



Education and Training Resources for CBAS Providers

This is a sample list of organizations that provide (or link to) education and training via webinars, videos, fact sheets and other materials on topics relevant to the needs/conditions of CBAS center participants. CBAS providers can search the websites of these organizations for specific topics of interest including upcoming or archived webinars. Many of these organizations have email distribution lists which will inform CBAS providers about educational/training opportunities. The CBAS Branch will update this list periodically as new resources are identified. Please contact the CBAS Branch if there are organizations or educational/training resources you recommend we add to this list: cbascda@aging.ca.gov

Administration for Community Living (ACL)

<https://www.acl.gov/>

<https://acl.gov/programs>

Webinars, fact sheets, issue briefs and more on range of aging and disability topics.

National Resource Centers

<https://acl.gov/node/495>

Webinars (search topics)

<https://acl.gov/search/node?keys=webinars&=Search>

Health, Wellness, and Nutrition

<https://acl.gov/programs/health-wellness>

Behavioral Health

<https://acl.gov/programs/health-wellness/behavioral-health>

Depression, Anxiety, Suicide Prevention, Alcohol & Psychoactive Medication Misuse and more.

Brain Health

<https://acl.gov/node/293>

Brain Injuries (Traumatic Brain Injury)

<https://acl.gov/sites/default/files/triage/Brain-Health-Brochure-2015.pdf>

American Association on Intellectual and Developmental Disabilities

<http://aaid.org/>

<http://aaid.org/education>

<http://aaid.org/education/webinars>

Education/training resources for professionals who work with individuals with intellectual and developmental disabilities. Online learning, webinars, education archive, video library and more.

Alzheimer's Association

<https://www.alz.org/>

<https://www.alz.org/help-support/resources/online-tools>

Education/training resources on Alzheimer's disease and other dementias including caregiving issues.

American Society on Aging (ASA)

<http://www.asaging.org/web-seminars>

<https://www.asaging.org/previous-recorded-web-seminars>

Information/webinars on range of topics including health, mental health/behavioral health, suicide, Alzheimer's/dementia, home safety topics and more. Specialty focus areas: Aging in Community, Caregiving, Creativity and Lifelong Learning, Health & Wellness, Healthcare & Aging, Legal & Ethical Issues, LGBTQ Aging, Mental Health & Aging, Multicultural Aging, Policy and Advocacy, Spirituality & Religion, Technology, Accessibility & Transportation.

California Association for Adult Day Services (CAADS)

<http://www.caads.org/>

Provides education/training to members and non-members on a range of issues relevant to adult day service providers, including conferences, webinars, articles and more.

California Department of Aging (CDA)

<https://www.aging.ca.gov/>

State department that administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State.

Community-Based Adult Services (CBAS)/Adult Day Health Care (ADHC)

<https://www.aging.ca.gov/ProgramsProviders/ADHC-CBAS/>

CDA provides oversight and training to Adult Day Health Care (ADHC)/Community-Based Adult Services (CBAS) providers certified to participate in the Medi-Cal program.

CBAS Training

https://www.aging.ca.gov/ProgramsProviders/ADHC-CBAS/CBAS_Training/Default.aspx

CBAS Center Assessment Tools (CAT)

<https://www.aging.ca.gov/ProgramsProviders/ADHC-CBAS/Forms/Toolkit/>

Center for Health Care Strategies, Inc (CHCS)

<https://www.chcs.org/about-us/>

Webinars, videos, publications, fact sheets, issue briefs and more to improve health of low-income Americans. Includes webinars on medication complexity, social determinants of health and more.

Resources

<https://www.chcs.org/resources/>

Social Determinants of Health

<https://www.chcs.org/topics/social-determinants-of-health/>

Trauma-Informed Care Implementation Resource Center

<https://www.chcs.org/resource/trauma-informed-care-implementation-resource-center/>

https://www.traumainformedcare.chcs.org/trauma-informed-champions-from-treaters-to-healers/?utm_source=CHCS+Email+Updates&utm_campaign=e3c23e5cf3-ATC+Animated+Video+01%2F23%2F2019&utm_medium=email&utm_term=0_bced451bf-e3c23e5cf3-152133989

Centers for Disease Control and Prevention (CDC)

<https://www.cdc.gov/>

Provides articles, fact sheets, videos and podcasts for professionals and consumers on a range of diseases and conditions (A-Z) and topics including Alzheimer's disease and related dementias, arthritis, body mass index, diabetes prevention, heart disease, infectious diseases, obesity, sleep and sleep disorders, stroke prevention, vaccines and immunizations and more.

