

## CA2030 PROMISING PRACTICES RESEARCH INSIGHTS

Thursday, August 24, 2023 12:00 p.m. to 1:15 p.m.





### Closed captioning and ASL interpreting services are available

• Access by clicking the icons at the bottom of your Zoom toolbar

### Participants are muted during presentations

• Use the 'Raise Hand' icon during the Q&A portion to request your line to be unmuted

### Join us in the Q&A

- Submit your questions and comments using the Q&A icons on the Zoom toolbar
- This webinar is being recorded

### Presentation and recording will be archived

- Visit CDA's YouTube channel to view
- CA2030 webpage: aging.ca.gov/CA2030 for meeting materials



# Mark Beckley, Chief Deputy Director CA Department of Aging

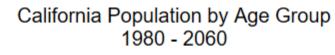


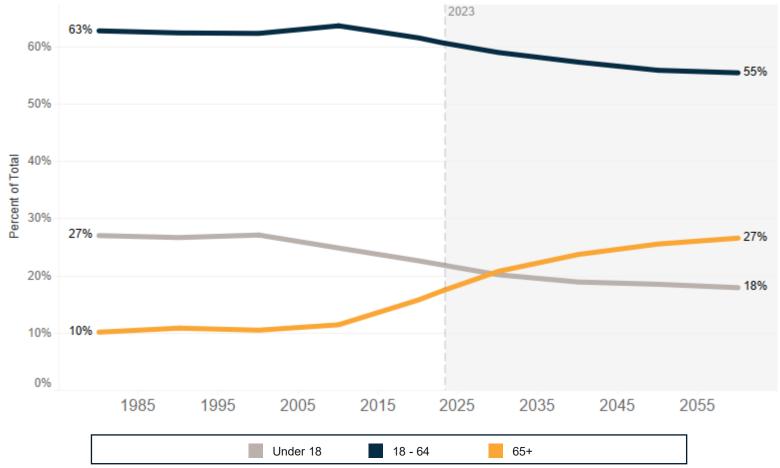


## HOW WE ARRIVED AT CA2030 A Timeline

## California Population by Age Group

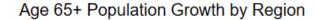






## Age 65+ Population Growth by Region 1980 - 2060







Region	1980 Population Age 65+	2060 Population Age 65+	Percent Change	
Inland Empire	188,724	1,476,126	+682%	
Sacramento Area	106,426	728,994	+585%	
Orange County	161,348	914,839	+467%	
San Joaquin Valley	211,468	1,101,413	+421%	
San Diego Area	200,662	967,858	+382%	
Greater Bay Area	533,805	2,516,355	+371%	
Central Coast	153,082	642,540	+320%	
Los Angeles County	742,478	3,064,289	+313%	
Northern and Sierra	121,071	350,083	+189%	





# January 2021 April 2022 November 2022 January 2023

June 2023

The Master Plan for Aging LTSS Subcommittee submits a Report with five bold objectives:

- . A system that all Californians can easily navigate
- 2. Access to LTSS in every community
- 3. Affordable LTSS choices
- 4. Highly valued, high-quality workforce
- 5. Streamlined state and local administrative structures





#### April 2022

November 2022

January 2023

June 2023

July 2023

Governor Newsom releases the Administration's Master Plan for Aging with five bold goals, 23 strategies and 132 initiatives

 MPA 2021-22 Initiative #101 called on CalHHS Agency to revisit California's AAA local leadership structures including local area map, funding formulas, and designations - via California's Federal Older Americans Act State Plan 2021-2024, to meet growing and changing needs and continue to advance equity.





November 2022

January 2023

June 2023

CDA, in consultation with CSU Sacramento, reports out to stakeholders on feedback solicited from a series of "Hubs & Spokes" webinars and townhalls.

July 2023

### November 2022



January 2023

June 2023

July 2023

CDA engages Collaborative Consulting in a oneyear contract to lead statewide CA2030 project & steering committee, a focused effort to examine the AAA/aging network in six core areas:

- 1. Programs and services
- 2. Funding sources and capacities
- 3. Key performance measures
- 4. Governance
- 5. Geography and demographics
- 6. Branding, communications, and outreach

C4A - Michael Costa, Aneliza Del Pinal, Victoria Jump, Pam Miller

**CCOA -** Karol Swartzlander, Rita Saenz

**CFILC -** Eli Gelardin, (Executive Director vacant)

**CSAC -** Justin Garrett, Supervisor Rosemarie Smallcombe

**CWDA -** Diana Boyer, Deborah Martinez

California





June 2023

July 2023

Governor Newsom releases 2023-24 Master Plan for Aging Initiatives

### Goal 3, Strategy F, Initiative 74:

"Ease consumer navigation and streamline state and local structures for service delivery by thoughtfully examining the statewide Area Agencies on Aging (AAA) network and making recommendations on AAA governance, geographic boundaries, funding opportunities, core services, performance measures, and shared marketing/branding."





July 2023

The federal Administration on Community Living (ACL) releases Notice of Proposed Rulemaking calling for public input for the first time since 1988 on the Older Americans Act (OAA).





