

Community-Based Adult Services (CBAS)

Core & Additional Services in the 1115 “CalAIM” Waiver

Core Services:

Professional nursing care, personal care and/ or social services, therapeutic activities, and a meal shall be provided to all eligible CBAS beneficiaries on each day of service as follows.

1. **Professional nursing services** provided by an RN or LVN, which includes one or more of the following, consistent with scope of practice: observation, assessment, and monitoring of the beneficiary’s general health status; monitoring and assessment of the participant’s medication regimen; communication with the beneficiary’s personal health care provider; supervision of personal care services; and provision of skilled nursing care and interventions. (Subject to EVV-Home Health Care Services/HHCS if provided in the home)
2. **Personal care services** provided primarily by program aides which include one or more of the following: supervision or assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs); protective group supervision and interventions to assure participant safety and to minimize risk of injury, accident, inappropriate behavior, or wandering. (Subject to EVV- Personal Care Services/PCS if provided in the home)
3. **Social services** provided by social work staff, which include one or more of the following: observation, assessment, and monitoring of the participant’s psychosocial status; group work to address psychosocial issues; care coordination. (Not subject to EVV)
4. **Therapeutic activities** organized by the CBAS center activity coordinator, which include group or individual activities to enhance social, physical, or cognitive functioning; facilitated participation in group or individual activities for CBAS beneficiaries whose physical frailty or cognitive function precludes them from independent participation in activities. The CBAS physical therapy and occupational therapy maintenance programs are considered part of Therapeutic Activities. (The CBAS physical therapy and occupational maintenance program services are subject to EVV-PCS if provided in the home)
5. **A meal** offered each day of attendance that is balanced, safe, and appetizing, and meets the nutritional needs of the individual, including a beverage and/or other hydration. Special meals will be provided when prescribed by the participant’s personal health care provider. (Not subject to EVV when the meal is simply delivered to the beneficiary’s home. However, if the beneficiary requires assistance with preparing (e.g., opening packages, heating food), eating (e.g., spoon feeding, cutting into bite-size pieces), or cleaning up after the meal (e.g., disposing of packaging, washing dishes) and CBAS center staff assists with these tasks, then the meal service is subject to EVV-PCS if provided in the home.)

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Additional Services:

The following additional services shall be provided to all eligible CBAS beneficiaries as needed and as specified on the person’s IPC:

- 1. Restorative physical therapy** provided by a licensed, certified, or recognized physical therapist within his/her scope of practice. Pursuant to Section 1570.7(n) of the Health and Safety Code (H&S Code), physical therapy “may also be provided by an assistant or aide under the appropriate supervision of a licensed therapist, as determined by the licensed therapist. The therapy and services are provided to restore function when there is an expectation that the condition will improve significantly in a reasonable period of time, as determined by the multidisciplinary assessment team. *(Subject to EVV-HHCS if provided in the home)*
- 2. Restorative occupational therapy** provided by a licensed, certified, or recognized occupational therapist within his/her scope of practice. Pursuant to Section 1570.7(n) of the H&S Code, occupational therapy “may also be provided by an assistant or aide under the appropriate supervision of a licensed therapist, as determined by the licensed therapist. The therapy and services are provided to restore function, when there is an expectation that the condition will improve significantly in a reasonable period of time, as determined by the multidisciplinary assessment team. *(Subject to EVV-HHCS if provided in the home)*
- 3. Speech therapy** provided by a licensed, certified, or recognized speech therapist or speech therapy assistant within their scope of practice to restore function when there is an expectation that the participant’s condition will improve significantly in a reasonable period of time as determined by the multidisciplinary assessment team. *(Subject to EVV-HHCS if provided in the home)*
- 4. Behavioral health services** for treatment or stabilization of a diagnosed mental disorder provided by a licensed, certified, or recognized mental health professional within his/her scope of practice. Individuals experiencing symptoms that are particularly severe or whose symptoms result in marked impairment in social functioning shall be referred by CBAS staff to the identified managed care plan, County Mental Health programs, or appropriate behavioral health professionals or services. *(Not subject to EVV)*
- 5. Registered dietician services** provided by a registered dietician for the purpose of assisting the CBAS beneficiary and caregivers with proper nutrition and good nutritional habits, nutrition assessment, and dietary counseling and education if needed. *(Not subject to EVV)*
- 6. Transportation**, provided or arranged, to and from the CBAS beneficiary’s place of residence and the CBAS center, when needed. *(Not subject to EVV)*