

Ensuring Equity in Aging Webinar Series

Peer-led discussions and insights on serving older adults in culturally responsive ways

Series Launches Nov 4, 2020 #CaliforniaForAllAges

Webinar Logistics

- To join audio by telephone: 888-788-0099
- Register and Join by smart phone, tablet, or computer
- Meeting ID: 975 9661 3220 Password: 153029
- Live captioning streamed through webinar (Zoom)





Questions & Comments

- The final 10 minutes of the webinar is reserved for questions and comments:
 - Attendees joining by phone, <u>press *9 on your dial pad</u> to join line.
 The moderator will announce the last 4 digits of your phone number and will unmute your line.
 - Attendees joining by webinar (Zoom), <u>click</u> the raise hand button
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 - For additional public comment or for meeting feedback email <u>Engage@aging.ca.gov</u>.





Ensuring Equity in Aging Webinar Series

- 1st Wednesday of each month: November 2020 June 2021
- State and local speakers with expertise in the subjects of cultural competency, equity, program and service delivery
- Let's learn together how we can help make our communities a more just place and build a California for ALL Ages





UPCOMING WEBINARS

- December 2, 2020 Culturally Informed Policy & Programs
 With and For People with Disabilities
- January 6, 2021 Culturally Informed Policy and Programs:
 The Culture of LGBTQ Older Adults
- February 3, 2021 Culturally Responsive Services & Care
 With and For Black Elders

Register in advance!





Welcome & Introductions



Kim McCoy Wade
Director
California Department of Aging (CDA)





Today's Speaker



Kori Novak, PhD, MBA
Chief Executive Officer
Toiyabe Indian Health Project, Inc





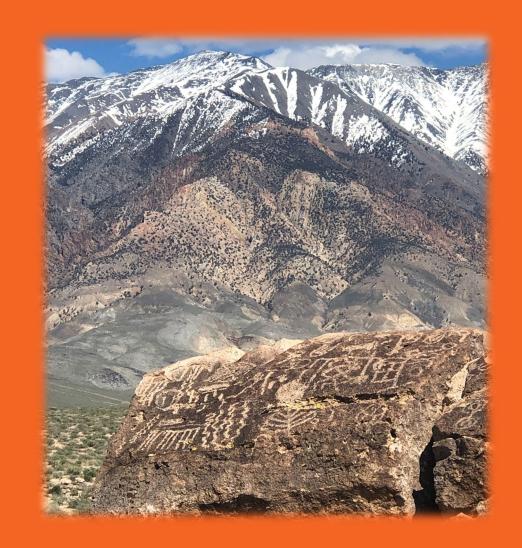


Kori Novak, PhD, MBA Chief Executive Officer Toiyabe Indian Health Clinic



Objectives

- To have a better understanding on the provision of Direct Services utilizing cultural humility & responsiveness
 - Understand Indian Health
 Programs in CA and how Tribal
 Elders utilize them
- Understand the Unique Challenges faced by Elders in Rural Health populations
 - Top Takeaways for Healthcare Providers



AIAN Populations in the U.S.

- In the United States, 5.2 million people identify as American Indian (AI) or Alaska Native (AN)
- 570+ federally recognized Tribes
 - 34 US States
 - Alaska 231 federally recognized Tribes
- Over 200 indigenous languages



California has the Largest AIAN Population in the U.S.

- CA has over 720,000 AIAN individuals (~2% of the CA population).
- There are 109 Federally recognized Tribes
 - There are 85 reservations or "Rancherias"

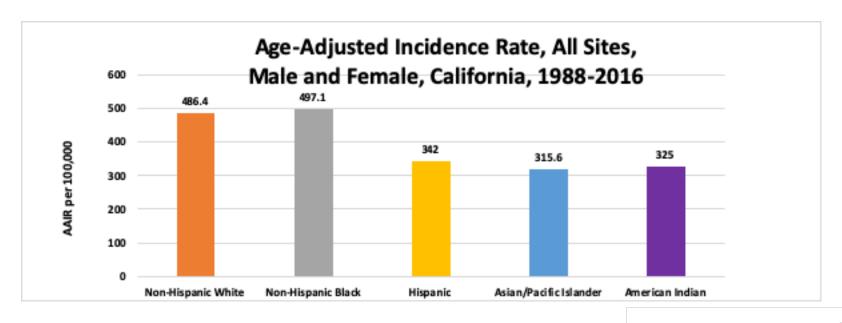




Policies that Affect older Native Americans

- > IHS Elder Care Initiative
- Brain health Initiative
- ➤ Long Term Care in Indian Country
- ➤ Affordable Care Act
- > AB1896





 Al populations have one of the lowest incidence rates of all cancer sites among other race/ethnicities, with Asian/Pacific Islander experiencing the lowest.

 However, when looking at survival rates by race/ethnicity, Al's have the second lowest survival rate, with non-Hispanic Black experiencing the lowest.

