



Hubs & Spokes Network for Aging & Disability

*Strengthening and modernizing
California's statewide foundation and framework for aging and adult services*



Logistics

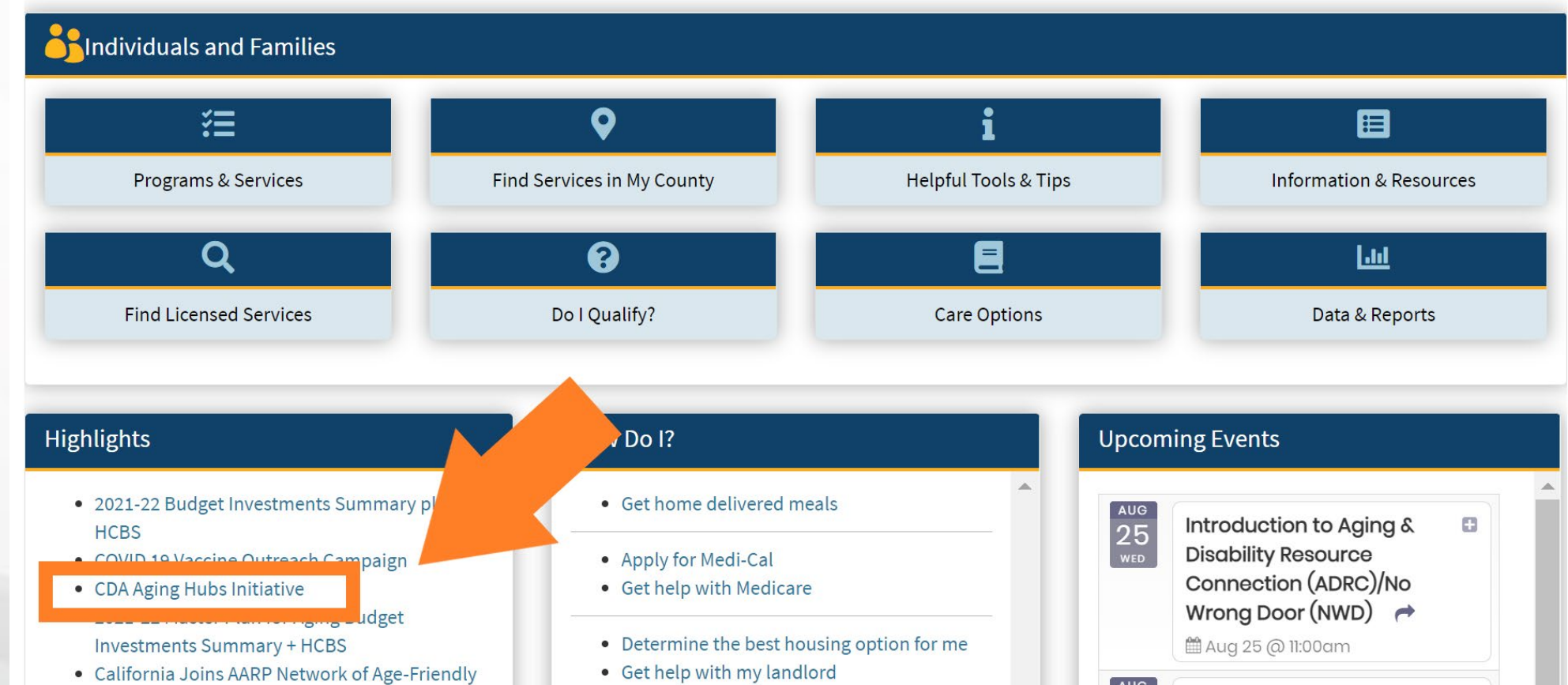
- **Participants Muted During Presentations**
 - Use 'Raise Hand' icon during Q&A portion to request your line be unmuted
- **Closed Captioning is Available**
 - Access by clicking the icon at bottom of your Zoom screen
- **Join Us in the Q&A**
 - Share your questions and comments using the Q&A icon at the bottom of your Zoom screen
- **Presentation & Recording Will be Archived**
 - Visit [CDA's YouTube channel](#) or [Hubs & Spokes Network Webpage](#) to access