CDA launches California's first-ever Community Assessment Survey for Older Adults (CASOA) in multiple languages in all 58 counties in partnership with AAAs and CBOs.

### **CA 2030 PROMISING PRACTICES RESEARCH**

Collaborative Consulting & The California Department of Aging August 24, 2023





**IDEAS TO ACTION** 



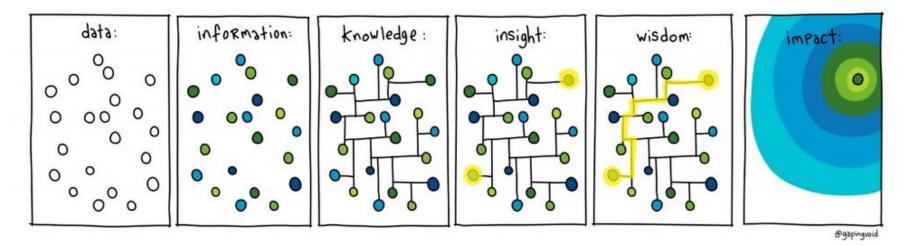
### **CA 2030 PROJECT DESIGN & TIMELINE**





### MULTIPLE PHASES AND METHODS OF RESEARCH

COLLABORATIVE CONSULTING Where ideas evolve into action



#### **RESEARCH**:

Stakeholder Perspectives (June 23, 2023)

AAA Stakeholder Perspectives (July 24, 2023)

**Promising Practices (TODAY'S FOCUS)** 

**Trends & Projections Data** 

**Older Adult Needs Assessment (CASOA)** 

### **METHODOLOGY**

- COLLABORATIVE CONSULTING
- Common and promising practices are policies, standards, models, and/or activities designed, planned, and/or implemented to solve a system's external and/or internal challenges.
- These may not all apply to California.
- We explored practices located outside of California.
- The findings do not imply that certain practices are not already happening in California.
- This webinar features only some of the practices shared in the report.

#### **States Researched**

AL, CO, PA, FL, IL, NY, OH, TX, RI, WA, WI, etc.

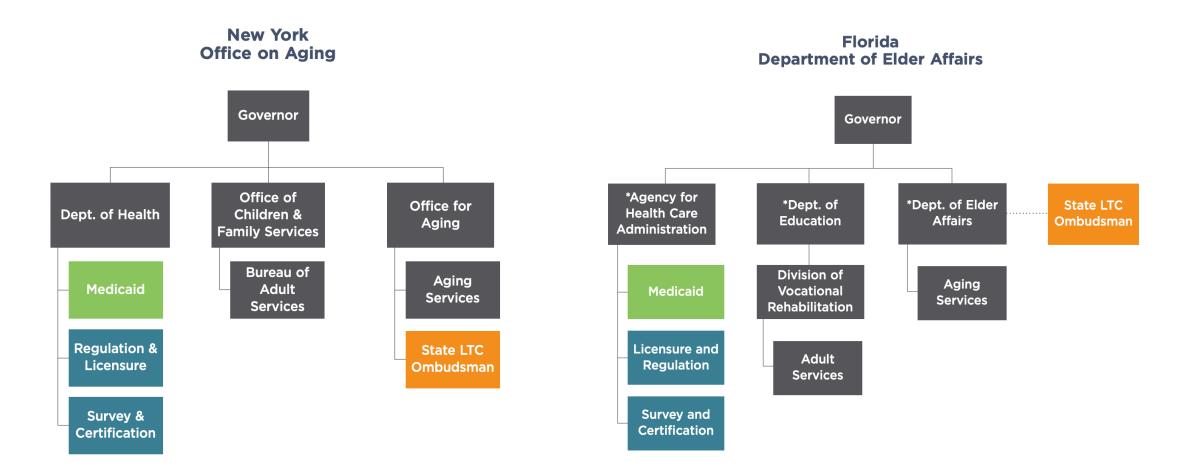
#### **Focus Areas**

- 1. Governance
- 2. Programs and Services
- 3. Funding Sources and Capacities

- 4. Key Performance Measures
- 5. Branding, Communications and Outreach
- 6. Geography and Demographics



#### State Units on Aging (SUAs) that report directly to a governor claim to be optimal.



# PROMISING PRACTICES **GOVERNANCE**



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State Units on Aging (SUAs) that report directly to a governor claim to be optimal. Many states use manuals to easily communicate and update policies and procedures. Some states are modernizing state-level aging services policies and processes. Some states have reduced the number of PSAs to improve cost efficiencies. Some states that restructured their PSAs / AAAs invited AAAs to inform plans.

### PROMISING PRACTICES PROGRAMS & SERVICES



#### Many states establish a set of core services.

**Office of Healthy Aging** Governor \*Executive Office of Health & Human Services Children, Behavioral Veterans Human Healthcare, I/DD Health Youth & Services Aging Services & Hospitals Families ACCESS Information & Assistance • State Health Information Program CONNECT Respite Services Food & Nutrition • In-Home Support (Home Care & Adult Day Health Center Programs) Senior Center Services PROTECT Elder Protective Services LTC Ombudsperson Volunteer Guardianship Program

**Rhode Island** 

• Senior Medicare Patrol

### PROMISING PRACTICES PROGRAMS & SERVICES



Many states establish a set of core services.

