Appendix 19A ▪ Level of Care (LOC) Predetermination Example

Participant Name: Samuel L. Sample MSSP ID: 111
Level of Care Date: 6/30/2026
Staff Name/Title: Nurse Nelson, RN, NCM Staff Signature: N Nelson, RN

Initial Information Source: ☒ IHA ☐ IPSA
Recertification Information Source: ☐ RA ☐ ADV

LOC based on:

Cognitive and Sensory
Participant is an 81-year-old female who is alert and oriented x 4 (person, place and time, situation) who lives alone with her dog in a senior apartment. Her son is her IHHS caregiver. She was appropriately dressed and conversive.

Diagnoses
Breast cancer, COPD, Sleep Apnea with C-PAP, Coronary Artery Bypass, Pacemaker, HTN, chronic lower back pain, Osteoporosis, UTI, Obesity, Genital Psoriasis, Gout

Functional Status of ADLs/IADLs
Independent: Participant is independent with eating, dressing, transferring, medications, ambulation indoors, telephone and money management.

Stand-by assistance: Participant tires easily from COPD and back pain, she requires assistance for showering but for safety purposes she could use a shower chair. Outdoor ambulation requires assistance of a walker and stand-by assistance.

Hands-on assistance: Toenail care as she cannot bend due to low back pain

Dependent: Participant is dependent for housework, laundry, shopping, errands, most meal prep, cleanup and transportation. She can only stand for short periods of time due to severe lower back pain and stiffness in her joints. She also is unable to bend, lift and carry due to COPD, and obesity.

Additional Information/Comments
Participant rates her back pain from 2-9, which inhibits her ability to do most physical activities. Pain and shortness of breath make her a high risk for falls and a good candidate for ERS. When the fatigue and pain get to be too much, she will spend the day in bed. She would benefit from a shower bench, grab bars in the shower, a raised toilet seat and hygiene products to prevent UTIs. She scored a 9 on the Nutritional Risk Assessment, indicating high nutritional risk. Participant receives 100 IHSS hours per month which are adequate to meet current care and chore needs.