RELATIVE SURVIVAL BY RACE/ETHNICITY, ALL CANCER SITES, CALIFORNIA, 1988-2016 80% 75% 55% 50% 12 mo 24 mo 36 mo 48 mo 60 mo **Time after Diagnosis** Non-Hispanic White ----Non-Hispanic Black

Source: CA Cancer Registry (2019)

Late Stage Diagnosis



- Among AIANs, gender, type of insurance, and neighborhood SES associated with stage at diagnosis.
 - Male patient in poor areas significantly more likely to be diagnosed late.
 - Patients with Medicaid/IHS/public insurance or uninsured more likely to be diagnosed late.
 - Alans who live in Purchased/Referred Care Delivery Area (PRCDA) county are significantly more likely to be diagnosed late than a non-PRCDA county.

Limitations of the Data



- Racial misclassification
- Undercounting
- Not enough numbers to form a conclusion
- Cannot be generalizable

Service Delivery to Native Elders: Remember the basics!

- Consistency is key
 - If you are not native consistency is among the only ways to gain trust
 - Consistency matters in what you say and what you do
- Many elders may struggle with technology
 - Lack of both interest AND Internet
 - Disdain for the use of tech in an appointment
 - Eye contact





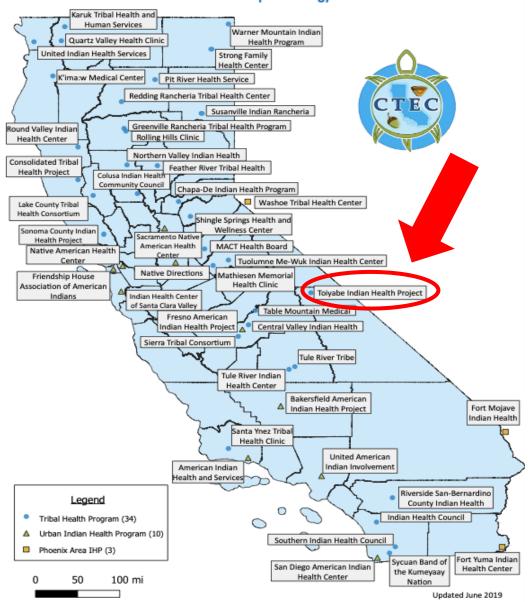
Service Delivery cont.



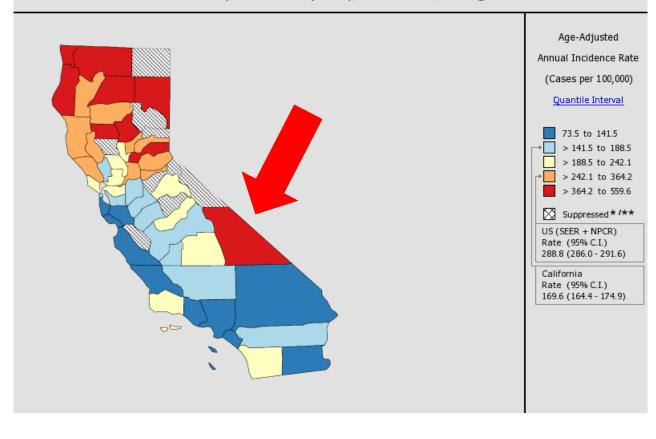
- Many Elders may have significant transportation problems
 - o In order to see them you may need to be flexible
 - Both easier and more difficult with COVID
- Listen. Listen and then Listen.
- Don't dismiss traditional medicine
- Tone means a lot

Indian Health Programs

California Tribal Epidemiology Center



Incidence Rates[†] for California by County All Cancer Sites, 2012 - 2016 Amer. Indian/Alaskan Native (includes Hispanic), Both Sexes, All Ages





The Toiyabe Indian Health Project is the only Indian Health Facility in California that provides Dialysis Services

There are no IHS hospitals in the state of California. The closest IHS hospital for CA tribal people is the Whiteriver Indian Hospital in Whiteriver, Arizona

The average distance between an Indian Reservation and a Trauma Level II hospital is...

A. 45 min- 1 hour

B. 2-3 hours

C. 2.5-4 hours

D. 6+ Hours



What Needs to Be Done



- Improve methods of disease surveillance in AIAN communities
- Address cross cutting issues
- Increase screening/diagnosis
- Access to treatment
- Establish partnerships for specialty care
- Advocacy on multiple levels to increase collaborative solutions

Thank you





Dr. Kori Novak Chief Executive Officer Toiyabe Indian Health Project Kori.Novak@toiyabe.us 760-842-8464

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Thank You!

- Visit CDA's Aging & Equity Resources for More Information:
 - Equity in Aging Resource Center
 - California For All Ages Campaign
 - Tribal Elder COVID-19 Resources
 - Send questions and comments to engage@aging.ca.gov