Stakeholder Engagement Opportunities (July-Dec)

- ✓ **Initial Kick-Off Meeting (7/8)**
- ✓ **Four Regional Townhalls**
 - ✓ 8/31 Sacramento & Central Valley
 - ✓ 9/14 Bay Area & Central Coast
 - ✓ 9/28 Rural & Remote CA
 - ❑ 10/12 LA & Southern California
- ❑ **Feedback Survey (8/31 – 10/15)**
- ❑ **Leadership Webinars (9/15, 9/22, 10/6)**
- ❑ **Key Stakeholder Group Meeting**
(ongoing)
- ❑ **Written Recommendation by Email (by Oct 15)**
- ❑ **Results Briefing (Dec)**

Submit all Feedback by October 15





For more information and to keep updated about **Aging Hubs Initiative**, go to [CDA Webpage](#) Highlights Section.

Direct link:
[Aging Hubs Initiative Webpage](#)



Next Steps?

- Engagement opportunities to submit feedback open through October 15, 2021.
- CDA and CCoA will host a Results and Recommendation Briefing in December in partnership with CSUS.
- 2022 TBD: Could include state bills, budget, CDA, and/or local actions to develop and advance recommendations

TODAY'S AGENDA

- I. The Opportunity for CA to Build Back Better**
 - Vision: Hubs and Spokes for Aging and Disability in Every Community
- II. Local Perspective**
 - Opportunities
 - Challenges
 - Recommendations
- III. Public Discussion**

Building Back Better

Sedalia Sanders
California Commission on Aging



Aging is Changing

- More and more diverse Californians are living longer.
 - 25% population will be 60+
 - 60+ population will surpass 18 and younger by 2030.
- 88% of Americans prefer to receive assistance living at home or with loved one.
- Older adults contributing even more work, income, family caregiving, volunteering to communities

Historic Opportunity to Recover & Build Back Better with and for **Older and Disabled Adults and Families of all Ages**

COVID-19 Accelerator

Exposed the strengths and weaknesses in our statewide network of aging, disability, and caregiving services and in the options for older and disabled adults to live at home and communities.

Master Plan for Aging Bold Goals

Set bold goals and ambitious initiatives in January 2021 to create a California for All Ages by 2030.

Historic Investments

Includes unprecedented federal and state investment in Older American & Home and Community Living services, navigation, transitions, workforce, and infrastructure.

Imperial County: Opportunities, Challenges & Innovations

Imperial County

- Population of 200K
- 20% Older adults
- Predominantly agricultural community with some retail and services

Opportunities & Challenges

- Proximity to Mexican border
- Need for health care & work
- Only 2 full-service hospitals in the county
- Youth move out after high school/community college

Innovations

- Partnered with county, foundations, individuals and faith-based communities
- Met the moment by serving older adults and the community during the pandemic.

