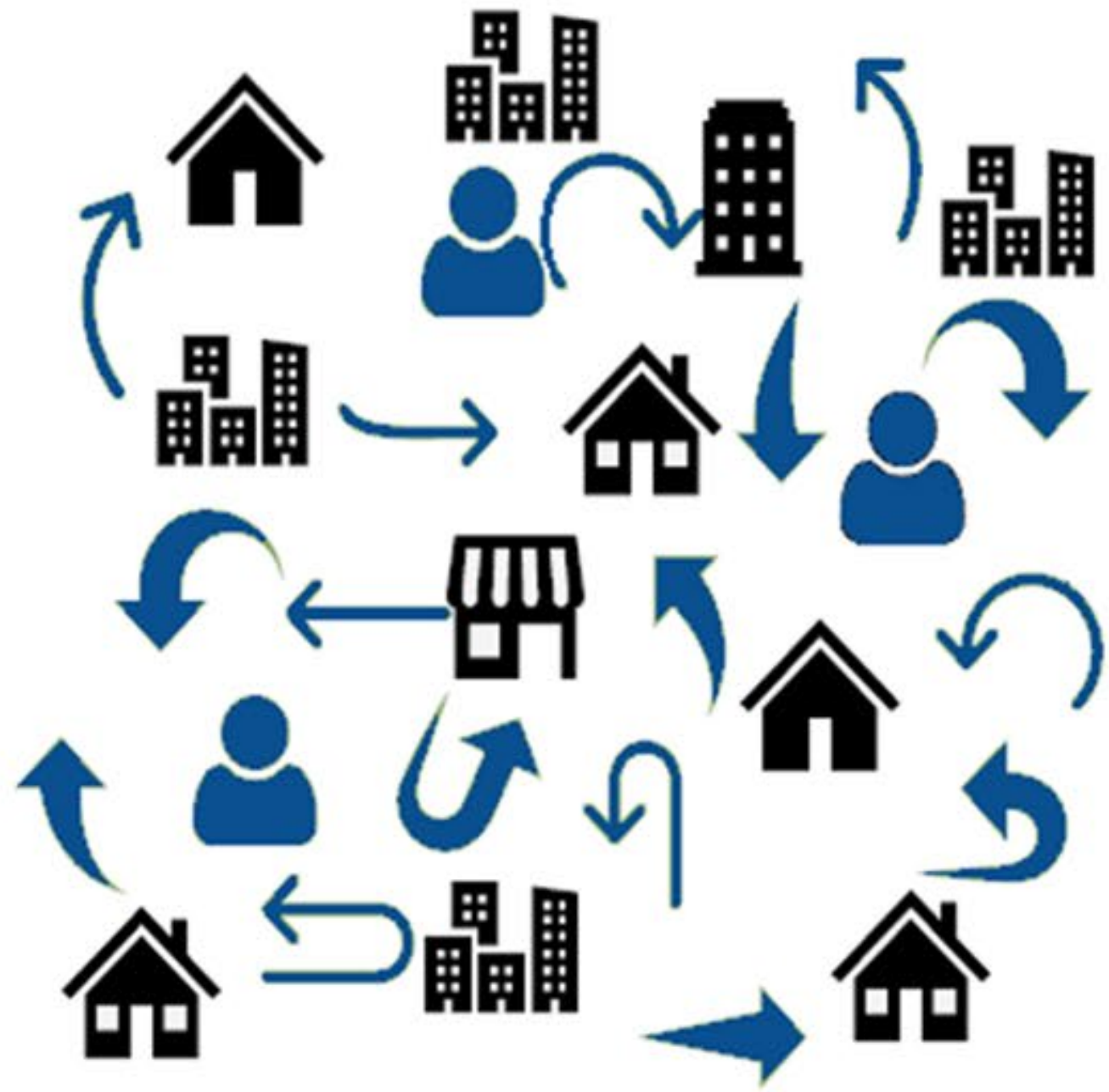
# *Master Plan* **FOR AGING**



## Master Plan for Aging (MPA) and Leadership (Goal 3, Strategy F)

- Revisit California's Area Agencies on Aging local leadership structures to meet the growing and changing needs and advance equity (Initiative #101)
- Build out No Wrong Door statewide for public information and assistance on aging and disability (Initiative #98)
- Create a Governor's Office Leadership Position on Aging, Disability and Alzheimer's

