# California Department of Aging Family Caregiver Support Program Older Americans Act Title III E

## Program Code:

The Older Americans Act (OAA) Title III E Family Caregiver Support Program (FCSP) program code is 3900100.

### **Description:**

The OAA seeks to enable older individuals to maintain their well-being through locally developed community-based systems of services. The OAA Title III E FCSP provides a variety of services to address the needs of informal, unpaid family caregivers.

The Program provides service to: (1) informal or family caregivers of older adults; and (2) older relative caregivers (who are 55 years of age and older), with primary caregiving responsibilities for a child or individuals with a disability. Program services include, but are not limited to:

- <u>Respite Care</u> provides caregivers with temporary in-home relief from caregiving responsibilities, such as Homemaker Assistance, Supervision, Personal Care, Home Chore Assistance, and out-of-home relief such as Day Care and Over Night Care
- <u>Support Services</u> include caregiver assessments, counseling, support groups, case management, and training.
- <u>Supplemental Services</u> provide assistive devices, home adaptations, caregiver registry services, and material aid to assist with caregiving responsibilities.
- <u>Access Assistance</u> includes information and assistance, interpretation or translation services, outreach, and legal resources for caregivers.
- <u>Information Services</u> include public information and community education.

## **Benefits:**

The Program is designed to reduce caregiver burden, enable caregivers to remain in the workforce, and prevent or delay the need for a higher level of care for the care receiver. Information about the caregiving role and available resources empowers those facing a long-term caregiving situation. Proactive outreach and access to service assistance are vital to preserving and promoting unpaid family support networks. Program services help caregivers cope with stress, depression, multiple personal demands, competing priorities, and can reduce reliance on more costly formal supports. The availability of emergency or intermittent respite gives the unpaid caregiver a needed break from their caregiving responsibilities. Limited supplemental services address unique needs that pose barriers to a caregiver's ability to provide care.

#### **Eligibility:**

Eligibility Factor	Description
Age	<ul> <li>Adult family members or other informal caregivers age 18 and older providing care to individuals age 60 and older.</li> </ul>
	<ul> <li>Adult family members or other informal caregivers age 18 and older providing in-home and community care to individuals of any age with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.</li> </ul>
	<ul> <li>Older relatives (not parents) age 55 and older providing care to children under the age of 18.</li> </ul>
	<ul> <li>Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities.</li> </ul>
Income	No requirement
Other	Not applicable

# Access:

Information on the Title III E FCSP is available through the statewide tollfree California Aging and Adult Information Line at **1--800--510--2020** and the <u>California Department of Aging</u> website (<u>http://www.aging.ca.gov/</u>).

#### **Current State Fiscal Year Funding Information:**

This information is for Fiscal Year 2021-2022.

Funding	Description
Source	<ul> <li>OAA federal funds via Administration for Community Living</li> </ul>
	Local funds
	In-kind contributions
Allocation Formula	Intrastate Funding Formula
Match Requirements	<ul> <li>25 percent state and/or local funds</li> </ul>
	<ul> <li>AAAs meet this requirement</li> </ul>
Other Information	Voluntary contributions are accepted
Cycle	July 1 – June 30