Hubs & Spokes

Kim McCoy Wade

Director, California Department of Aging

JANUARY 2021

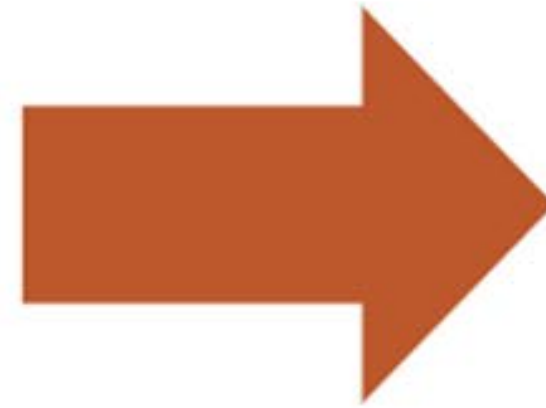
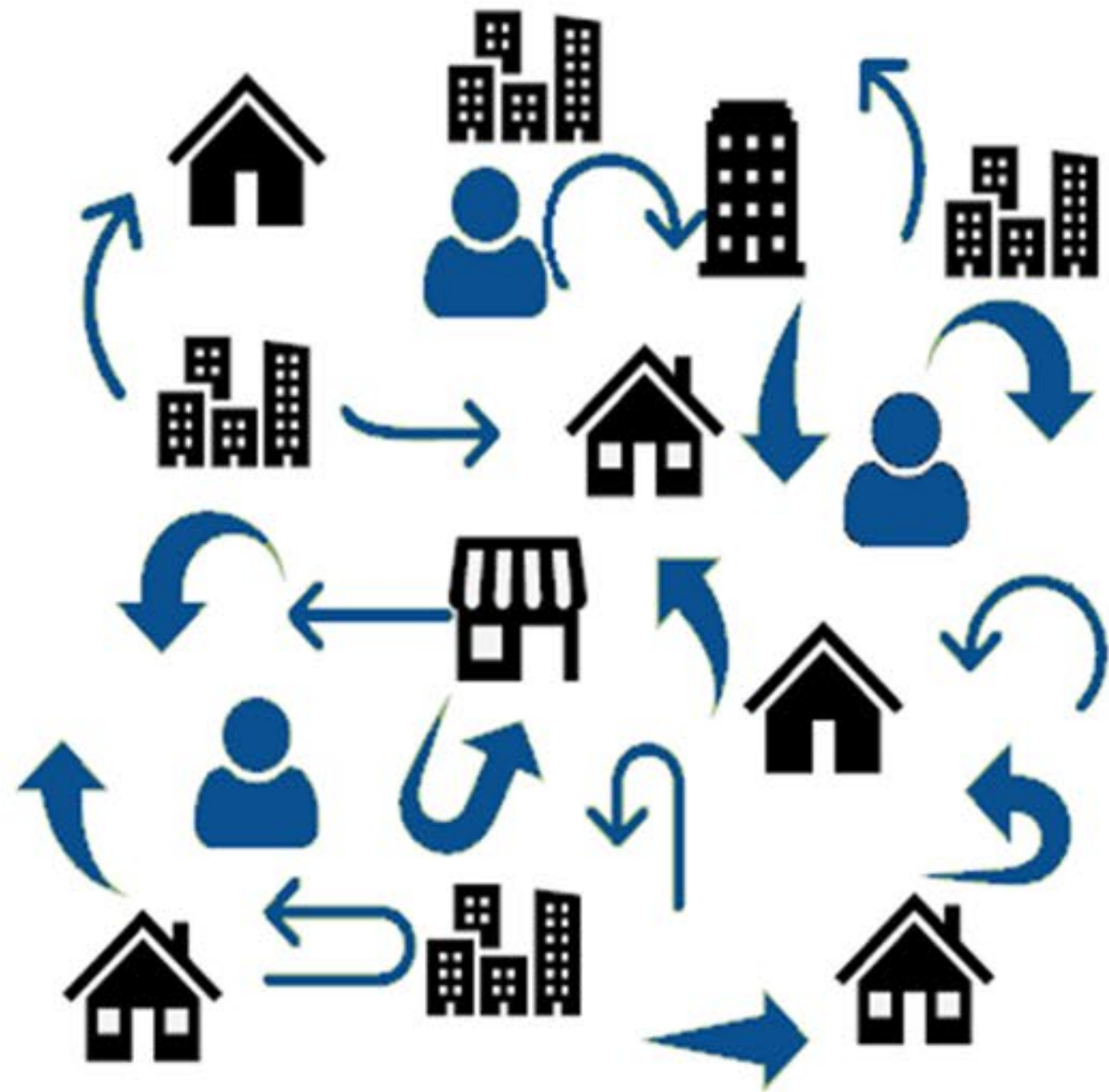
Master Plan **FOR AGING**



Master Plan for Aging (MPA) and Leadership (Goal 3, Strategy F)

