



**DRAFT**

## Training and Resources for ADRCs: Comprehensive List

Updated: 5/4/2021

*\*This is a comprehensive list of available resources and training to help local ADRCs access information to adhere to federal and state ADRC guidelines. This list has not yet been vetted by the California Department of Aging. The document will be updated as new information is available.*

### NO WRONG DOOR MODEL

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
No Wrong Door Podcast Series	Recorded discussion about NWD elements	Podcast	General public	\$0	<a href="https://www.ta-community.com/category/no-wrong-door-podcast-series">https://www.ta-community.com/category/no-wrong-door-podcast-series</a>	ACL	
Technical Assistance Community	Information, support, and resources for ADRCs	Website, searchable with tags	ADRC partners	\$0	<a href="https://www.ta-community.com/">https://www.ta-community.com/</a>	ACL	Must create a login to access. Topics range

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
							across all NWD.

#### PERSON-CENTERED PRACTICES

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
No Wrong Door Recommended Practices	Overview, links to additional information	Web page	Various	\$0	<a href="https://nwd.ac.l.gov/person-centered-counseling.html">https://nwd.ac.l.gov/person-centered-counseling.html</a>	ACL	
Social Isolation Webinars	Series of webinars regarding social isolation	Slides and transcript	Various	\$0	<a href="https://www.ta-community.com/category/social-isolation-webinars">https://www.ta-community.com/category/social-isolation-webinars</a>	ACL	
Person-Centered	Person-Centered Practice	In-person training	Individuals who will	TBD	<a href="http://www.person-centered-practices.org/pf-">http://www.person-centered-practices.org/pf-</a>	Institute for Person-	

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Thinking Training	methods and certification	with certificate	enable PCP		<a href="#">certificate.html</a>	Centered Practices	
Training for PCP	Training is targeted to people with disabilities	Online, on-demand	Various	Varies: \$30-\$80	<a href="https://disabilitywebtraining.com/product-category/courses">https://disabilitywebtraining.com/product-category/courses</a>	Training Resources Network	
Lifestyle Planning	Information on Essential Lifestyle Planning (ELP): to discover and describe what is important to a person	Website	Various	TBD	<a href="http://tlcpcp.com/work/essential-lifestyle-planning/">http://tlcpcp.com/work/essential-lifestyle-planning/</a>	The Learning Community for Person-Centered Practices	Has a list of CA-certified trainers
Courses on Person-Centered Planning	Self-guided, free courses; introduction to basic concepts of person-	On Demand, downloadable, interactive online	Individuals who need an introduction to PCP	\$0	<a href="http://www.personcenteredplanning.org/courses.cfm">http://www.personcenteredplanning.org/courses.cfm</a>	Cornell University Employment and Disability Institute	Self-study courses with quizzes, free articles

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	centered work						
Course Including Person-Centered Planning	Part of the curriculum for Individual Program Planning	Downloadable resource (PDF)		\$0	<a href="https://www.dds.ca.gov/rc/ipp/">https://www.dds.ca.gov/rc/ipp/</a>	California Department of Developmental Services	
Consumer - Controlled Person-Centered Planning Workshop	General information on PCP	Video, web page		\$0	<a href="https://acl.gov/programs/consumer-control/person-centered-planning">https://acl.gov/programs/consumer-control/person-centered-planning</a>	Administration for Community Living	
Person-Centered Planning Through MAPS and PATH	Website with training, resources, events	Planning Model, website		Varies, but mainly \$0	<a href="https://pcp.sonoranucedd.fc.m.arizona.edu/resources/person-centered-planning-tools/map?destination=resources/person-centered-planning-tools/maphttp">https://pcp.sonoranucedd.fc.m.arizona.edu/resources/person-centered-planning-tools/map?destination=resources/person-centered-planning-tools/maphttp</a>	Jack Pearpoint and John O'Brien created PATH	Through a series of questions, individuals and organizations using MAPS help the focus person construct a personal

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					<a href="http://pcp.sonoranucedd.fc.m.arizona.edu/resources/person-centered-planning-tools/map%3Fdestination%3Dresources/person-centered-planning-tools/map">http://pcp.sonoranucedd.fc.m.arizona.edu/resources/person-centered-planning-tools/map%3Fdestination%3Dresources/person-centered-planning-tools/map</a>		<p>history or life story based on personal milestones. After getting to know the focus person better and exploring his or her dreams for the future, the team begins to build a plan to move in the direction of the individual's dreams.</p>
Person-Centered Practices Credential	Training and resources for Person Centered	Website with training information,	Person-Centered Planners	Varies	<a href="http://helenandersonassociates.co.uk/person-centred-practice/">http://helenandersonassociates.co.uk/person-centred-practice/</a>	Helen Sanderson	

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	Practices (UK-based)	tools, template, and resources					
Philosophy on Person-Centered Practices	Trainings, education with the Eden philosophy	Website		Varies	<a href="https://www.edenalt.org/events-and-offerings/educational-offerings/">https://www.edenalt.org/events-and-offerings/educational-offerings/</a>	Eden Alternative	A philosophy guided by ten principles to bring about person-directed care and culture change in LTSS and combat loneliness, helplessness, and boredom, with a focus on older adults and their care partners.