Diseases and Conditions

<https://www.cdc.gov/DiseasesConditions/>

Traumatic Brain Injury & Concussion

<https://www.cdc.gov/traumaticbraininjury/index.html>

Centers for Medicaid & Medicare Services (CMS)

<https://www.medicaid.gov/medicaid/hcbs/index.html>

Information, guidance and training on the federal Home and Community-Based (HCB) Services (HCBS) Regulations including the HCB Settings and Person-Centered Planning requirements.

Home and Community-Based Services (HCBS) Training Series

<https://www.medicaid.gov/medicaid/hcbs/training/index.html>

Family Caregiver Alliance (FCA) - National Center on Caregiving

<https://www.caregiver.org/about-fca>

Fact Sheets, webinars and videos training for professionals and family caregivers caring for someone with a chronic or disabling health condition.

Webinars for Caregivers and Professionals

<https://www.caregiver.org/fca-webinars>

Videos

<https://www.caregiver.org/fca-videos>

HealthinAging.org (Associated with the American Geriatrics Society's Health in Aging Foundation)

<https://www.healthinaging.org/about/>

Information, educational videos on range of topics for consumers/caregivers such as aging & health, wellness & prevention, age-friendly healthcare & you, medications & older adults.

Justice in Aging

<http://www.justiceinaging.org/>

Training via webinars, fact sheets and more on variety of topics including access to quality health care, economic security for low-income older adults, legal rights and more. Subscribe to receive updates on webinars, issue briefs and legal/policy developments that impact older adults.

Person-Centered Care

<http://www.justiceinaging.org/our-work/healthcare/person-centered-care/>

Person-Centered Care Planning

<http://www.justiceinaging.org/resources-for-advocates/publications/mltss-library-for-advocates/person-centered-care-planning/>

LeadingAge

<https://www.leadingage.org>

<https://learninghub.leadingage.org/catalog>

Education/training including webinars on aging-related topics such as trauma informed care and more.

Motivational Interviewing Network of Trainers (MINT)

<https://motivationalinterviewing.org/>

Provides information and extensive resources on motivational interviewing including links to articles, YouTube videos, DVDs and more.

National Adult Day Services Association (NADSA)

<https://www.nadsa.org/>

Provides public policy information and resources including webinars relevant to adult day services.

National Association of States United for Aging and Disabilities (NASUAD)

<http://www.nasuad.org/>

<http://www.nasuad.org/fridayupdate>

Provides a weekly electronic newsletter with updates on federal-level news on aging and disability policy. Includes information on training opportunities relevant to providing services to older adults and persons with disabilities.

Home and Community-Based Services (HCBS) Clearinghouse

<http://www.nasuad.org/hcbs/search-clearinghouse>

National Association of State Head Injury Administrators (NASHIA)

<http://www.nashia.org/>

Webinars and training on issues relevant to persons with a brain injury such as “Falls and Brain Injuries Among Older Adults.” (Webinars are archived)

Webinars and Training

<http://www.nashia.org/Webinars.asp>

National Center on Elder Abuse

<https://ncea.acl.gov/>

Information, training, best practices, news and resources on elder abuse, neglect and exploitation.

National Center on Law & Elder Rights

<http://ncler.acl.gov>

<https://ncler.acl.gov/Resources.aspx>

<https://ncler.salsalabs.org/nclersignup/index.html>

[https://ncler.acl.gov/Files/Advance-Planning-Doc-Ch-Summary-\(1\).aspx](https://ncler.acl.gov/Files/Advance-Planning-Doc-Ch-Summary-(1).aspx)

Webinar training and written materials on Advance Planning Documents; Signs of Elder Abuse, Neglect and Exploitation; Understanding Legal Capacity and Ethics, and more.

National Center on Advancing Person-Centered Practices and Systems (NCAPPS)

<https://ncapps.acl.gov/about-ncapps.html>

<https://ncapps.acl.gov/Webinars.html>

Educational webinars, best practices, national clearinghouse of resources about person-centered planning, principles and practice.

National Council on Aging (NCOA)

<https://www.ncoa.org/about-ncoa/>

Written materials and webinar training on range of issues impacting seniors such as falls prevention, home safety, chronic disease management, senior hunger and nutrition, and more.

Resources

<https://www.ncoa.org/resources/>

Search by Audience (such as professionals, older adults, caregivers), Type (such as webinar/video), or Topic (such as behavioral health, chronic disease, falls prevention, physical activity, health care, money management and more).

Older Americans Behavioral Health Series

<https://www.ncoa.org/center-for-healthy-aging/behavioral-health/older-americans-behavioral-health-series/#intraPageNav1>

Issue Briefs, Webinars, Resources.