- Revisit California's Area Agencies on Aging local leadership structures to meet the growing and changing needs and advance equity (Initiative #101)
- Build out No Wrong Door statewide for public information and assistance on aging and disability (Initiative #98)
- Create a Governor's Office Leadership Position on Aging, Disability and Alzheimer's

Why Hubs & Spokes? The Consumer Experience

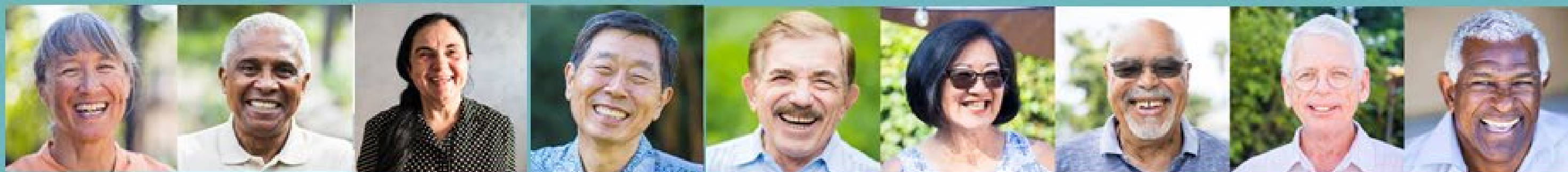


What is Hubs & Spokes?



PROPOSAL for DISCUSSION:
A Statewide "Foundation and Framework" for every local community to adapt, in order to deliver person-centered, equity-focused, and data-driven services and outcomes to all Californians as we age