# Why Hubs & Spokes? The Consumer Experience

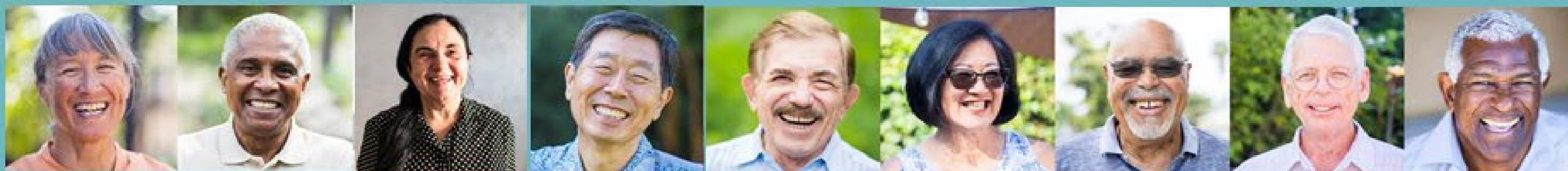


# What is Hubs & Spokes?



**PROPOSAL for DISCUSSION:**  
A Statewide "Foundation and Framework" for every local community to adapt, in order to deliver person-centered, equity-focused, and data-driven services and outcomes to all Californians as we age

# STATEWIDE AGING HUBS INITIATIVE



**One Door  
“Hubs”**

**Services  
“Spokes”**

**Quality**

**Partnerships**

**Tech/Data**

**Fiscal/Admin**

Area Agency on Aging

County Adult Services

CBOs in Aging and Disability

Framework

Foundation

# CFILC ADRC Subcommittee

Megan Granata, Co-Chair

# Local Perspective

Eli Gelardin, CEO Marin CIL



Aging and Disability Resource Connection



Aging and Disability Resource Connection

In 2014, our AAA and ILC leadership recognized the great need for such a resource in Marin. In 2019, Marin's ADRC was formally designated.

Marin CIL: supports people with disabilities, caregivers, and older adults. Services divided into housing preservation, service coordination, and systems advocacy.

AAA: coordinates funding for several critical safety net programs including, food/nutrition, Information & Assistance line (473 Info), IHSS, APS, Ombudsman, and Veterans services.



Aging and Disability Resource Connection

### Core Partners

- Area Agency on Aging
- Independent Living Center

### Extended Partners

- Aging/Disability Advocacy Coalitions
- Federally Qualified Health Centers
- In Home Support Services (& Public Authorities)
- Office of Emergency Services
- Ombudsman Program
- Paratransit
- Regional Center (& providers)
- Other Key County Services & CBOs~ Immigrants Rights, Behavioral Health Services, Coordinated Entry, Veterans Services

### Core Services

- Enhanced Information & Referral
- Benefits Planning or Options Counseling
- Short-term Service Coordination
- Medical Transition Support



Aging and Disability Resource Connection

## Key Opportunities ~

- Partner with peer led and intersectional community-based organizations that center on equity and racial justice
- Provide accurate information about eligibility criteria and application processes for federal, state, and local programs.
- Use person-centered discovery as a foundation to working with the person.
- Help people learn what options are the best fit with their goals and preferences.
- Offer to follow up and support adjustment of options as desired by the person.
- Keep good records to avoid repetition or confusion later.
- Collaborate with other professionals, such as Medicaid eligibility specialists, to speed application processes.
- Consider natural supports and everyday solutions to issues, such as asking a neighbor for help, as a part of organizing options.



Aging and Disability Resource Connection

### Key Challenges

- Clear operating agreements
- Policies and Procedures
- Confidentiality
- Data Sharing
- Service provider role clarity & warm handoffs
- Operating during COVID and wildfires

### Key Advice

- Invest your staff time in regular leadership and service team meetings
- Cross trainings & In-services
- Engage extended partners/subcontract
- Leverage local ADRC Advisory Committee expertise
- Connect with ADRC Peers



Aging and Disability Resource Connection

## Impact During COVID:

- Assembled and delivered over 3,000 PPE packages
- Deployed over 250 caregivers to support ADLs
- Coordinated delivery of 250 weekly hot meals and fresh groceries to community members
- Delivered over 300 gift cards for essential needs totally approx. \$60,000
- Distributed approx. 70 laptops and/or Chromebooks to deter social isolation
- Delivered over 200 high voltage batteries as life saving devices in preparation of Public Safety Power Shut Offs
- Facilitated over 75 transitions from hospitals and/or skilled nursing facilities to home.
- Diverted over 1,250 from entering hospitals and/or skilled nursing facilities.

# Local Perspective

Larry Wanger – Executive Director  
Dayle McIntosh Center



# ADRC

- Designated ADRC in 2019.
- 8 organizations now receiving funding and/or staff positions.
- 14 organizations serve on OCADRC Advisory Committee.
- Also includes strong consumer representation, consistent with IL philosophy.



