

California Department of Aging
Health Promotion Evidence-Based Program
Older Americans Act Title III D

Program Code:

The Older Americans Act (OAA) Title III D Health Promotion Evidence-Based Program code is 3900100.

Description:

The OAA seeks to enable older individuals to maintain their well-being through locally developed community-based systems of services. The OAA Title III D Health Promotion Evidence-Based Program provides evidence-based programs to improve health and well-being and reduce disease and injury. Effective July 1, 2016, Title III D programs and activities must be approved as evidence-based by the U.S. Department of Health and Human Services or have demonstrated through rigorous evaluation to be effective in improving the health of older individuals. Title III D evidence-based programs include activities related to the prevention and mitigation of the effects of chronic diseases (including osteoporosis, hypertension, obesity, diabetes, and cardiovascular disease), alcohol and substance abuse reduction, smoking cessation, weight loss and control, stress management, falls prevention, physical activity, and improved nutrition.

Individuals participate in services in a variety of settings including multipurpose senior centers, community centers, congregate nutrition sites, and in their homes.

Benefits:

The Program promotes healthy aging and maintenance of optimal physical, mental, and social well-being in older adults. An active healthy lifestyle can contribute to an older adult's independence and quality of life.

Eligibility:

Eligibility Factor	Description
Age	60 or older
Income	No requirement
Other	Not applicable

Access:

Information on the Disease Prevention and Health Promotion Program is available through the statewide toll-free Senior Information Line at **1-800-510-2020** and the [California Department of Aging](http://www.aging.ca.gov/) website (<http://www.aging.ca.gov/>).

Current State Fiscal Year Funding Information:

This information is for Fiscal Year 2021-22.

Funding	Description
Source	<ul style="list-style-type: none"> • OAA federal funds via Administration for Community Living (ACL) • Local funds • In-kind contributions
Allocation Formula	Intrastate Funding Formula
Match Requirements	10 percent local funds
Other Information	<ul style="list-style-type: none"> • All services must meet ACL's evidence-based program requirements. • Voluntary contributions are accepted
Cycle	July 1 – June 30