States are collecting and utilizing consumer data via common intake forms.



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States use waitlists to strengthen funding advocacy efforts.



#### States revise funding formulas (IFFs) to reflect demographic changes and equity priorities.

Minnesota	Previous IFF	IFF Proposed by SUA (2023)	IFF Proposed by Rural AAAs	
Pop 60+	55%	30%	20%	
Low Income	20%	20%	20%	
Minority	10%	15%	15%	
Rural	10%	15%	25%	
Pop. Density	5%	5%	5%	
Disability Rate	0%	10%	5%	
60+ Living Alone	0%	5%	10%	



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Private pay is an allowable option for states and AAAs; some pursue it to expand services.







Service Navigator



### **COST COMPARISON**

#### Which would you prefer?



\*Source: Genworth 2020 Survey of Maryland Median Costs \*\*Source: Based on current available options, MDoA. Cost varies by CFL<sup>SM</sup> partner. (10/2021)



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Private pay is an allowable option for states and AAAs; some pursue it to expand services. States achieve funding increases in a variety of ways.

State aging networks are becoming more involved in Medicaid policies and activities.



#### States are strengthening data systems to measure, monitor, and improve performance.

#### FLORIDA 60+ POPULATION COMPARED TO SCREENED AND SERVED CLIENTS

Characteristic 60+	Florida 60+ Population	Percent 60+	Number of Service Recipients*	Receiving or Screened for Services*
Below 100% of Poverty Level	576,867	11%	52,472	43%
Living Alone	972,146	18%	43,804	36%
Minority	1,545,786	29%	61,972	51%
Minority Below 100% of Poverty Level	268,408	5%	36,242	30%
Rural Areas	505,588	9%	6,804	6%
Limited English Proficiency	347,573	6%	28,930	24%

# PROMISING PRACTICES **KEY PERFORMANCE MEASURES**



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### PROMISING PRACTICES BRANDING, COMMUNICATIONS & OUTREACH

#### States are branding common statewide programs.





#### of CATTARAUGUS COUNTY (800) 342-9871 (716) 373-8032



of SULLIVAN COUNTY

(800) 342-9871

Where ideas evolve into action



**COLLABORATIVE** CONSULTING

(845) 807-0257



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- Many organizations are investing in reframing aging trainings and initiatives.
- Some AAAs are radically reinventing themselves.
- Campaigns are designed to address specific issues and target specific audiences.
- States and local agencies evaluate communications campaigns to improve performance.

COLLABORATIVE CONSULTING

States are addressing geographic and demographic challenges through funding formula changes, AAA consolidation/restructuring, and special initiatives.

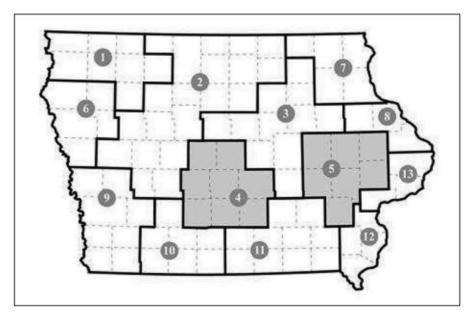
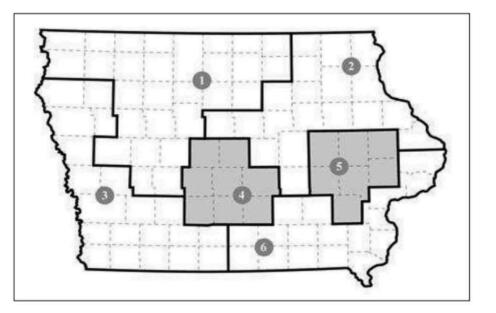


Figure 1. County coverage by 13 AAA before consolidation (FY2010-2013).

Note. Areas 4 and 5 (in gray) did not undergo geographic consolidation of AAAs. In the quasi-experimental design, the counties in these areas served as control counties whereas others served as treatment counties. AAA = Area Agencies on Aging.



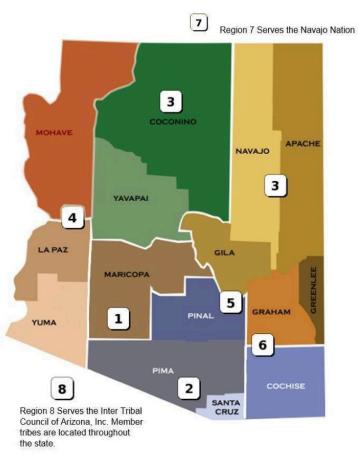
### **Figure 2.** County coverage by six AAA after consolidation (FY2014-present).

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- Many states support tribal and indigenous groups and organizations.
- More AAAs are adopting community health worker programs to improve outreach engagement with hard-to-reach populations.
- Equity frameworks are being used to better (re)design systems and programs.

Q&A





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### Thank you for participating in today's webinar!

# For additional resources and information on how the project is progressing: <u>CDA CA 2030 Website</u>