



Ensuring Equity in Aging Webinar Series Culturally Informed Policy & Programs with and for Asian and Pacific Islander Older Adults Audience Questions & Panelist Answers | Suggested Resources March 3, 2020

Where will the webinar presentation be posted?

- The webinar and materials will be posted at CDA's Equity in Aging Resource Center: <u>https://aging.ca.gov/Equity_in_Aging_Resource_Center/</u>
 - The video of this webinar will be posted to CDA's YouTube Channel Equity in Aging Series:

https://www.youtube.com/playlist?list=PLXexWQOeFtkZjCfMkRHcQ7 6tTpevP2xvz

Where can I learn more about the Master Plan for Aging?

- You can visit <u>mpa.aging.ca.gov</u> to view the Master Plan for Aging (MPA), the MPA Local Playbook, and MPA Data Dashboard for Aging.

What would be examples of good approaches to APIs to establish rapport that would be different to other populations?

- I think building rapport takes time as it is based on trust. Developing community spaces where we can celebrate their cultures (with food and activities) is important. Building trust takes time and respect so if we approach AAPI communities with respect and humility, I think we can slowly build rapport.

What are the top three AAPI languages in LA County?

- Chinese, Korean, and Tagalog.

Seems there are a lot of helps there, but when you got problem, we really do not know where to get those help.

- Please visit us online at www.napca.org or contact our Helpline: <u>www.napca.org/helpline</u>

Suggested Resources:

- National Asian Pacific Center on Aging (NAPCA)- www.napca.org
- Advocating for the unique needs of AAPI family caregivers and diverse AAPI representation in research
 - <u>CARE Project</u>
 - <u>COMPASS Project</u>
- NAPCA Healthline:
 - English: 1-800-336-2722
 - Mandarin/普通话: 1-800-683-7427
 - Cantonese/廣東話: 1-800- 582-4218
 - Vietnamese/Tiếng Việt: 1-800-582-4336
 - Korean/한국어: 1-800-582-4259

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A Community of Contrasts: Asian Americans 50 and Older (Los Angeles County)