STATEWIDE AGING HUBS INITIATIVE



**One Door
“Hubs”**

**Services
“Spokes”**

Quality

Partnerships

Tech/Data

Fiscal/Admin

Area Agency on Aging

County Adult Services

CBOs in Aging and Disability

Framework

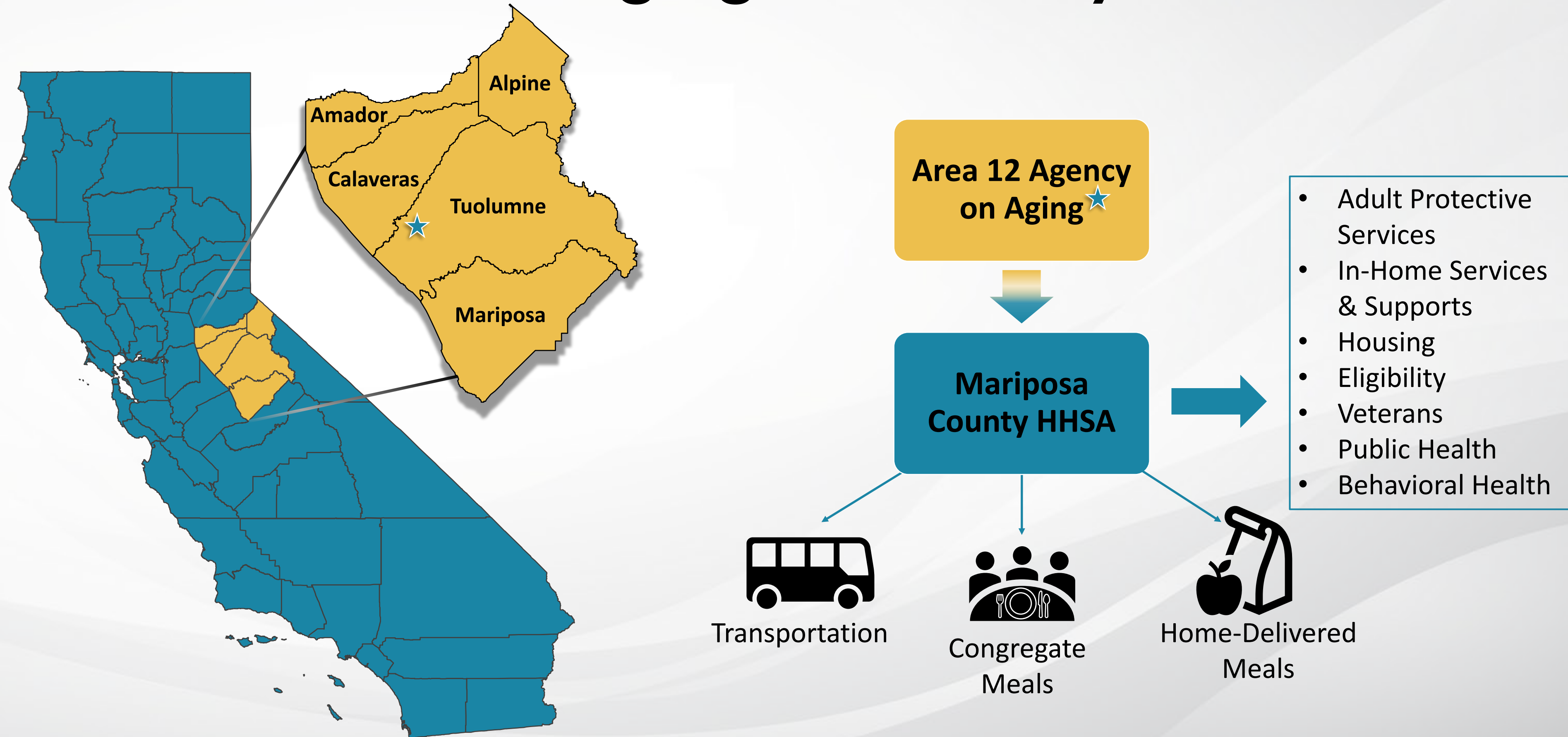
Foundation

Local Perspective

Shannon Gadd

Director, Mariposa County Health & Human
Services Agency

Structure of Aging & Disability Services



Key Challenges in Mariposa County

LACK OF HOUSING

- Little infrastructure to build
- Substandard homes

FEW MEDICAL PROVIDERS

- 1 home health care
- 1 critical access hospital

FEW SERVICE PROVIDERS

- 3 Community-Based Organizations, 1 Long-Term Care facility
- No large-scale meal providers

GEOGRAPHIC BARRIERS

- Internet access
- Distance and frontier areas
- Transportation

DISASTERS

- Frequency
- Regular duties take back seat

STATE POLICIES/REGULATIONS

- Lack of flexibility to address needs
- One size fits all oversight

RECRUITING

- Licensed and degreed positions
- Housing/Commute

FUNDING

- Tight general fund
- Funding does not account for geographic challenges (i.e. IFF)

Key Opportunities in Mariposa County

SIZE OF POPULATION

- 37% of Mariposans are 60+
- 10% of population are veterans

SYSTEM OF CARE

- Bi-directional referrals
- Community Information Exchange

PROVIDER RECRUITMENT

- New funding streams
- Telehealth

STRONGER PARTNERSHIPS

- Braided funding
- Integrated health, social services
- Aging and Disability Resources Connection

UNIVERSAL DESIGN

- New builds and remodels increase independence at home

FUNDING

- Master Plan on Aging
- CalAIM

WORKFORCE DEVELOPMENT

- More services to more people
- Lifting out of poverty

STATE POLICIES/REGULATIONS

- Broadband access
- Older Americans Act pandemic flexibilities

Recommendations



- Streamline funding and associated regulations
- Consider geography and lack of alternate resources in funding decisions
- Visit rural communities in-person
- Align Hubs and Spokes with CalAIM
 - Consider Community Integrated Health Network model
- Fund area agencies on aging to receive business acumen training
- Prioritize bringing services to people
 - Physical one-stop shops may not be viable in rural/frontier areas