# ADRC Continued

- Partners representing a wide range of aging and disability.
- Recognition of partner skills, expertise, and trusting them to deliver.
- Built capacity of service providers.
- Established Cross referrals between partners.



# ADRC Cont.

- Creation of a senior housing specialist position
- Addressing behavioral health needs.
- Co-located DMC staff at our IHSS public authority with the goal of improving infrastructure and outreach.
- Funding and supporting strategic initiatives that increase awareness of aging and disability issues and the reach of the OCADRC.



# National Perspective and Key Partnerships

Aaron Carruthers, State Council  
on Developmental Disabilities



# Comments & Discussion

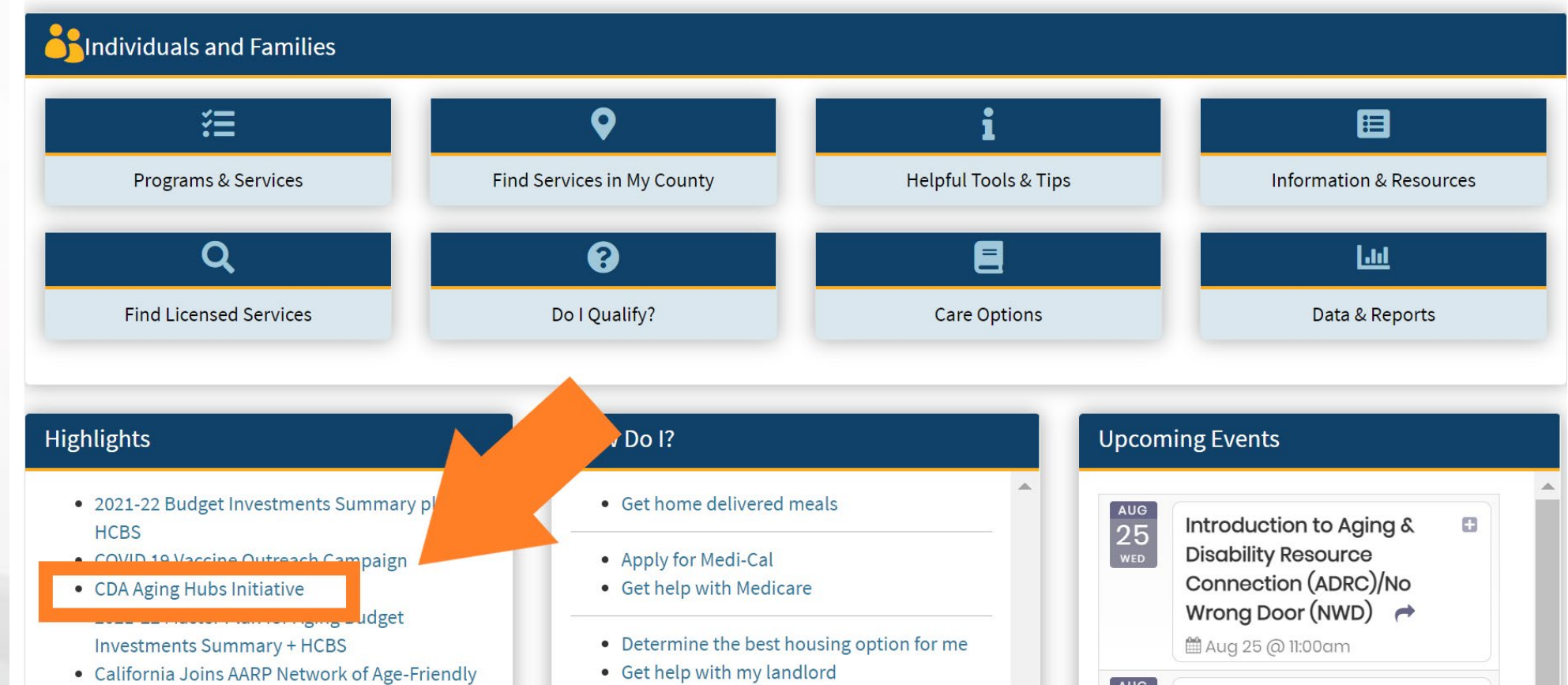


# Commercial - Pacific ADA Center

Jan Garrett

# Closing Remarks

Christina Mills, Executive Director  
California Foundation for  
Independent Living Centers



For more information and to keep updated about **Hubs and Spokes Initiative**, go to [CDA Webpage Highlights Section](#).

Direct link:  
[Hubs and Spokes Initiative Webpage](#)



**Thank you!**