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Technical Assistance for PCP	Technical assistance from NCAPPS	Technical Assistance	State agencies, territorial governments, tribal governments	\$0	<a href="https://ncapps.acl.gov/technical-assistance.html">https://ncapps.acl.gov/technical-assistance.html</a>	NCAPPS	
Person-Centered Planning	Planning for the future: values, facilitation, agenda, team-building	Web course		\$45	<a href="https://disabilitywebtraining.com/product/pcp/">https://disabilitywebtraining.com/product/pcp/</a>	Disability Resource Network	

## ENHANCED INFORMATION AND REFERRAL

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
Information and Referral Certification	Professional credentialing program for individuals working with the information and referral sector of human services	Online/in-person	I&R professionals	\$65 through June 30, 2021	<a href="https://www.airs.org/i4a/pages/index.cfm?pageid=3309">https://www.airs.org/i4a/pages/index.cfm?pageid=3309</a>	AIRS (Alliance of Information and Referral Systems)	
Information and Referral Accreditation	Professional accreditation includes consultative review, resource database review, "secret shopper," onsite review,		Programs in I&R	Contact Amy Fish at: <a href="mailto:amy@airs.org">amy@airs.org</a>	<a href="https://www.airs.org/i4a/pages/index.cfm?pageid=3551">https://www.airs.org/i4a/pages/index.cfm?pageid=3551</a>	AIRS	



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Best Practices of CIL Core Services	I&R training for CIL staff responsible for information, referral, and customer intake	Online web page with on-demand training	I&R Professionals	\$0	<a href="https://www.ilru.org/topics/information-referral">https://www.ilru.org/topics/information-referral</a>	ILRU	

#### OPTIONS COUNSELING

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
Person-Centered Options Counseling	Course on person-centered practices from ACL	Website, online quizzes, online reading, short audio segments	Professionals and community members interested in understanding/impl	Part I of VI is free.	<a href="https://www.ta-community.com/t/83hzwm4/person-centered-counseling-training-course-free-access-to-course-1">https://www.ta-community.com/t/83hzwm4/person-centered-counseling-training-course-free-access-to-course-1</a>	Elsevier Health with University of Minnesota, ACL	Six-part series online; Course #1 is free

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			ementing aspects of the NWD system				
Certificate in Person-Centered Counseling	For case managers to learn how to develop a person-centered plan with a consumer; six courses are required	Certificate training – appears to be online	Options Counselors; Person Centered Counselors	\$385	<a href="http://www.bu.edu/cader/person-centered-case-management-certificate/">http://www.bu.edu/cader/person-centered-case-management-certificate/</a>	Boston University	Boston University's School of Social Work, at its Center for Aging and Disability Education and Research, offers a certification in person-centered options counseling.

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Options Counseling Certificate	Skills-based training for those working in ADRCs to gain knowledge and skills for Options Counseling	Online	ADRC Options Counselors	\$325, but additional courses required	<a href="http://www.bu.edu/cader/browse-catalog/certificate-programs/adrc-options-counseling-certificate/">http://www.bu.edu/cader/browse-catalog/certificate-programs/adrc-options-counseling-certificate/</a>	Boston University	Five courses required for certificate completion
Self-Direction Tools	Tools and training to help individuals maintain independence in their homes	Online training and tools	Various	Unknown, membership required	<a href="https://www.appliedselfdirection.com/resources">https://www.appliedselfdirection.com/resources</a>	Applied Self Direction	

SHORT-TERM SERVICE COORDINATION (Nationally: “streamlined eligibility”)

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes

TRANSITION SERVICES

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
Care Transitions Intervention Coach Certification	Information on a certification to become a Transitions Coach	Web page with information certification training	Care Transitions Coaches	TBD	<a href="https://caretransitions.org/what-is-a-transitions-coach/">https://caretransitions.org/what-is-a-transitions-coach/</a>	Care Transitions Intervention	
Care Transitions Coach	Information and links for learning how to become a Care Transitions Coach	Training for becoming a Care Transitions Coach	Care Transitions Professionals	TBD	<a href="https://caretransitions.health/">https://caretransitions.health/</a>	Eric Coleman	

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
Care Transitions	Course on care transitions	On Demand, Online	Care Transitions Professionals	\$120	<a href="http://www.bu.edu/cader/browse-catalog/course-descriptions/care-transitions/">http://www.bu.edu/cader/browse-catalog/course-descriptions/care-transitions/</a>	Boston University School of Social Work, Center for Aging & Disability Education & Research	
Transition to Independence Model	Model for supporting individuals in a "home type" environment	Training	Counselors	Various	<a href="https://www.starstrainingacademy.com/tip-model-institute/">https://www.starstrainingacademy.com/tip-model-institute/</a>	Stars Training Academy	
Institutional Transition Diversion	Publications and training including many areas of services	On-Demand Training, Online Resources	Professionals in Transition Services	Varies, mostly \$0	<a href="https://www.ilru.org/topics/institutional-transition-diversion">https://www.ilru.org/topics/institutional-transition-diversion</a>	ILRU	

## ADDITIONAL RESOURCES AND TRAINING

Name	Description	Type	Intended Users	Cost	Link	Developed by	Notes
Direct Support Professional Certification	Professional development for Direct Support Professionals (DSP); e-badge academy, certification, and training	Various certifications and trainings	Direct Support Professionals		<a href="https://nadsp.org/">https://nadsp.org/</a>	National Association of Direct Support Professionals	Direct Support Professionals (DSPs) play a significant role in the full participation of people with disabilities in all aspects of community life.
Direct Support College	Online training	Various	Direct Support Professionals	Various	<a href="http://directcourseonline.com/direct-support/">http://directcourseonline.com/direct-support/</a>	Elsevier Direct Course Online	