Local Perspective

Teri Gabriel

Executive Director, PSA 2 Area Agency on Aging





PSA 2 Area Agency on Aging

Organizational Structure

- Joint Powers Agreement between Lassen, Modoc, Shasta, Siskiyou, and Trinity Counties
- Area Agencies on Aging Administrative Office in Yreka – Siskiyou Co.
- Provide Direct and Contracted Services:
 - Health Insurance Counseling & Advocacy Program – Direct
 - Long-Term Care Ombudsman Program – Direct
 - Nutrition – Contracted & Direct
 - Information & Assistance – Contracted & Direct
 - Transportation – Contracted
 - Family Caregiver Support – Contracted
 - Legal Services – Contracted
 - Evidence Based Health Promotion – Contracted
 - Community Education – Direct
 - Elder Abuse Prevention/Awareness – Direct
- Additional program funding recently available allows for:
 - Additional staff to expand program services
 - Greater outreach in isolated regions of PSA
- Strong in building community partnerships



Key Challenges

- Lack of resources and sufficient program funding to support unmet needs for growing older adult population:
 - Housing
 - Caregiver Services
 - Transportation
 - Medicare Advantage Plans
 - Long-Term Care
- Increased costs to provide existing services in rural areas
- Isolation



Key Advice to State to Support Region

- Research unique needs of Area Agencies on Aging (AAAs) to better understand priorities of rural AAAs with limited resources
- Acknowledge rural AAA disparities in the Equity in Aging initiatives of the Master Plan for Aging
- Include AAAs in policy making decisions
- Secure sufficient funding for Rural AAAs to expand limited or non-existent services
- Increase state funding to support Information & Assistance Programs to supplement existing federal support
- Restore funding for Alzheimer Day Care Resource Centers & Linkages Programs



Key Advice to State to Support Region

- Streamline access to program and administrative funding
- Provide tailored support for older adult needs in AAA regions ravaged by natural disasters, wildfires, Public Safety Power Shutoffs, drought, excessive heat
- Advocate for expansion of broadband & cell service in rural regions
- Provide clear and consistent guidance with program policies and regulations
- Implement open planning and communication practices with AAAs
- Expand Aging & Disability Resource Connection resources to increase opportunities for collaboration
- Support existing service structure in rural AAAs which currently reflects the Hub & Spokes model

Comments & Questions





DISCUSSION:

- How can the State help communities establish a Hubs & Spokes Network for Aging and Disability in your community?
- What are the opportunities & challenges?
- Do you have advice or comments to share?

The screenshot displays the website's layout. At the top, four blue banners with orange borders provide quick links: COVID-19 Information & Resources, California for All Ages Resources, California Chronicles, and the California Aging & Adult Info Line. Below these is a dark blue navigation bar for 'Individuals and Families' containing eight service categories. The main content area is divided into three sections: Highlights, Do I Qualify?, and Upcoming Events. An orange arrow points to the 'CDA Aging Hubs Initiative' link in the Highlights section.

COVID-19 INFORMATION & RESOURCES
Click here for information and resources on the coronavirus disease (COVID-19)

CALIFORNIA FOR ALL AGES RESOURCES
Click here for resources on combatting ageism and promoting equity

CALIFORNIA CHRONICLES

CALIFORNIA AGING & ADULT INFO LINE
Call 1 (800) 510-2020 or click here for local info and assistance for aging and disability services

Individuals and Families

- Programs & Services
- Find Services in My County
- Helpful Tools & Tips
- Information & Resources
- Find Licensed Services
- Do I Qualify?
- Care Options
- Data & Reports

Highlights

- 2021-22 Budget Investments Summary pl HCBS
- COVID-19 Vaccine Outreach Campaign
- CDA Aging Hubs Initiative**
- 2021-22 Budget Investments Summary + HCBS
- California Joins AARP Network of Age-Friendly

Do I?

- Get home delivered meals
- Apply for Medi-Cal
- Get help with Medicare
- Determine the best housing option for me
- Get help with my landlord

Upcoming Events

AUG 25 WED Introduction to Aging & Disability Resource Connection (ADRC)/No Wrong Door (NWD) Aug 25 @ 11:00am

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THANK YOU!



CCoA

California Commission on Aging

Healthy and Purposeful Longevity
For All Californians

communications@aging.ca.gov