National Institute of Aging (NIA)

<https://www.nia.nih.gov/>

Print materials on range of health topics affecting older adults such Alzheimer's disease and related dementias, cognitive health, depression, diabetes, down syndrome, elder abuse, flu, end of life, grief, advanced care planning, high blood pressure, incontinence and much more.

Health Topics (A-Z)

<https://www.nia.nih.gov/health/topics>

National Institute of Health (NIH)

<https://www.nih.gov/>

Print materials including materials for low-literacy audiences on a range of health and mental health topics (A-Z).

“Clear Health from NIH” (A-Z)

<https://www.nih.gov/institutes-nih/nih-office-director/office-communications-public-liaison/clear-communication/clear-health-nih>

National Institute of Mental Health (NIMH)

<https://www.nimh.nih.gov/index.shtml>

Brochures and fact sheets for professionals and consumers on mental health disorders such as anxiety disorders, bipolar disorder, depression, obsessive-compulsive disorders, post-traumatic stress disorder, schizophrenia, suicide prevention and more, and where to find treatment. Distributes an electronic newsletter.

Brochures and Fact Sheets

<https://www.nimh.nih.gov/health/publications/index.shtml>

National POLST Paradigm (Physician Orders for Life Sustaining Treatment) <https://polst.org/about/>

<https://polst.org/about/polst-and-advance-directives/>

<https://polst.org/wp-content/uploads/2019/01/2019.01.14-POLST-Intended-Population.pdf>

Advance care planning documents such as POLST forms and advance directives such as living wills and health care power of attorney and more.

Relias

<https://www.relias.com/resource>

Education/training, webinars, videos and resource library on health, mental health, addiction & substance misuse, suicide prevention, intellectual & developmental disabilities, trauma informed care and more.

Resources for Integrated Care (in collaboration with CMS)

<https://www.resourcesforintegratedcare.com/about>

https://www.resourcesforintegratedcare.com/continuing_education

Extensive education/training resources including free webinars and technical assistance information (organized by topic areas) to assist providers and health plans to implement best practices. Webinars are approved for continuing education credits. A Resource Library is available which you can search by category, stakeholders, target population and concepts.

Continuing Education Activities

https://www.resourcesforintegratedcare.com/continuing_education

Resources by Topic Area

Behavioral Health

<https://www.resourcesforintegratedcare.com/concepts/behavioral-health>

Care Coordination

<https://www.resourcesforintegratedcare.com/concepts/care-coordination>

Cultural Competency

https://www.resourcesforintegratedcare.com/concepts/cultural_competency

Disability-Competent Care

<https://www.resourcesforintegratedcare.com/concepts/disability-competent-care>

Intellectual & Developmental Disabilities

<https://www.resourcesforintegratedcare.com/target-populations/intellectual-developmental-disabilities-2>

Geriatric-Competent Care

<https://www.resourcesforintegratedcare.com/taxonomy/term/57>

Long-Term Services and Supports Providers

<https://www.resourcesforintegratedcare.com/taxonomy/term/18/>

Member Engagement (Resources for Health Plans)

<https://www.resourcesforintegratedcare.com/concepts/member-engagement>

Resource Library

<https://www.resourcesforintegratedcare.com/resource-library>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/>

Information/publications for various population groups about specific behavioral health/mental health issues, conditions and disorders such as schizophrenia, psychosis, bipolar disorder, anxiety disorders, alcohol dependence, co-occurring disorders, trauma, depression, suicide, opioid withdrawal and more including screening tools. Also provides information about treatment, prevention and recovery.

Issues, Conditions, Disorders

<https://store.samhsa.gov/issues-conditions-disorders>

Motivational Interviewing

<https://www.integration.samhsa.gov/clinical-practice/motivational-interviewing>

Pain Management

<https://www.integration.samhsa.gov/clinical-practice/pain-management>

Substance Use

https://www.integration.samhsa.gov/clinical-practice/substance_use

Suicide Prevention

<https://www.integration.samhsa.gov/clinical-practice/suicide-prevention-update>

Trauma

<https://www.integration.samhsa.gov/clinical-practice/trauma-informed>

Screening Tools

<https://www.integration.samhsa.gov/clinical-practice/screening-tools>

The Hartford Institute for Geriatric Nursing

<https://consultgeri.org/>

<https://consultgeri.org/education-training/e-learning-resources>

<https://consultgeri.org/education-training/webinars>

Print materials, webinars, videos and e-learning on range of “geriatric topics” and “patient symptoms.” Although training was developed for “geriatric nursing” the education/training is relevant for all professionals working with older adults. Website provides links to other organizations that have useful resources and tools for healthcare professionals, families, patients and caregivers.